



S.N.M COLLEGE MALIANKARA

(Affiliated to Mahatma Gandhi University, Kottayam)

- 1. Title of the program:** Public speaking and Communication Skill Development
- 2. Name of the Coordinator/s :** Sreejamol P.R
- 3. Organizing Department/Cell:** SCHOLAR SUPPORT PROGRAMME (Kerala Govt.)
- 4. Date:** 12/11/2018, 14/11/2018 and 15/11/2018
- 5. Number of participants: 43**
- 6. Venue:** Seminar Hall, SNM College, Maliankara
- 7. Resource Person/s :** Mr.Sivasree M.S. and Surekha Vinodkumar
- 8. Objective of the Program:** The program aimed to develop the art of public speaking among students that gives them self-boost and confidence to speak in front of a large audience.. It also aimed at empowering participants with essential life skills related to personal values, speaking skills, and listening skills. It also aimed to teach them effective methods for speaking and writing in a persuasive and appropriate manner.

9. Detailed description of the event:

Mr. Sivasree M.S. delivered a wonderful session on Public speaking skills on November 12, 2018, from 9:30 AM to 4:30 PM. The sessions were characterized by their dialogic nature, fostering open discussions and active participation from the students. Mr. Sivasree's engaging approach enabled students to interact with him confidently and without hesitation, creating a dynamic learning environment. The mentoring sessions covered a range of topics focusing on specific aspects of personal and professional development. Through interactive discussions and activities, students were encouraged to introspect and identify their individual strengths and unique qualities. This exercise not only helped them recognize their potential but also laid the foundation for self-awareness and self-confidence.

The subsequent topic of "Public Speaking" aimed to enhance students' public speaking abilities. Through activities, students learned strategies to overcome stage fright and present their thoughts articulately. Mr. Sivasree's guidance and practical tips allowed them to develop confidence and poise when addressing an audience. Lastly, they focused on "Appropriate and Contextual Use of Language'. This segment created an understanding of language usage in different situations. Students learned to tailor their language to various contexts, ensuring effective communication and fostering better

connections in both personal and professional interactions. Throughout the mentoring sessions, Mr. Sivasree's facilitation skills played a pivotal role in creating an engaging and enriching experience.

An internal mentoring session was conducted for students on 14/11/2018. The students were divided into five groups with five members each.. They were given a topic on the spot for discussion. Students expressed their thoughts and opinion on the topic. They all used the platform in a very effective way. The activities were monitored by teachers and student volunteers.

The external mentoring session by Surekha Vinodkumar was organised on November 15, 2018, from 9:30 AM to 1:30 PM.. The session focused around three key topics: personal values, speaking skills, and listening skills. The session began with an exploration of personal values. Surekha Vinodkumar guided participants through a reflective journey, encouraging them to identify their core values and beliefs. Through thought-provoking discussions and interactive exercises, participants were able to articulate and understand what mattered most to them in various aspects of their lives. This introspection not only fostered self-awareness but also served as a foundation for aligning their actions with their values, promoting a sense of authenticity and purpose. In the next session participants were introduced to effective communication techniques, encompassing both verbal and nonverbal aspects. Surekha Vinodkumar shared strategies to articulate thoughts clearly, project confidence and strategies to engage with audiences effectively. Practical exercises, role-playing scenarios, and constructive feedback sessions allowed participants to practice and refine their speaking skills in a supportive environment. The session's exploration of listening skills was equally insightful. Participants delved into the art of active and empathetic listening, learning to comprehend and respond thoughtfully to others. Through interactive exercises, they honed their ability to listen attentively, understand diverse viewpoints, and foster meaningful connections through effective communication.

10. Outcome of the event/Evaluation by Program Coordinator:

As a result of these sessions, students not only acquired practical life skills but also developed a sense of empowerment and confidence in their abilities. The dialogic approach allowed them to voice their opinions and engage in meaningful conversations, thereby enhancing their critical thinking and communication capabilities. The outcomes of these sessions were multi-fold. Students left the program with increased self-confidence, refined communication skills, and the ability to effectively express themselves in various situations. The dialogic nature of the sessions not only allowed them to engage in meaningful conversations but also facilitated the exchange of diverse ideas and perspectives among peers.

The activity enabled the students to create a connection with the audience who is listening to them through voice modulation. They become confident enough to express their thoughts and ideas and improved their public speaking skills. Students who were weak in public speaking skills have shown reasonable improvement.

The outcomes of the session extended beyond the event itself. The exploration of personal values offered participants a solid foundation for making choices that resonate with their authentic selves. These event left a lasting impact on participants' lives, enabling them to navigate challenges and opportunities with newfound confidence, authenticity, and understanding

11. Photos





12. Brochure



SNM COLLEGE MALIANKARA
SCHOLAR SUPPORT PROGRAMME
TRAINING ON PUBLIC SPEAKING
&
COMMUNICATION SKILL

Resource Persons : Mr.Sivasree M S
Ms.Surekha Vinodkumar

Date
12-11-2018
14-11-2018
15-11-2018



Venue
Seminar Hall
Time
10.00 am

13. List of Participants

Sl.No.	Name of the Student	Department
1	AKSHYA P. S.	Dept.of Botany
2	APARNA M. M.	Dept.of Botany
3	APNAMOL P. P.	Dept.of Botany
4	DIVEKA K. B.	Dept.of Botany
5	NIMESH LAL K. M.	Dept.of Botany
6	PARVATHI HARIDAS	Dept.of Botany
7	SANDRA A. S.	Dept.of Botany
8	SIVADHA P. RAJEEV	Dept.of Botany
9	SRESHNA M. R.	Dept.of Zoology
10	NIYA.N.V	Dept.of Zoology
11	RAHMATH.K.A	Dept.of Zoology
12	SANDRA.A.R	Dept.of Zoology
13	SEETHALAKSHMI.N.V	Dept.of Zoology
14	SRADHAKRISHNAS. K. U	Dept.of Zoology
15	SRUTHI.A.S	Dept.of Zoology
16	ADITHYA. K. S	Dept.of Zoology
17	AARCHA PRASANNAN	Dept.of Malayalam
18	VIJITHA. M. M	Dept.of Physics
19	ADITH KRISHNA O R	Dept.of Physics
20	AMRITHA LAKSHMY	Dept.of Physics
21	ANGITHA SHAJI	Dept.of Physics
22	ATHIRALAKSHMI.K.S	Dept.of Physics
23	CHAITHRA U.S	Dept.of Physics
24	DEVIKA CHANDRAN	Dept.of Physics
25	GOURI C B	Dept.of Physics
26	JAYAPRIYA P S	Dept.of Physics
27	LAKSHMI MOL.A.S	Dept.of Physics
28	NEHA.K.C	Dept.of Physics
29	SANJO P.S	Dept.of Physics
30	SANMA V.M	Dept.of Physics
3132	VRINDHA P.M	Dept.of Physics
33	ANAND LAL	Dept.of Physics

34	ANUPAMA V.M	Dept.of Physics
35	ARUN.M.K	Dept.of Physics
36	JISHNU.V.D	Dept.of Physics
37	ABHIRAMI C A	Dept.of Commerce
38	ABHIRAMI V A	Dept.of Commerce
39	ABHISHEK K SURARAJ	Dept.of Commerce
40	ADITHYA K S	Dept.of Commerce
41	ALEENA K SHAM	Dept.of Commerce
42	AMSAVALLI P	Dept.of Commerce
43	ANAKHA JAYAN	Dept.of Commerce