



# S.N.M COLLEGE MALIANKARA

(Affiliated to Mahatma Gandhi University, Kottayam)

1. **Title of the program** : A Seminar on “Self reflection and personal growth”

2. **Name of the Coordinator/s** : SRUTHY.T.P

3. **Organizing Department/Cell** : P.G Department of Commerce

4. **Date** : 06/10/2023

5. **Number of participants:100**

6. **Venue:** college Auditorium

7. **Resource Person/s** :Dr . U.R.KRISHNAKUMAR

**8.Objective of the Program:** Self reflection is an opportunity for conceptualization, categorization, personal development, self growth and self learning. Students can transform their life and help them to achieve personal growth.

9. Detailed description of the event:On 6<sup>th</sup> October 2023 S N M College Maliankara, Commerce Association Day programme was held.The program started with the prayer of Sandra K S.(1 B.Com CA1) welcome speech by Krishnaveni.A.S(1st PG), presidential address given by Resmi V D (HOD, PG Department of Commerce). Association inauguration was done by Dr. Jitha T H( Principal , SNM College Maliankara) and delivered short speech about the history and heritage of the college. Then felicitation was delivered by Seaju C S(Coordinator SF, SNM College Maliankara). Dr. U.R.Krishnakumar ( Assistant Professor SNM College, Maliankara) took a seminar on “Self reflection &personal growth” for our students. Finally vote of thanks was given by Jyolsna Jyotish(3<sup>rd</sup> B.Com CA1). After this program, cultural activities was conducted.

10.Outcome of the event/Evaluation by Programme Coordinator: To make commerce students more productive in their future life .To inculcate the principles of values and ethics in students. The commerce Association is good platform for students to show their talents and exhibit their knowledge.

PG DEPARTMENT OF  
COMMERCE  
PRESENTS

# ASSOCIATION INAUGURATION & കുല ദിനം



FRIDAY  
6/10/2023

10AM  
Venue: COLLEGE  
AUDITORIUM

## SNM COLLEGE MALIANKARA

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# PG DEPARTMENT OF COMMERCE

# SEMINAR

self reflection & personal growth



**FRIDAY**  
06/10/2023



**TIME**  
10.00 Am



## **SPEAKER**

Dr.U.R.KRISHNAKUMAR  
ASSISTANT PROFESSOR  
S.N.M COLLEGE  
MALIANKARA

# **SNM COLLEGE MALIANKARA**

PRAYER.

: SANDRA K.S  
I st B.com CA1

WELCOME SPEECH.

: KRISHNAVENI A.S  
I st PG

PRESIDENTIAL ADDRESS

: Smt.RESMI V.D  
HoD,PG  
DEPARTMENT OF  
COMMERCE

INAUGURATION.

: Dr.JITHA T.H  
PRINCIPAL SNMC  
MALIANKARA

FELICITATION

: Smt.SEAJU C.S  
COORDINATOR,SF  
DEPARTMENT

SEMINAR.

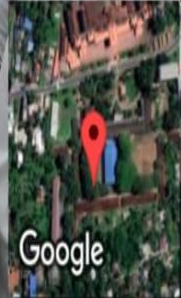
: Dr.U.R.KRISHNAKUMAR  
ASSISTANT PROFESSOR  
SNMC MALIANKARA

VOTE OF THANKS

: JYOTHSNA JYOTHISH  
III rd B.COM CA1



GPS Map Camera



Kochi, Kerala, India  
55JM+583, SH63, Maliyankara, Kochi, Kerala 683516, India  
Lat 10.180282°  
Long 76.182825°  
06/10/23 10:51 AM GMT +05:30



GPS Map Camera

**Moothakunnam, KL, India**  
Church Road, Paravur, Moothakunnam, 683516,  
KL, India  
Lat 10.178578, Long 76.183156  
10/06/2023 10:32 AM GMT+05:30  
Note : Captured by GPS Map Camera



12. List of participants

Name	class	Signature
1. Aswathy o.p	B.com ca 3 <sup>rd</sup>	Aswathy
2. Krishnapriya P.K	III <sup>rd</sup> B.com CA1	Krishna
3. Anjali M.S	III <sup>rd</sup> B.com CA1	Anjali
4. Jyothsna Jhothish	III <sup>rd</sup> B.com CA1	Jyothsna
5. Ganga.V.S	III <sup>rd</sup> B.com CA1	Ganga
6. Saranathi K.V	III <sup>rd</sup> B.com CA1	Saranathi
7. Fana N.S	III <sup>rd</sup> B.com CA1	Fana
8. Athira .C.R	III <sup>rd</sup> B.com CA1	Athira
9. Aswathy K.S	III <sup>rd</sup> B.COM CA1	Aswathy
10. Nivedhya P.S	III <sup>rd</sup> B.COM CA1	Nivedhya
11. Divika K.S	III <sup>rd</sup> B.com CA1	Divika
12. Manasa A.S	III <sup>rd</sup> B.com CA1	Manasa
13. Mary Liya K.S	III <sup>rd</sup> B.com CA1	Mary
14. Nandhana prasanth	III <sup>rd</sup> B.com CA1	Nandhana
15. Adhithyadev .R.S	III <sup>rd</sup> B.com CA1	Adhithyadev

16.	Vyshnav Shaji	III <sup>rd</sup> B.com CA1	<del>Shaji</del>
17	Muhammed Hifas KH	III <sup>rd</sup> B.com CA1	<del>Hifas</del>
18	JISHNU .v.m	III <sup>rd</sup> B.com CA1	<del>Jishnu</del>
19	ANUJITH .K .PRATHEESH	III <sup>rd</sup> B.com CA1	<del>Anujith</del>
20	DHANUSH. K.D	III <sup>rd</sup> B.com CA1	<del>Dhanush</del>
21	Nishas .N.M	III <sup>rd</sup> B.com CA1	<del>Nishas</del>
22	Athul Krishna.V.A	III <sup>rd</sup> B.com CA1	<del>Athul</del>
23	Smitha Suresh	III <sup>rd</sup> B.com CA1	<del>Smitha</del>
24.	Sreedakshmi.c.v	III <sup>rd</sup> B.com CA1	<del>Sreedakshmi</del>
25	Aleena A.J	III <sup>rd</sup> B.com CA1	<del>Aleena</del>
26	Alwin.NA	III <sup>rd</sup> B.com CA1	<del>Alwin</del>
27	Abhishek.T.P	III <sup>rd</sup> B.com CA1	<del>Abhishek</del>
28	Dany xavier	III <sup>rd</sup> B.com CA1	<del>Dany</del>
29	Abhishek.S.Dath	III <sup>rd</sup> B.com CA1	<del>Abhishek</del>
30.	Amal krishnavis	III <sup>rd</sup> B.com CA1	<del>Amal</del>
31.	Akash.V.S	III <sup>rd</sup> B.com CA1	<del>Akash</del>
32.	Akhil.P	III <sup>rd</sup> B.com CA1	<del>Akhil</del>
33.	Joyal K.J	III <sup>rd</sup> B.com CA1	<del>Joyal</del>
34.	Sachin Santhosh	III <sup>rd</sup> B.com CA1	<del>Sachin</del>
35.	Arjun Santhosh	III <sup>rd</sup> B.com CA1	<del>Arjun</del>
36.	Amaljith Ajayan	III <sup>rd</sup> B.com CA1	<del>Amaljith</del>
37.	SAYID HAFIS K S	III <sup>rd</sup> B.com CA1	<del>Sayid</del>
38.	Ameera K.I	III <sup>rd</sup> B.com CA2	<del>Ameera</del>
39	Neha.O.V	II <sup>nd</sup> year B.com CA-2	<del>Neha</del>
40.	Geopika Unni	III <sup>rd</sup> B.com CA2	<del>Geopika</del>
41.	chippy.k.P	III <sup>rd</sup> year B.com CA2	<del>Chippy</del>
42	Jyothika.k.R	II <sup>nd</sup> year B.com CA2	<del>Jyothika</del>
43	Laleshmi Sunilkumar	II <sup>nd</sup> year B.com CA2	<del>Laleshmi</del>
44	Naveena k.s	II <sup>nd</sup> year B.com CA2	<del>Naveena</del>
45	Nandana Stuvart	II <sup>nd</sup> year B.com CA2	<del>Nandana</del>
46	Sivapriya C.B	II <sup>nd</sup> year B.com CA2	<del>Sivapriya</del>
47	Steeve Joseph	II <sup>nd</sup> year B.com CA2	<del>Steeve</del>
48	Amritha P.U	II <sup>nd</sup> year B.com CA2	<del>Amritha</del>
49	Aswathy k.s	II <sup>nd</sup> year B.com CA2	<del>Aswathy</del>



50.	Archana P.D	II <sup>nd</sup> year B.com CA <sup>2</sup>	Archana
51	Tisa Antony	II <sup>nd</sup> year B.com CA <sup>2</sup>	Tisa
52	Sabia TS	II <sup>nd</sup> year B.com CA <sup>2</sup>	Sabia
53	Mohammed Shafiq NS	II <sup>nd</sup> year B.com CA <sup>2</sup>	Shafiq
54	SARVAN I.S	II <sup>nd</sup> year B.com CA <sup>2</sup>	Sarvan
55	Abhiram K.S	II <sup>nd</sup> year B.com CA <sup>2</sup>	Abhiram
56	Sanjith P.S	II <sup>nd</sup> year B.com CA <sup>2</sup>	Sanjith
57	ALAN P.A	II <sup>nd</sup> year B.com CA <sup>2</sup>	Alan
58.	Nandana C.S	II <sup>nd</sup> year B.com CA <sup>2</sup>	Nandana
59	Anusree Biju	II <sup>nd</sup> year B.com CA <sup>2</sup>	Anusree
60.	Akshana K.P	II <sup>nd</sup> year B.com CA <sup>2</sup>	Akshana
61.	Ammu Catherine	II <sup>nd</sup> year B.com CA <sup>2</sup>	Ammu
62.	Fasna E.M	II <sup>nd</sup> year B.com CA <sup>2</sup>	Fasna
63 <sup>a</sup>	Sreelakshmi E.U	II <sup>nd</sup> year B.com CA <sup>2</sup>	Sreelakshmi
64	Sreelakshmi V.P	II <sup>nd</sup> year B.com CA <sup>2</sup>	Sreelakshmi
65	Lakshmi pradeep	II <sup>nd</sup> year B.com CA <sup>2</sup>	Lakshmi
66	ANANO VANESH	II <sup>nd</sup> year B.com CA <sup>2</sup>	Anano
67.	HRIDHAN JOBY	II <sup>nd</sup> year B.com CA <sup>2</sup>	Hridhan
68	Amul Krishna R.R	III <sup>rd</sup> year B.com CA <sup>2</sup>	Amul
69	Amul Krishna C.A	III <sup>rd</sup> year B.com CA <sup>2</sup>	Amul
70	Ajmal M.R	III <sup>rd</sup> year B.com CA <sup>2</sup>	Ajmal
71	Anand Ramesh	III <sup>rd</sup> year B.com CA <sup>2</sup>	Anand
72	ADHIL	III <sup>rd</sup> year B.com CA <sup>2</sup>	Adhil
73	Aroora K.I	III <sup>rd</sup> year B.com CA <sup>2</sup>	Aroora
74	raasritha	III <sup>rd</sup> year B.com CA <sup>2</sup>	Raasritha
75	varishreetha	III <sup>rd</sup> year B.com CA <sup>2</sup>	Varishreetha
76	rajali	III <sup>rd</sup> year B.com CA <sup>2</sup>	Rajali
77.	Nandana p.v	III <sup>rd</sup> year B.com CA <sup>2</sup>	Nandana
78.	mushina	III <sup>rd</sup> year B.com CA <sup>2</sup>	Mushina
79.	Vysakh C.S	III <sup>rd</sup> year B.com CA <sup>2</sup>	Vysakh
80.	Muhammed Hijab	3 <sup>rd</sup> B.com CA <sup>2</sup>	Muhammed
81.	Nistha	III <sup>rd</sup> B.com CA <sup>2</sup>	Nistha
82	Dhanesh	3 <sup>rd</sup> B.com CA <sup>2</sup>	Dhanesh
83	Jyothsna Jyothish	3 <sup>rd</sup> B.com CA <sup>2</sup>	Jyothsna

84.	Arathi M.S	3 <sup>rd</sup> B.com CA1	<del>Arathi</del>
85	Aswathy O.P	3 <sup>rd</sup> B.com CA1	<del>Aswathy</del>
86	Krishnapriya P.K	3 <sup>rd</sup> B.com CA1	<del>Krishnapriya</del>
87	Somanath K.V	"	<del>Somanath</del>
88	Ganga.V.S	"	<del>Ganga</del>
89	Smitha Suresh	"	<del>Smitha</del>
90	Alcena A.J	"	<del>Alcena</del>
91	Fasna N.S	"	<del>Fasna</del>
92	Nivedhya P.S	"	<del>Nivedhya</del>
93	Aswathy K.S	"	<del>Aswathy</del>
94	Abhirra C.R	"	<del>Abhirra</del>
95	Mohammed Safwan E.B	3 <sup>rd</sup> B.com CA2	<del>Mohammed</del>
96	Anuraj P.R	"	<del>Anuraj</del>
97	Muhsin.V.A	"	<del>Muhsin</del>
98	Abhisnam Sreeekumar	"	<del>Abhisnam</del>
99	Anupama D.S	"	<del>Anupama</del>
100	NAVIN JOBY	"	<del>Navin</del>
101	Rhyphin michael	"	<del>Rhyphin</del>
102	ADHI	"	<del>ADHI</del>
103	Mohammad Fasihim VS	"	<del>Mohammad</del>
104	Midid	"	<del>Midid</del>
105	Abha Krishna .M.D	"	<del>Abha</del>
106	Indrajith	"	<del>Indrajith</del>
107	Pravith.K.S	"	<del>Pravith</del>
108	Darshan	"	<del>Darshan</del>
109	Adeesh Augustine	"	<del>Adeesh</del>
110	Pournami .T.J	1 <sup>st</sup> B.com CA1	<del>Pournami</del>
111	Muhammed Adam	1 <sup>st</sup> B.com CA1	<del>Muhammed</del>
112	Karthika Anesh	"	<del>Karthika</del>
113	Vismaya	"	<del>Vismaya</del>
114.	Adarsh	"	<del>Adarsh</del>
115.	Sreejith .S. Kumar	"	<del>Sreejith</del>
116.	Rahul Ram	"	<del>Rahul</del>
117	Dhanush	"	<del>Dhanush</del>

