



Gender Equity and Sensitization in Co-Curricular Activities

Gender Champion

The primary objective of a Gender Champion is to **promote and advance gender equality in all aspects of life especially in the campus**. This includes advocating for equal opportunities, treatment, and representation for people of all genders. The selection of Gender Champion was initiated on September 6th, 2022. The Gender Equality Forum received 14 applications from various departments. A series of competitions were arranged in order to analyse the various skills of these participants. Among the 14 participants, 3 students were selected as Gender Champion for the academic year 2022-2023. Shahir Mohammed of III Bcom OM & SP, Ms. Aparna K L of III BA Economics and Ms. Juveena Reji of III BA English were the selected students. The programme was well arranged in order to analyse the communication skills, leadership qualities, and organizational skills. **The certificates and the trophies were distributed on March 8th by Maithreyan, Social Activist and Social Media Influencer.**





Preparation of Gender Audit

The Gender Audit and Survey Report presents an in-depth analysis of gender-related issues within the institution. The objective of this comprehensive study is to identify gender disparities, assess the impact of policies and practices on different genders, and suggest recommendations to foster gender equality and inclusivity. The report and survey was prepared by the Coordinator of Gender Equality Forum Ms.Saipriya Sudarsan. The report was submitted by the end of the academic year on May 31st, 2023. In-depth interviews and focus groups were conducted with stakeholders to gain deeper insights into gender-related issues. The survey was administered to a diverse sample population to ensure representation from various genders, age groups, ethnicities, and socio-economic backgrounds. The audit revealed significant disparities in gender representation at various levels of the institution. 90% of leadership positions were occupied by women, while men were less in decision-making roles.

Gender Audit Report

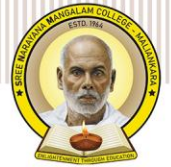
Seminar on Queering Identities by India's First Transman Pilot

The inauguration of the Gender Equality Forum activities was organized in association with the Departments of Economics and English on July 5th, 2022. The resource person Mr. Adam Harry, India's First Transman Pilot inaugurated the activities of Gender Equality Forum and delivered **the talk on 'Queering Identities'**. The students from various departments participated in this seminar. The Seminar was very effective in giving **insight to the students about different sexual identities especially the queer community**. Nowadays the queer community is gaining so much importance among the public. But ignorance and violence against the queer community still exists. So, by giving this seminar most of the students are able to understand the queer community and they can also identify their sexual orientation.



'Cup of Life' Menstrual Cup Awareness Programme

The NSS volunteers participated in the **"Cup of Life" program** was a noble initiative aimed at **promoting menstrual hygiene and creating awareness about the use of menstrual cups as an eco-friendly alternative to traditional menstrual products**, which was held on August 10th, 2022, at the IMA House in Kochi. The program was organized under the guidance of Sri. Hibi Edan, M.P and it was conducted in the presence of Dr. Renu Raj, the District Collector of Ernakulam. The volunteers received training on menstrual hygiene and the use of menstrual cups from Dr. Smitha Sathi Menon at the IMA House in Kochi. The program was focused on creating awareness about menstrual health and hygiene and promoting the use of menstrual cups as a sustainable and cost-effective solution. The volunteers distributed menstrual cups to women and girls from underprivileged communities, who often lack access to hygienic menstrual products. They also provided information on how to use and maintain the cups and addressed any concerns or doubts that the participants had.



Debate programme on ‘The problem of Dowry: Violence against women’

A debate program was organized on December 7th, 2022, in association with **Paravoor Women Welfare Department** on the topic "**Dowry/Violence against Women**". The chief guest of the programme was ICDS Junior Superintendent Rajeesh, and Nutrition Mission Block Coordinator Harikrishnan, the volunteers debated on the **pros and cons of dowry and discussed the points related to violence against women.**





Menstrual Cup Campaign and Distribution of Menstrual Cups

The NSS unit conducted a Menstrual cup campaign at SNM College Maliankara on 1st September 2022. The campaign is an essential step towards **promoting menstrual hygiene and reducing the environmental impact of disposable sanitary products**. The resource person **Dr. Noushin Ashraf**, a consultant of Craft Hospital and Research Centre Kodungallur, conducted a class on menstrual cups, which is an essential step towards educating people about the benefits of menstrual cups and more than five hundred students. The NSS volunteers distributed 1400 menstrual cups to the female students and female staff. This step would have helped many women to switch to menstrual cups and reduce the harmful environmental impact of disposable sanitary products.



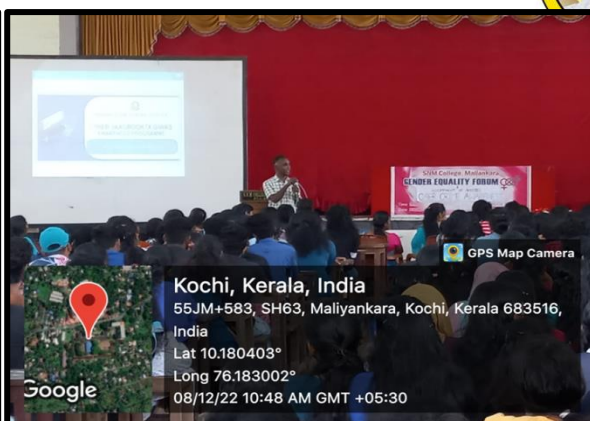
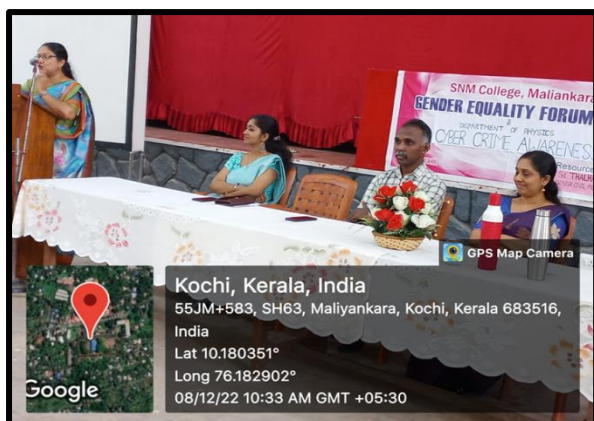
Observance of UN International Day for the Elimination of Violence against Women

The Gender Equality Forum observed UN International Day for the Elimination of Violence against Women by wearing orange theme dress by all the staff and students to symbolize a brighter future, free of violence on November 25th, 2022. Principal Dr. Jitha T H delivered an awareness talk on the importance of elimination of violence against women. By celebrating this day, we aimed to educate and inform individuals about the prevalence and impact of violence against women, fostering a deeper understanding of this issue.



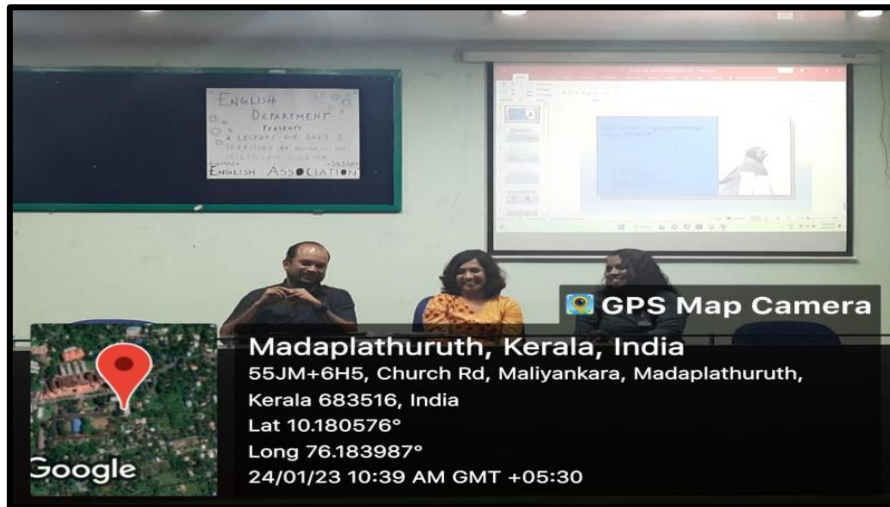
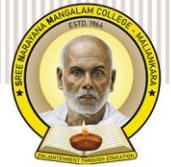
Cyber Awareness Seminar- in connection with UN International Day for the Elimination of Violence against Women & Human Rights Day

The Gender Equality Forum and the Department of Physics conducted a Seminar on “**Cyber World- Think before you Click**” on December 8th, 2022 by Mr. Thalhath P M, Senior Civil Police Officer, Cyber Police Station, Aluva in observance of UN International Day for the Elimination of Violence against Women and Human Rights Day. The seminar was very effective in giving insight to the various steps which the girl students as well as the boys should take while using various social media. The cyber awareness class was successful in spreading knowledge about **cybersecurity and offering helpful advice for remaining safe online**. For them to safeguard themselves and their digital assets, students must be well-informed on cyber threats and recommended procedures. A total of 294 participants were present for the seminar.



Invited lecture on Body and Territory of Women in Malayalam Cinema

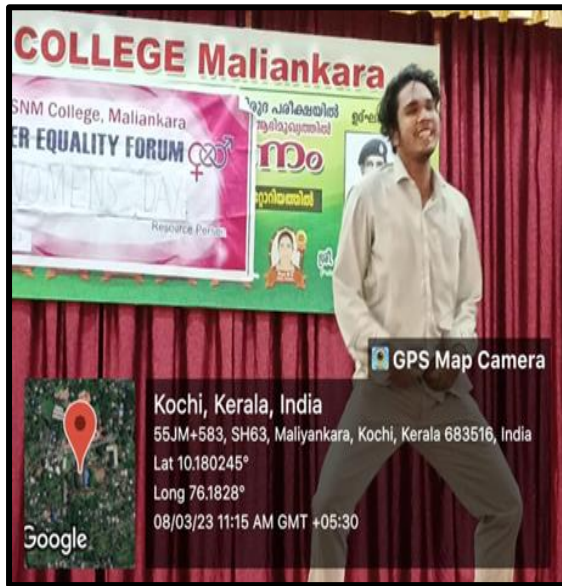
The Department of English Association organised an invited lecture entitled “Body and Territory of Women in Malayalam Cinema” on 24/01/2023 at the college seminar hall. The session was handled by **Dr.Sreedevi P Aravind**, Assistant Professor, Dept of Film Studies, Thunchath Ezhuthachan Malayalam University. The topic for the lecture proved to be relevant as cinema closely associated with cultural studies is a **medium to express the gender issues prevalent in the society**. She elaborated on various representations of women in Malayalam cinema beginning from the 1960s. The students from different disciplines participated in the lecture. Around 61 students participated in this programme.



Observance of International Women's Day

The Gender Equality Forum celebrated the **International Women's Day** with a series of **events and activities aimed at promoting gender equality**. On March 8th, 2023 we organized various programmes like **Spot Dance and Tableau competitions**, on the **topic 'Gender equity in the Modern world'**. International Women's Day celebration successfully achieved its objectives of promoting gender equality, celebrating women's achievements, empowering and inspiring participants, and advocating for women's rights. The event created a supportive and inclusive environment, encouraging dialogue, and personal growth. We believe that the impact of this celebration will extend beyond the event itself, contributing to ongoing efforts to achieve gender equality and empower women in our college.





Seminar on Gender Equity: Is it Attainable

The Gender Equality Forum conducted a **Seminar on “Gender Equity: Is it Attainable”** and the resource person for this seminar was **Mr. Maithreyan, Social Activist and Social media influencer**. The programme was conducted in observance of International Women’s Day and this programme was organised on March 21, 2023. The seminar provided valuable insights and actionable strategies for promoting gender equity in various domains, leaving participants feeling empowered and motivated to effect positive change.



Group Discussion on Women Empowerment

The Gender Equality Forum celebrated the International Women's Day with a series of events and activities aimed at promoting gender equality. On March 8th, 2023 organised a Group Discussion on Women Empowerment. The students from various departments actively participated in the discussion. **The group discussion on gender empowerment provided a valuable platform for participants to engage in meaningful dialogue, share experiences, and develop recommendations to foster gender equality.** The insights gained and recommendations made during the session serve as a starting point for our institution's ongoing commitment to gender empowerment. The session provided a valuable platform for participants to explore the complexities of women empowerment and generate actionable

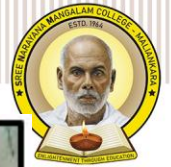


insights and recommendations and also help to develop their communication skills. A total of 23 students participated in this programme.



Essay writing competition on Women's Day

The NSS unit conducted an **Essay writing competition on Women's Day** on 8th March at 2:00 pm. The competition aimed to highlight the **importance of women in society and attracted many participants who made the event a grand success**. The participants showcased their writing skills and expressed their views on the role of women in society. A total of 15 students participated in this competition.



Observance of International Women's Day

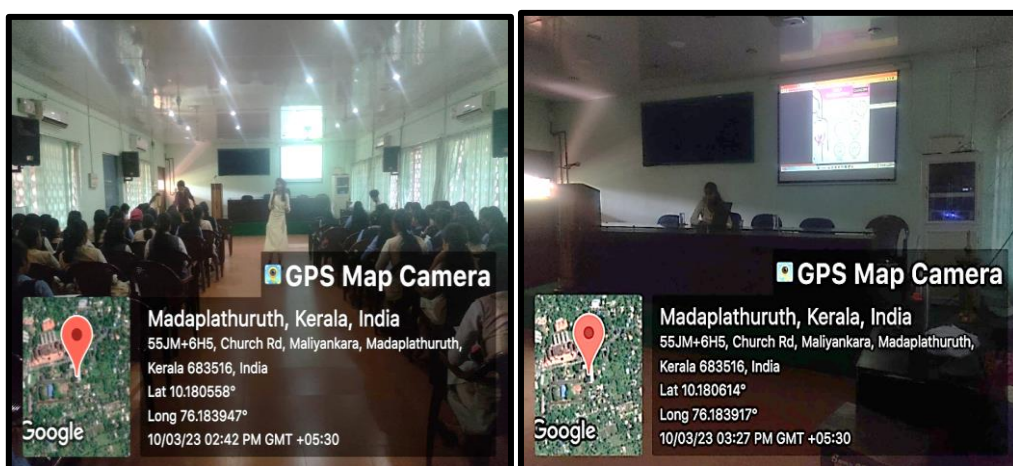
The Gender Equality Forum observed the International Women's Day on March 8th, 2023 with renewed vigor and determination to address the ongoing challenges faced by women and promote their empowerment with the 2023-year theme **“DigitALL: Innovation and Technology for Gender Equality,”** The day celebrates the role of women and girls who are leading the way in the development of transformational technology and digital education. On this day, all the teachers and students were dressed up in purple. According to the official International Women's Day website, **“Purple signifies justice and dignity.** At the portico teachers and students gathered and the principal **Dr.Jitha T H, delivered a speech about the importance of Women;s Day and gender equity.**





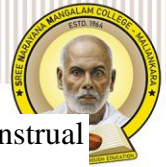
Seminar on Breast Cancer

As part of International Women's Day celebration, the Gender Equality Forum organised a Seminar on March 10, 2023. The seminar was on the topic Breast Cancer, and the resource person for the seminar was **Dr.Liya Shabnam of Government Medical College, Ernakulam**. Breast cancer is a significant health concern affecting millions of women worldwide. About 100 participants were present in the programme. The seminar on breast cancer was conducted with the aim of raising **awareness about breast cancer, its risk factors, early detection, and treatment options**. The seminar aimed to educate participants about the importance of early detection and dispel common myths surrounding breast cancer.



Seminar on Menstrual Hygiene

As part of International Women's Day celebration, the Gender Equality Forum of SNM College Maliankara organised a Seminar on March 10, 2023. The seminar was on the topic Menstrual Hygiene, and the resource person for the seminar was **Dr.Sanjay S of Government Medical College, Ernakulam**. A total of 100 students participated in the programme. The seminar was conducted to address common myths and taboos associated with menstruation and provide accurate information to debunk misconceptions. The seminar helped to educate the participants about appropriate and healthy menstrual hygiene practices, including the use of menstrual products, proper sanitation, and disposal methods. The seminar also introduces participants to



various menstrual products available in the market, such as sanitary pads, tampons, menstrual cups, and reusable cloth pads, and guides them in choosing the most suitable option.



Group Discussion as part of Women's Day

As part of International Women's Day celebration, the Gender Equality Forum organised a discussion on gender equity in the modern world took place on March 10th, 2023. The objective of the discussion was to engage participants in an **open dialogue about the current state of gender equity and the challenges faced in achieving true equality in various aspects of life**. The conversation aimed to raise awareness, challenge existing norms and stereotypes, and foster a deeper understanding of the importance of gender equity for building a just and inclusive society. Participants examined the **underrepresentation of women in leadership positions across various sectors and the importance of increasing female representation to promote gender equity**. The discussion addressed the alarming rates of gender-based violence worldwide, including domestic violence, sexual harassment, and human trafficking, and the urgent need for comprehensive measures to combat such violence. A total of 100 students participated in the discussion.



Counselling and Awareness Class

An awareness and guidance class were conducted for all the first-year graduate programme students. The classes were conducted on two days 02/11/2022 and 03/11/2022. **Counselor Ms. Sreekutty Syam Seethal, Psychologist handled the sessions.** On the second day (03/11/2022) two sessions were conducted in the college Auditorium. First session was conducted from 10.15 am to 11.15 am for first year students of English, Malayalam, Economics, Integrated Statistics and department of Commerce. The second session was held from 11.30 am to 12.30 pm for students of BBA, B. Com OM & SP, B. Com CA and for B. Com Taxation. Students actively participated in the discussion session held after the awareness class. This seminar envisaged the challenges faced by students. The resource person explained the importance of seeking help when faced with challenges which they face difficulty in overcoming. Around 222 students benefited from the programme.



**SNM COLLEGE, MALIANKARA
COUNSELING AND GUIDANCE CELL**

**INDUCTION PROGRAMME
AS PART OF
DEEKSHARAMBH**

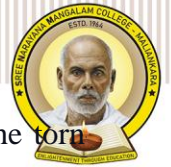
To remove the stigma associated with seeking help and make them aware of issues faced by students an awareness and guidance class will be conducted for all first year graduate programme students.

Date: 02-11-2022 & 03-11-2022.
Venue: Seminar Hall & College Auditorium.
Resource person: Mrs. Sreekutty Syam Seethal, Psychologist



A workshop for Kudumbasree members and students on eco-friendly initiatives

The Department of Commerce and Institute Innovation Council of SNM college together organised an **entrepreneurship outreach programme in the community titled- 'eco-friendly initiatives'**. The programme was conducted on March 24th, 2023. Around 43 participants were present for the programme. The resource person Ajitha Murali demonstrated how to convert old jeans into handbags. The members of the adopted wards **especially Kudumbasree members attended the programme**. They were given practice of making useful handbags from old jeans. Sufficient materials like jeans, scissors etc. were provided for the participants. The main beneficiaries of the programme were Kudumbasree members. The



students could also learn how to make productive goods from the waste materials. The torn jeans were used as the material for making bags.



A Seminar on 'How to Become a Successful Women Entrepreneur'

The Department of Commerce organised a seminar on 22/03/2023, on the topic '**How to become a successful Women Entrepreneur**' was conducted in the seminar hall as part of **International Women's Day**. The resource person **Anitha K A, Founder of Moongoddess Couture** interacted with the students and shared her journey to the Moongoddess Couture. Students cleared their doubts with her. Around 124 participants were present in this programme.



Seminar on Women Entrepreneurship

The Entrepreneurship Development Club organised a seminar on 2nd November, 2022 on **“Women entrepreneurship”** in collaboration with **Khadi Gramodyog Vidyalaya**, Training Centre for Khadi and village industries commission, under the Ministry of Micro Small and Medium Enterprise Govt. of India. Sessions were conducted by **Ms. Anitha C C and Mr. Vinod Kakkara**, training coordinators of Khadi Gramodyog Vidyalaya. 120 participants from various categories such as **students of our college, faculties and Kudumbasree workers** of the village adoption wards attended the workshop. Seminars enhance their knowledge in the field of women entrepreneurship and throw light on different enterprises they can start with low cost and training. Resource persons elaborated the important role of women in the country's development process. Inclusion of women in the workforce speeds up the country's economic growth. The resource persons explained the source of financial assistance to a women entrepreneur, various programmes, training implemented by the government to promote their entrepreneurship. Participants responded that the seminar provided a clear idea about various programmes to promote women entrepreneurship and also got awareness about various businesses to start at low cost.



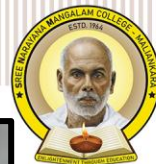
Invited talk on Journey as a Woman Entrepreneur

The Entrepreneurship Development Club organized an Invited Talk on **“Journey as a woman entrepreneur”** by **Ms.Vinumol Manoj**, Academic Director, Winners Coaching Institute, Thrissur on 10th March 2023, in connection with “International women’s Day”. The resource person shared her entrepreneurship journey and explained how entrepreneurs see a problem as an opportunity for business. The speaker spoke about her startup and challenges she faced as an entrepreneur. She also interacted with the students through varied types of questions made them realize how and where good qualities are very important in sustaining entrepreneurship. She also alerted them to the truth that there are umpteen number of abilities within them that go unnoticed. 85 students from different departments successfully participated in the program and provided positive feedback on the program. Resource persons elaborated the important role of women in the country's development process. Inclusion of women in the workforce speeds up the country’s economic growth.



Talk On Human Rights

A Talk on Human Right was jointly organized by the Department of Mathematics, Zoology and Chemistry for the 5th semester UG students on **12th October 2022**. The talk was delivered by **Adv. Bhuvanachandran Nair**, who served as the resource person for the session. He discussed various aspects of Human Rights, including **Fundamental Rights, their meaning, concept, and objectives**. He also focused on the **rights of children and women, shedding light on their significance and the challenges they face**.



Online Session on Entrepreneurship

An Online Motivational Session on Entrepreneurship titled ‘**Success Stories**’ was conducted by the Institute Innovation Council of the college on November 25, 2022. Around 20 participants were present. The resource person for the programme was the famous women entrepreneur, Ms. May Joy, Managing Director, Ziva Maternity wear. She motivated the students with her own life experiences in the field of fashion designing, entrepreneurship and innovation. She explained about her success story as a lady entrepreneur.





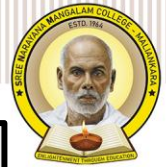
Webinar on the Topic ‘Anaemia Control and Prevention

Organised a Webinar on the topic ‘**Anaemia control and prevention**’ in association with Department of Child Development on July 12 and 13, 2021 in relation with Day Against Child Labour handled by Mrs. Rosmy Varghese nutritionist ICDS North Paravur.



Webinar on Women Empowerment and Law

The Gender equality forum has organized an awareness talk **on the topic ‘Women empowerment and law’** on 29th September 2021, through google meet platform. **Adv. Bhuvanendran Nair V** was the resource person. The programme was conducted in the virtual. The resource person gave a detailed description of **various laws prevailed in our country which protects women’s rights**. He also emphasized the importance of law in women empowerment. Eighty-five students participated in the programme.



SNM COLLEGE MALIANKARA

Programme chart
29-9-2021
11am

Prayer
Welcome : Smt.Sreja VS
(Convener, Gender Equality Forum)

Presidential address : Dr.Latha TH
(Principal)

Awareness talk
Topic : Women Empowerment and Law

Resource person : Adv. Bhuvanachandran Nair

Vote of Thanks : Ms Megha K U
(Student convener)

GENDER EQUALITY FORUM ORGANIZES AWARENESS TALK ON WOMEN EMPOWERMENT AND LAW RESOURCE PERSON: Adv. BHUVANACHANDRAN NAIR

29TH SEPTEMBER 2021
PLATFORM : GOOGLE MEET
TIME : 11 AM

11:30 AM | gmm-9mz2-bqpl

Inter-departmental Collage Competition as part of International Day for the Elimination of Violence Against Women

On 25th November 2021, the Gender Equality Forum, observed the **UN International Day for the Elimination of Violence Against Women**. The event served as a platform to make students aware about violations against women as well as human rights under the theme "**Orange the World: End Violence against Women**". The highlight of the observance was an interdepartmental collage competition organized by the Gender Equality Forum. Participants from various departments presented their artistic skills and passion for advocating gender equality through collages. As part of the observance, the staff and students of SNM College participated in the "Orange the World" movement. On this day, they wore orange dresses to show their support for ending violence against women. It served as a representation of the college community's commitment in promoting a violence-free world for women.



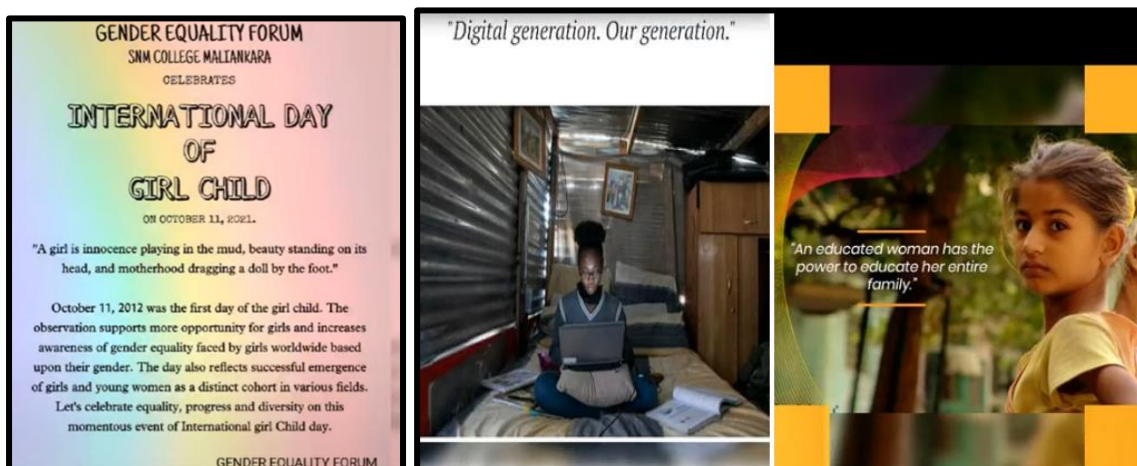
Poster Competition on the Topic “No to Dowry”

Gender equality forum organized a poster competition **on the topic “No to Dowry” with an intention of creating awareness about the ill effects of dowry among youth.** Competition was conducted in virtual platform, snmc virtual campus on 28th August 2021. The competition was conducted in the college as part of inter university level competition. The best of three posters were selected and sent to the registrar, MG University for further evaluation. Nine students participated in the competition. Certificates were distributed to the prize winners in the college. The competition was held to create gender awareness among students. It helped to develop an attitude to stand against violence against women.



Short video on International Day of the Girl Child

In observance of **international day for the girl child**, 11 th October 2021, the students of SNM College, presented a short video for SNM community under the leadership of the Gender Equality Forum. The **theme was ‘Digital generation, our generation’**. The purpose of creating short video is to increase awareness of gender inequality faced by girls worldwide based upon their gender. This inequality includes areas such as access to education, nutrition, legal rights, medical care, and protection from discrimination, violence against women and forced child marriage. The video was uploaded in the YouTube channel of gender equality forum. The short video helps to create self-reliance and self-respect among girl students.





Slogan competition

In commemoration of the **UN International Day for the Elimination of Violence Against Women**, the Gender Equality Forum organized a thought-provoking **slogan competition on the theme "Stop Violence Against Women" among the students**. The competition aimed to raise awareness about the pressing issue of violence against women and empower students to express their thoughts creatively through impactful slogans. The best three slogans were selected and awarded. It helped to develop a sense of responsibility to stand against vandalism against women and not to be a victim of it. Around 55 students participated in this programme.



Women Empowerment Campaign

The Gender Equality Forum, initiated the **Three-Day Gender Awareness programme** scheduled by **KANAL**, Women empowerment campaign under **Women and Child Development Department, Government of Kerala**. The programme was scheduled on 2nd, 3rd and 5th of March 2022 respectively on the virtual platform google meet. The programme was attended by the first year UG students of all departments in the college. **Dr Shamshad Hussein**, Adv. Mayakrishnan, High court of Kerala, **Dr. K M Sheeba** Professor of SSUS



Kalady were the resource persons. Gender relations and Gender legislations were the themes of the webinar. The webinar was organised in two sessions on those three days. Women empowerment campaign led by the Women and Child Development Department; Government of Kerala helped to make aware of gender issues among students. It also made students understand the need to abstain from gender violence and respond to violence against women. A total of 92 students participated in this programme.



Seminar on Gender Equality Today for A Sustainable Tomorrow

The Gender equality Forum, organised a **seminar on the topic 'Gender equality today for a sustainable tomorrow'** as part of Women's Day celebrations on 8th March 2022. **Lt. Nithin Thomas**, Assistant Professor, (HOD) Bharathmatha College was the resource person. The chief guest described the **various types of empowerment processes** which women have to go through. Sixty-one students attended the function. The seminar held by Lt. Nithin Thomas enabled the students to **adopt a gender-neutral attitude for a sustainable future**. It helps to create self-reliance and self-respect among girl students.



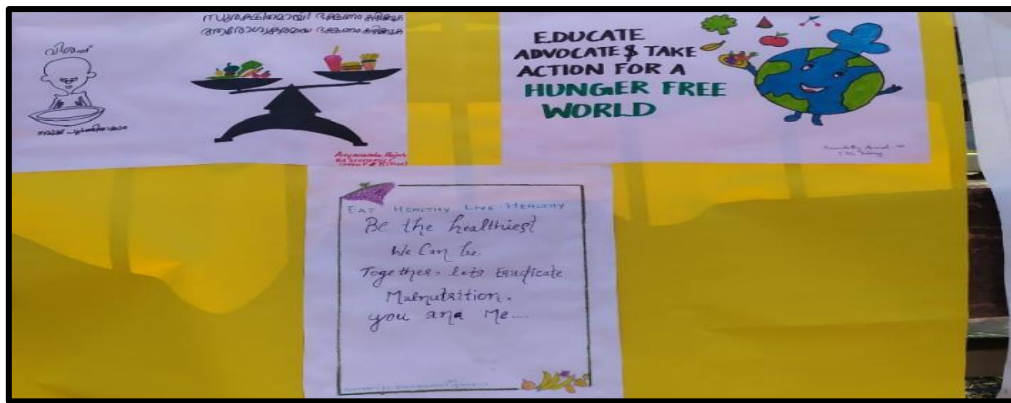
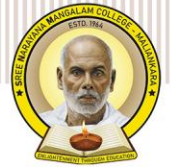
Film Show 'Freedom Fight' to discuss gender issues

As part of Women's Day celebrations, Gender Equality Forum **organized a Film show- 'Freedom fight 'on 8 th March 2022.** The first two sections of the movie which discussed **gender issues** were selected for the show. Sixty-one students and eight teaching faculties watched the movie. The film show started at 12 pm and came to an end at 1.30 pm. The inaugural ceremony **was followed by a class by Mr. Tarun Kumar V,** Taluk Industrial Development Officer. He explained the opportunities for starting an enterprise in the current economic background. His talk inspired students and also helped to know various Government programmes which encourage the young generation to initiate start-ups in the state.



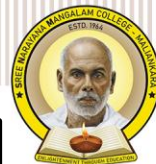
Swastha Balak-Balika Spardha- Nutritious Food to Both Boys and Girls

The NSS Unit of SNM college organized different programmes related to "**Swastha Balak-Balika Spardha**" from January 8 to 10, 2022. Programs included **poster making competition, essay writing competition and collage making competition**. All the creative works done by the volunteers were exhibited at the roadside in front of the college for spreading awareness among the **public to generate a spirit of competitiveness for good health and nutrition and to promote breastfeeding and complementary feeding practices**. Students got good knowledge about the importance of a balanced food for a healthy life for both boys and girls. Intellectual and physical growth of any one in the country depends on the provision of such good food to the people at their childhood itself. This information could be passed to the public and students through the exhibition of these works in front of the college.



Film Review Competition as part of UN International Day for the Elimination of Violence Against Women

On the occasion of the **UN International Day for the Elimination of Violence Against Women**, the Gender Equality Forum organized a **film review competition on 25th November 2020, in virtual mode**. The event aimed to raise awareness about the pressing issue of violence against women and promote meaningful discussions on the subject. The competition focused on analyzing the film "UYARAE" and its portrayal of relevant themes. A total of eleven students participated in the competition. The film "UYARAE" served as the subject of the review, providing a narrative that captured the struggles faced by a young ambitious woman in our society. Participants were tasked with critically examining the film's message, cinematography, and portrayal of gender dynamics. The reviews were evaluated by Mr. Kapil Chandran, Assistant Professor ensuring an impartial assessment of the submissions. In recognition of their thoughtful presentation, three students were awarded.



In observance of UN International Day For Elimination of Violence Against Women, Gender Equality Forum is conducting a film review competition on 25th November 2020 from 11 am to 1 pm. Students who are interested in participating in this competition have to give their names to the concerned teacher-in-charge(GEF) of their respective departments on or before 24th November 2020 3pm.

The review should be based on the Malayalam movie 'UYARAE'. Best review will be awarded. The review should not exceed 3 pages.

With warm regards
Gender Equality Forum

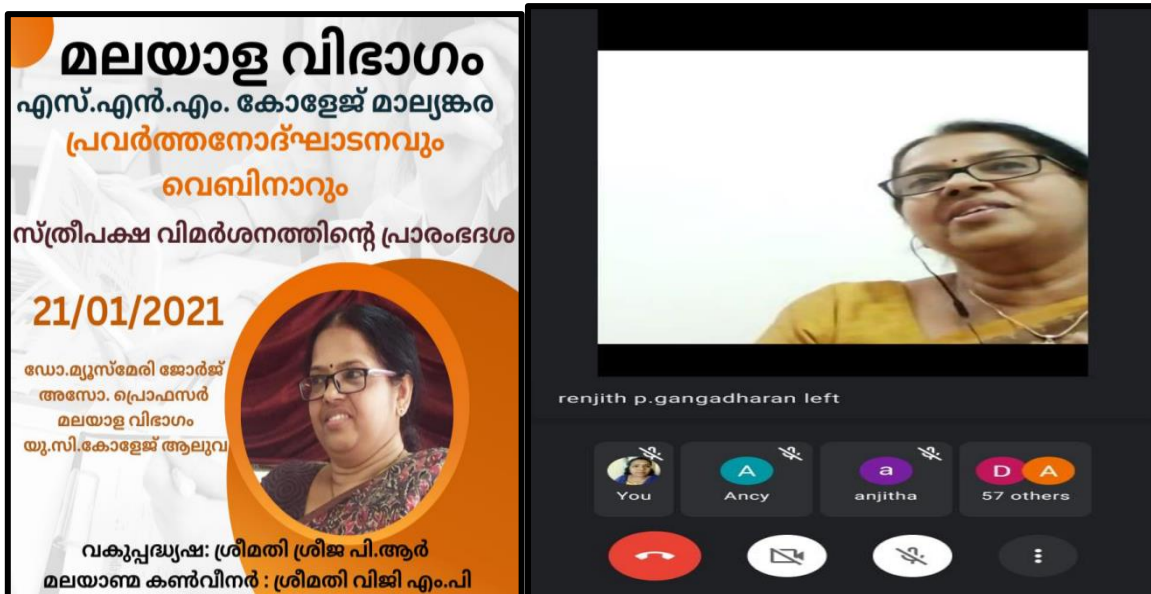
Webinar on the Topic Gender Justice: Myth or Reality

The Gender Equality Forum conducted a webinar in a virtual setting on the 12th of November 2020. The event was graced by the presence of **Smt. Vijayarajamallika, a distinguished transgender poet, teacher, and social worker**, who served as the chief guest. The inaugural session was followed by an engaging webinar, where Smt. Vijayarajamallika delivered an insightful talk on the topic, "Gender Justice: Myth or Reality?" Her address provoked thoughtful reflections and raised questions about the prevailing notions of gender justice in society. The talk was followed by an interactive session, allowing participants to engage directly with Smt. Vijayarajamallika and contribute their perspectives to the discussion. Around 74 participants were present in this webinar.



Seminar on Evolution of Feminist Criticism

The department of Malayalam organised the association activities on January 21, 2021 through online mode and the programme was inaugurated by Prof. Dr. Muse Mary George, Head of the department of Malayalam, UC College, Aluva and **delivered a talk and presented a paper on “Sthree paksha vimarshanathinde prarambha desha”** which means the evolution of **feminist criticism**. The history of feminism was very clearly presented by the resource person with interesting examples and students understood it with great interest. Such activities will definitely help the children to know more about the gender related literature. Around 63 participants were present in this online programme.





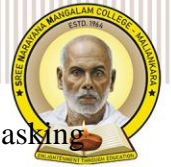
Poster Presentation on International Women's Day

On 8th March, International Women's Day, the Gender Equality Forum **organized a poster presentation** on 8th March 2021. The objective of this event was to create awareness among students and the public about the laws formulated in our country to protect women against various forms of violence. The event also aimed to encourage individuals to raise their voices against crimes targeting women. The poster presentation took place on the walls outside the college campus, making it visible to all passersby and enhancing its outreach. Around 16 students actively participated in designing and presenting their posters. The **posters effectively communicated the importance of these laws and their role in ensuring a safe and equal society for women.**



Seminar on the Topic 'Women Empowerment: Past, Present and Future'

As part of Women's Day celebrations, Gender equality Forum organized a **seminar on the topic "Women Empowerment: Past, Present and Future"** on 8th March 2021. **Dr. Muse Mary George**, Associate Professor, Malayalam department, U C College, Aluva was the resource person. The seminar aimed to shed light on the journey of women's empowerment and explore its trajectory for the future. It highlighted the historical struggles of women, their current achievements, and the need to continue empowering women for a more equitable



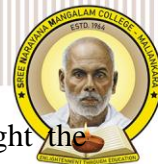
future. Around 50 attendees actively participated in the seminar, expressing their views, asking questions, and sharing personal experiences related to women's empowerment.

Programme chart		Resource Person	
Prayer	:		
Welcome Address	: Smt. Sreeja V S (Convener)		
Presidential address	: Dr. Jitha T H (Principal)		
Felicitation	: Sri C P Sunilkumar, Department of Physics		
Seminar talk	: Dr. Muse Mary George		
Topic	: Women Empowerment: Past, Present and future		
Vote of Thanks	: Ms. Sethuparvathy K S		
Our Patrons			
			
Mr. B Rajeev President, H.M.D.P. Sabha	Mr. Bijil Kumar T S Secretary, H.M.D.P. Sabha	Mr. M.R Bose Manager, SNMC Maliankara	Dr. Jitha T H Principal, SNMC College
		Dr. Muse Mary George, Associate Professor, Department of Malayalam, UC College, Aluva	
		Gender equality Forum, SNM College is celebrating International Women's Day on 8th March 2021. Women's full and effective participation and leadership in all areas of life drives progress for everyone. International Women's day reminds us that women should use their power to change the world, to make the world more equal, peaceful, and prosperous. All are cordially invited.	
		Sreeja V S, Convener Gender Equality Forum	Principal, Dr. Jitha T H



Video Presentation to Empower Students to Raise Voices Against Gender Disparities

On the occasion of International Women's Day, the Gender Equality Forum at SNM College Maliankara organized an enlightening video presentation of cultural programs. The event aimed to **celebrate the achievements and contributions of women and the contemporary challenges they face in society**. The video showcased Women's Day messages from esteemed teachers representing various departments of the college, along with cultural performances by talented students. The video presentation commenced with heartfelt Women's Day messages delivered by teachers from different departments. Their messages emphasized the importance of gender equality, empowerment, and the role of women in shaping a progressive society. The



cultural programs performed by the students were thoughtfully designed to highlight the diverse experiences and struggles faced by women through different art forms in today's world.

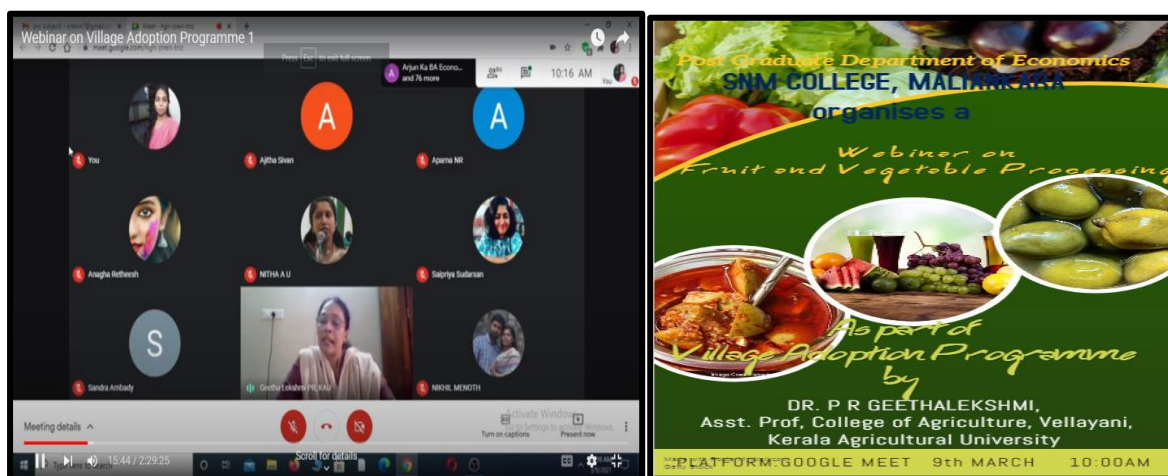


Essay Writing Competition

The NSS unit of the college observed the importance of **International Women's Day** on March 8th, 2021. The NSS volunteers of SNM College Maliankara conducted an **Essay writing competition** among NSS volunteers on the **topic "International Women's Day"**. Also, they made an impressive skit which truly depicted the role of women in every house. Also, an awareness class was conducted for the volunteers. The skit shows off the skills of NSS volunteers and truly captures the objective about international women's day. Around 30 students participated in the programme.

Webinar on the Topic 'Fruit and Vegetable Processing'

The Department of Economics organised a **webinar on the topic 'Fruit and Vegetable Processing'** on **10th March 2021** for **Kudumbasree units of Vadakkekara Panchayat** through Google meet. A follow-up has been made among the Kudumbasree workers about their **intention of starting entrepreneurial activity relating to fruit vegetable processing**. Dr. Jitha T H Principal of the college presided over the function. The **resource person was Dr. Geethalakshmi, Assistant Professor**, College of Vellayani, Kerala Agricultural University. Around 95 participants were present in the webinar. Fifteen Kudumbasree members, ten teachers, and seventy students participated in the programme.



Talk on the Topic 'A Business Success Story from Los Angeles'

The Department of Commerce conducted a **Talk on the topic 'A business success story from Los Angeles'** by Dr. Padmini Aniyam, a leading Malayali Women Entrepreneur in the USA on 5th October 2020. She is a retired faculty of the department. Her success story was narrated to the students in an informal way. The students felt very free to ask her the queries regarding her success and also about her American Restaurant Mayoora which she runs. The Restaurant was shown live for us. That was indeed a unique session. The session was conducted for the students and for the teaching and non-teaching staff.





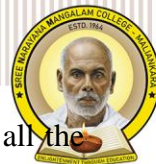
Talk Series on Narratives Across Borders

The department of English conducted an **Invited Talk Series on the web titled Narratives Across Borders** in May 2021. The inaugural session was followed by a talk by the poet and writer, Ms. Babitha B (Assistant Professor of English, SN College, Nattika) on **Women Narratives and Shared Experiences**. The renowned English/Croatian writer and dramaturge Ms. Kristina Gavran from the United Kingdom gave the concluding talk on the topic **“Finding Home”** which was followed by an interactive session which became a cultural exchange platform and was much appreciated by the students and teachers. Around 50 participants were present in this online session. Ms Babitha B elaborated on the women narratives and the experiences being portrayed through women’s writings. Ms Kristina Gaveran explained the concept of home in narratives.



Webinar on International Women’s Day

The Department of Zoology organised a webinar on 8th March 2021 to **raise awareness about the status and dignity of women** among the students **by introducing a women scientist**. The topic of the webinar was “Science, Technology and Innovation”. The resource person of the webinar was **Dr. Nisha P, Principal Scientist**, Agro-processing and Technology Division NIIST (National Institute of Interdisciplinary Science and Technology). About 80 participants



joined the Google Meet platform. An online participation certificate was provided to all the participants. The recorded video of the online webinar was uploaded on YouTube ([View](#)).



Seminar on Patriarchy and Gender Relations in Kerala

The Gender Equality Forum conducted its inaugural ceremony on 27th August 2019. The chief guest **Dr. K M Sheeba**, Professor of Sree Sankaracharya University of Sanskrit (SSUS) and the Coordinator of Dakshayani Velayudhan Centre of Dalit studies and Convener of Women's Complaint Committee in SSUS, Ernakulam inaugurated the function. After the inaugural ceremony, Dr. K M Sheeba gave a talk on "**Patriarchy and Gender Relations in Kerala** " followed by an interactive session. Around 64 students participated in this seminar. The seminar presentation helped to create critical thinking among students on the existing gender relations in Kerala. It generates an urge to change the social dogmas which stood against the freedom of women in society. The resource person also reminds us that **it is the responsibility of the younger generation to bring changes in the approach of society towards gender issues.**



GENDER EQUALITY FORUM INAUGURATION 2019-20

Dear Madam/Sir

S.N.M. College Maliankara was inaugurated in 1964 by Sri.Sahodaran Ayyappan an ardent disciple of SREE NARAYANA GURU. The college now offer 11 UG courses and 8 PG courses. As one of the leading institutions of higher education in the state, S.N.M. College took initiative in the upliftment of socially and educationally backward sections of the society. It is also prospering in academic and extracurricular activities.

Gender equality means that women and men and girls and boys enjoy the same rights, resources, opportunities and protection. Treating women equal to men and giving her recognition is an indication of a civilized society. However in India one of the most alarming fact is that gender inequality is at its heights. Most of the recent incidents related to violence against women reveals that we, society fails to identify her as humans. Women is still facing discrimination in social, political and economic spheres of life.

Even though the enrollment of girls in campus are high, their economic participation in other areas of life are not quite remarkable. It is the responsibility of each and every one in the society to ensure and maintain gender equality for the economic development of the nations. Maintaining gender equality in areas of health, education, job and involvement in administrative and monetary decision-making practices, will ultimately lead to overall economic sustainability. Women should be empowered to break all the boundaries and limitations set by the family, society and the world to attain their goals independently. The formation of gender equality forum highlights the importance of creating a campus that is safe and inclusive for students of all gender identities.

All are cordially invited for the event

Smt.Sreeja V S
Programme Coordinator.

Dr. C.M Sreejith
Principal

Resource Person



Dr. K. M. Sheeba
Professor
Sree Sankarabharathi University of Sanskrit

PROGRAMME SCHEDULE

27-08-2019

10.00 am Prayer

Welcome Address : Smt. Sreeja V. S
(Coordinator)

Presidential Address : Dr. C. M Sreejith
(Principal)

Inauguration : Dr. K. M. Sheeba
Professor
Sree Sankarabharathi University of Sanskrit

Felicitations : Dr. Neelima C. A
Assistant Professor, Department of Mathematics

Seminar Session
Topic : PATRIARCHY AND GENDER RELATIONS IN KERALA

Vote of Thanks : Ms. Aswini Radhakrishnan
Student, Department of Malayalam

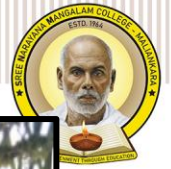
Seminar on Perspectives of Gender Violence: Awareness and Legal interventions

In observance of the UN's International day for the Elimination of Violence against Women, the Gender Equality Forum conducted a Seminar on 28th November 2019 at the college seminar hall. **Dr. Mary Matilda**, Retd. Principal of Maharaja's College Ernakulam handled the topic of the seminar **‘Perspectives of Gender Violence: Awareness and Legal interventions’**. The seminar was able to create awareness about different types of violence against women prevalent in the society. It also helped to create awareness about the legal provisions in our nation to protect women against violence. The talk also gave a sense of responsibility to stand against vandalism against women. Around 80 students participated in the seminar.



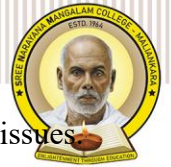
Food Fest to Create A Gender-Neutral Attitude in Preparing and Cooking Food Among Students

The Gender Equality Forum organised a Food Fest on February 25th, 2020 **to develop the organisational skills, culinary skills irrespective of gender and to create a gender-neutral attitude in preparing and cooking food among students.** There was department wise competition for six food items. Twelve departments participated in the competition. Mr.Sethu Madhavan and Smt. Shalini were the judges of the competition. Around 50 students participated in the programme. Sale of food items were arranged separately in the premises outside the college auditorium.



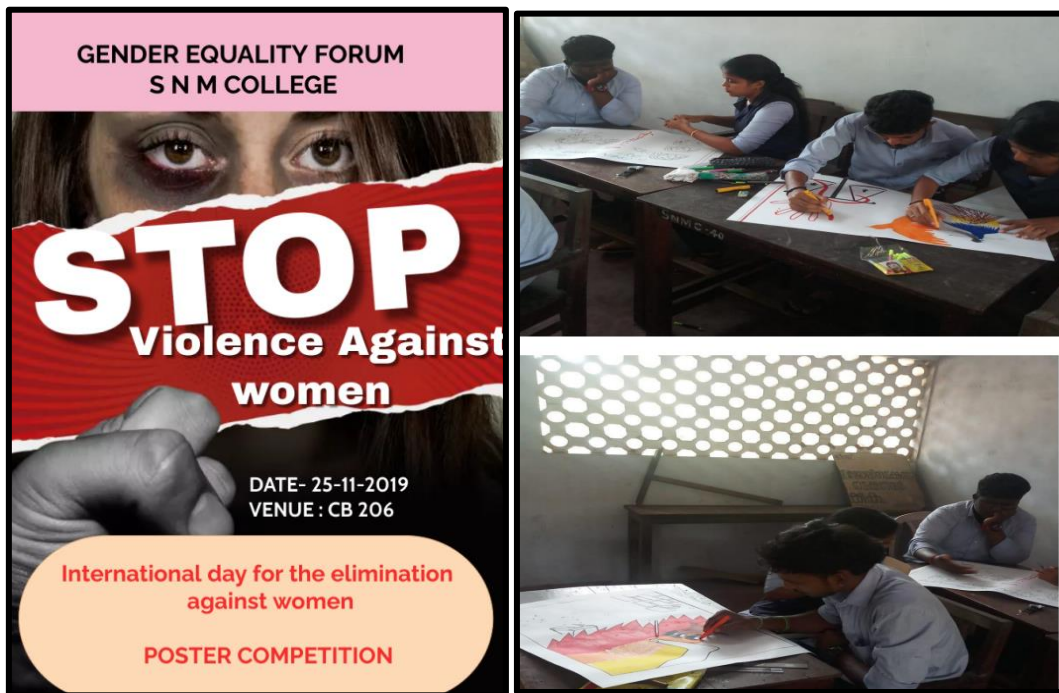
Poster Competition

In observance of the **International Day for The Elimination of Violence Against Women**, the Gender Equality forum organized a poster competition on 25th November, 2019. The requirements of the competition include one boy and one girl should constitute a team from each department. The poster competition on the **topic “Stop violence against women”** could create awareness of and necessity to end violence against women. It helped to develop a sense of responsibility to stand against vandalism against women and not to be a victim of it. The programme helped the students to develop the attitude to stand against violence against women.



And also, to utilize students' artistic talents for making the public aware of gender issues.

Around 16 students participated in this competition.



On 23rd December the staff and students distributed vegetable saplings to these houses. 25 saplings distributed to each house. The staff and students **distributed 5 different vegetable saplings to these houses.** The main saplings were tomato, chilli, brinjal, ladies finger and peas. Total of 25 saplings had been distributed to each house. The visit to the village as part of the Village adoption programme helped to create environmental awareness among students. It also develops interests in farming and a love for nature and towards villages among students.



SNM COLLEGE MALIANKARA
DEPARTMENT OF ECONOMICS
VILLAGE ADOPTION PROGRAMME

VISIT TO VILLAGE , VADAKKEKARA PANCHAYAT

Programmes
21-12-2019
Survey among villagers
23-12-2019
Distribution of plant saplings
to villagers

VENUE: WARD1 VILLAGE
DATE : 21-12-2019, 23-12-2019
TIME : 2.00 pm



A Short Film Screening Titled ‘Open your mind’

The Gender Equality Form has organized many activities as part of **International Women’s Day celebration**. A short film titled **“Open your mind”** was screened at the college auditorium on 6th March 2020. The short film was directed by Vishnu G Raghav. It deals with various social evils against women in contemporary society. It talks about the general attitude of our society towards women and the unnecessary restrictions the society imposes on women. The short film **“Open your mind”** helps to think about the narrow-minded views of society towards women. It highlights the **hypocritic attitude of society in various gender-related issues such as dowry, work life, harassment** etc. Around 58 students participated in this programme.



Workshop on Women's Safety and Self Defense

As part of the International Women's Day celebrations, a **workshop on "Women's Safety and Self Defense"** was organised on 6th March 2020 under Gender Equality Forum. The venue of the program was at the college seminar hall. The workshop was conducted by the **Kerala Police Vanitha cell, Ernakulam rural**. They made the audience aware about the need for **taking precautions against attacks in advance and the tricks to get escape from sudden assaults**. Many staff and students from various departments attended the programme. SCPO Sindu M K, SCPO Gracy P C, SCPO Ambily M M, SCPO Jishadevi V J were the resource persons. Several self defense techniques were also demonstrated with the help of students. The workshop helped the students to acquire the basic self defense techniques which can be adopted against sudden attacks. It also enabled them to be cautious against dangers while getting into relationships. The experiences shared by CPOs helped them to know how to take precautions and protect themselves from attacks. Around 50 students participated in the workshop.



A Debate Competition as part of International Women's Day

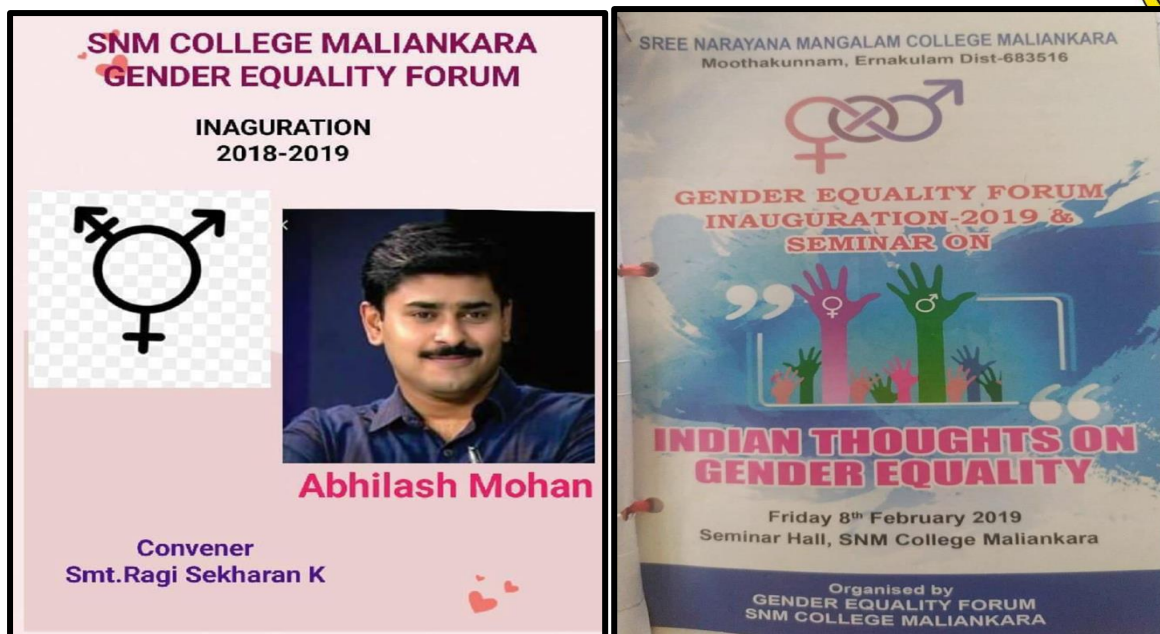
The Gender Equality Form, has organized a debate competition on 4 th March 2020 as part of International Women's Day celebrations. The topic was **“Freedom of Women and the Current Judiciary System”**. Twenty-three students registered in the competition. Adv. Rekha Satheesh, and Adv. Rakhi K K made the judgment. Mr. Shibin, Guest lecturer, Department of Malayalam was the moderator in the debate competition. Miss. Vishnupriya P of II MSc. Botany and Miss. Chithira K. S were declared as the winners in the competition. The debate competition helped the students to acquire creative thinking related to women's freedom exercised in society. It also enabled them to be cautious about to what extent the existing judicial system safeguards the freedom of expression of women.





Seminar on Indian Thought on Gender Equality

The Gender Equality Forum organised a seminar **on the topic: “Indian Thoughts on Gender Equality”**. The session was handled by Abhilash Mohan, a renowned journalist. He elaborated on the concept of Gender Equality in today’s society and the way to attain it in the future ahead. There has always been a separation of males and females and the way they are raised and taught even to what occupations they take on. The students were able to attain an overall view of the gender roles and the issues related to gender equality prevalent in the society. Around 55 students participated in this programme.



Workshop on Self Defence

The Gender Equality Forum organised a **Self Defence class for the students** in association with Women Cell Kerala Police, Aluva on February 25th, 2019. The workshop on self-defence skills was handled by **Kerala Police Vanitha Cell Team**, WCPO Sindhu, WCPO Gracy, WCPO Ambily, WCPO Jisha devi. Self-Defense, especially for women, is of utmost importance in the kind of the world we live in today. Women, usually referred to as the weaker sex, are considered easier targets. In India, the cases of gender violence are increasing and many of which go unreported or unregistered. This is because India is a place where women are taught not to get raped but men are not taught to not to rape. But for the moment, it is very important for women in India to learn self-defense for their own safety and survival. The women should be aware of the strategies to be adopted under different adverse circumstances. The self defense training sessions were effective in training our female students to act according to the situations which is essential for their safety and security. Around 118 students participated in this workshop.



A Lecture Series on Feminist Criticism and Theory

The department of English organized a **lecture series on ‘Feminist Criticism and Theory’** for the students of the department on 22/03/2019. The first lecture on ‘Introduction to Literary Theory’ was given by Dr. Meera M (Assistant Professor and Research Guide, Amrita School of Arts and Sciences, Edapally, Kochi). It was followed by a **lecture on ‘Feminist Theory’** by Dr.Meenu M. (Assistant Professor & Research Guide, Edapally, Kochi). Both lectures were beneficial & pursuing for the students. Students got a deep understanding of the contemporary literary theories, especially feminist theory which will be beneficial for the better understanding of inequalities and inequities along the intersectional lines of ability, class, gender, race, sex, and sexuality. Around 70 students participated in the programme.

