

# S.N.M COLLEGE MALIANKARA

(Affiliated to Mahatma Gandhi University, Kottayam)

- 1. Title of the program: " SATVA"- AN EXHIBITION ON MEDICINAL AND VEGETABLE PLANTS
- 2. Name of the Coordinator: Aparna. C.S
- 3. Organizing Department: Department of Commerce (OM & SP)
- 4. Date: 16-06-2023
- 5. Number of participants: 33
- 6. Venue: College Auditorium
- 7. Resource Person/s: Nil
- 8. Objective of the Program:
  - a. Provide educational experience to learn about different types of medicinal and vegetable plants.
  - b. Raise awareness among students about the importance of plants in our environment, including their role in ecosystems and human well-being.
  - c. Educate students about the health benefits of both medicinal and vegetable plants, emphasizing the importance of a balanced diet and natural remedies.
- 9. Detailed description of the event: The department conducted" SATVA" an exhibition of medicinal and vegetable plants in connection with World Environment Day on 16<sup>th</sup> June 2023. It offered visitors, an opportunity to explore and learn about the various species, their uses and cultivation methods. The exhibition typically featured informative panels, live plant displays and interactive demonstrations, providing valuable insights into the world of herbal medicine and horticulture. Visitors engaged with students, asked questions and gained a deeper appreciation for the rich diversity of nature's healing and culinary resources.

### 10. Outcome of the event/Evaluation by Program Coordinator:

- a. Students gained a deeper understanding of various medicinal and vegetable plants, their properties and uses.
- b. Learnt about the health benefits of specific plants which promotes a healthier lifestyle and self-care.
- c. Exhibition helped students to build confidence and improve their communication skills.

#### 11. Photos



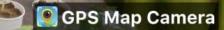




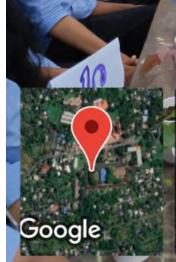
GPS Map Camera

55JM+583, SH63, Maliyankara, Kochi, Kerala





Kochi, Kerala, India 55JM+583, SH63, Maliyankara, Kochi, Kerala 683516, India Lat 10.180257° Long 76.182731° 16/06/23 12:42 PM GMT +05:30



## List of participants

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