

S.N.M. COLLEGE, MALIANKARA

(Affiliated Mahatma Gandhi University, Kottayam)

Maliankara P.O., Moothakunnam Via, Ernakulam (DT), Kerala, India - 683516

www.snmcollege.ac.in | [0484-282386](tel:0484-282386) | principalsnmc@gmail.com

3. RESEARCH, INNOVATIONS AND EXTENSIONS

3.4. EXTENSION ACTIVITIES

3.4.3: Extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community in the academic year 2019-2020





CONTENT

Programme No.	Programme	Page No
1	Distribution of Seedlings	1
2	Communicative English class for school students	1
3	Malabarioru Kaithangu NSS SNM College Maliankara Volunteers Extend Helping Hand to Kerala Flood Victims	2
4	Blood Donation Camp	3
5	Cleaning the surroundings	4
6	Workshop for Plus Two Students	5
7	Village adoption- Post office investment awareness programme	6
8	Door-to-Door Campaign: Village Adoption Programme	6
9	Thettillatha Malayalam Then Malayalam	8
10	Distribution of vegetable saplings	8
11	English in life as part of Village adoption program	9
12	Village Adoption Programme 2019- Plastic waste removal	10
13	Mangrove Planting	11
14	Paper bag making	11
15	Thettillatha Malayalam Then Malayalam	12
16	Awareness class on vegetable cultivation	13
17	Plastic free village	14
18	Exhibition cum Sale	15

TH
JITHA

Digitally signed
by TH JITHA
Date:
2023.10.03
15:48:03
+05'30'



3.4.3: Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community in the academic year – 2019-2020

Programme No: 1

Title: Distribution of tree saplings in the adopted village

Organized by: National Service Scheme

Date: 06/06/2019

No. of Participants: 80

Summary of the Programme

As part of Environment awareness programme, NSS unit conducted an informative session by distributing saplings to adopted village. NSS volunteers actively engaged in the event by distributing plant saplings to households in the vicinity. Approximately 100 dedicated volunteers participated in this endeavor, collectively distributing a total of 200 saplings. The programme contributes to creating a more environmentally aware and engaged society, driving positive change, and fostering sustainable practices for the benefit of the planet and future generations.



Programme No: 2

Title: Communicative English class for school students as part of Extension activity

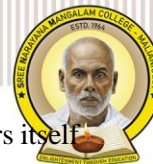
Organized by: Department of English

Date: June 2019 to November 2019

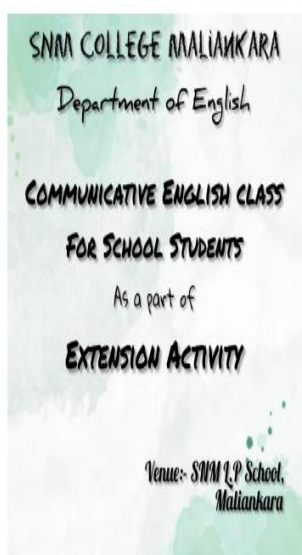
No. of Participants: 18

Summary of the Programme

Extension activities are one of the most engaging activities of the academic community. To stretch out to the society with a helping hand is a noble deed indeed. A faculty who is socially committed goes beyond the scholarly texts and dedicates one's self to this honorable act. Aware of these facts, The Department of English took a few initiatives in this direction. Staff and Students alike, with a single mind, assembled to chart out some projects. Brilliant ideas that could be implemented emerged. We are proud to report our activities that were carried out with extraordinary accuracy. The most challenging task in the first phase was to identify and select efficient, confident students who could be



sent to Lower Primary classes of nearby schools. The selection process of these student teachers itself was tough due to stiff competition. Student response for the assignment was enthusiastic and inspiring. Student trainers were given the duty of providing Basic English sessions for Primary pupils in the neighboring schools. There was much teaching, learning, fun and enjoyment during these training sessions. The trainees then, with the permission of concerned authorities, presented themselves as young teachers in S N M L P S, Maliankara, every week for nearly three months from June 2019 to August 2019. After August 2019, the sessions were conducted every month till November 2019. In a similar pattern, a group of our students arranged a Communicative English class for the pupils of the second, third and fourth standards of S N Government L P School, Thurithippuram. The experience gained from these collective exercises was productive and enriching. Highly motivated, the faculty and students are eager to continue the practice in the coming years too. Class was very effective in building language skills among students.



Programme No: 3

Title: Malabarinoru kaithangu

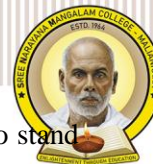
Organized by: National Service Scheme

Date: 16/08/2019

No. of Participants: 50

Summary of the Programme

The NSS volunteers of SNM College carried out cleaning work in Malappuram Nilambur to provide assistance and support to the individuals and families affected by the landslide disaster. The presence of Mr. C.P. Sunilkumar and the leadership of Sreejith K.G. and Abhiash added value to the event. The cleaning work brought hope and relief to the affected individuals and families. The NSS volunteers dedicated significant time and effort to the cleanup work. This included the removal of debris, mud, and silt from affected homes and public areas. Through their efforts in cleaning the muddy houses, the volunteers played a crucial role in restoring the living conditions of the affected residents. By actively



engaging in the cleaning and repair activities, the volunteers demonstrated their willingness to stand by those in need and contributed to rebuilding the spirit and resilience of the affected community members.



Programme No: 4

Title: Blood Donation Camp

Organized by: National Service Scheme

Date: 04/10/2019

No. of Participants: 70

Summary of the Programme

NSS unit of the college organized an event on 4th December. Before the blood donation process began, each donor underwent a comprehensive health assessment. This included the measurement of blood pressure, pulse rate, and hemoglobin levels. These assessments were crucial to ensure that donors were in a healthy state for blood donation, and their safety was of utmost priority. Each donor's blood pressure, pulse rate, and hemoglobin levels were checked to ensure they are in a healthy state for donation. After the blood donation camp concludes, the collected blood units are carefully transported to a blood bank for further processing and testing. The donated blood undergoes rigorous screening for infectious diseases such as HIV, Hepatitis B and C, syphilis, and others to ensure its safety for transfusion purposes. The collected blood units are carefully transported to a blood bank for further processing and testing. The outcomes of a blood donation camp can include an increased blood supply, lives saved, community engagement, awareness and education, donor retention and recruitment, enhanced healthcare services, and improved public health.



Programme No: 5

Title: Cleaning the surroundings program

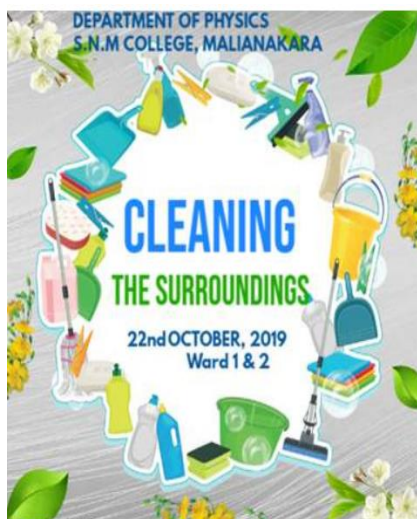
Organized by: Department of Physics

Date: 22/10/2019

No. of Participants: 20

Summary of the Programme

Awareness about topic cleaning the surroundings help students to develop a positive attitude towards cleanliness and also it would benefit the society in a significant manner. The students in the department of physics actively participated to make the Ward 1 & Ward 2 clean and safe.



The activities of the program were conducted successfully by the students and they were highly beneficial for adopted villages. The event created awareness among students about the needs and benefits of cleaning. Students commented that the effort to take is appreciable because the activity that they get out of it is always healthy and is of high-quality necessary for a happy and safe life.



Programme No: 6

Title: Workshop for Plus – 2 Students

Organized by: Department of Chemistry

Date: 28/11/2019

No. of Participants: 26

Summary of the Programme

Department of Chemistry organized a One day Workshop for the 12th grade students of Kottuvallikkad Higher Secondary school. Many interesting experiments and classes were introduced before the students in the lab. Also they were given classes in Chemistry to enrich their knowledge about the subject. Students were all excited to see the various experiments. They appreciated the classes. They could also clear their doubts about the classes and experiments in the interactive session. The event helped to raise awareness among the students about the practical application of the chemistry.





Programme No: 7

Title: Village adoption- Post office investment awareness programme.

Organized by: Department of Commerce

Date: 05/12/2019

No. of Participants: 23

Summary of the Programme

On 5th December 2019, Department of Commerce conducted a Post Office Savings Scheme Awareness Programme for the students of our department. The session was held by Mr.Unnikrishnan K P, Moothakunnam Post office. Different types schemes, its relevance, profitability in long term, etc. were discussed in the session. Sukanya Samridhi, RD's, Kisssan Vikas Pathra were discussed. Advantages of post office schemes over other plans were also narrated. Students were given leaflets regarding varied schemes. After the session, the students formed different clusters and visited wards 1&2 of Vadakkekkara Panchayath and circulated brochures regarding Post Office Schemes and made the villagers aware of the investment plans. The students could directly visit the wards and they could supply brochures and leaflets of postoffice schemes to the families covered in ward I and II. They explained about the schemes in detail and persuaded them to make tiny investments in post office schemes.



Programme No: 8

Title: Door-to-Door Campaign: Village Adoption Programme

Organized by: Department of Mathematics

Date: 20/12/2019 to 26/12/2019

No. of Participants: 42

Summary of the Programme

The primary objective of the campaign was to provide valuable information to the residents regarding social welfare schemes, the Right to Information (RTI), and the need for environmental protection.



Additionally, the campaign aimed to familiarize the students with these concepts and foster social accountability among them.

The campaign commenced on 20th December 2019, with the seven student groups visiting households in the adopted wards. Accompanying the students were teachers from the Department of Mathematics, who provided necessary instructions and guidance throughout the campaign. The notice distributed to the residents encompassed three essential parts. The first part focused on highlighting the various social welfare schemes offered by the State and Central Governments. It aimed to educate the residents about the available support and benefits they could avail themselves of through these schemes. The second part of the notice centered around the Right to Information (RTI). It aimed to create awareness about this powerful tool that empowers citizens to seek information from government bodies. By educating the residents about their rights and the significance of the RTI Act, the campaign aimed to promote transparency and accountability within the community. The final part of the notice emphasized the importance of environmental protection. It aimed to raise awareness among residents about the need to preserve and conserve the environment. By highlighting the significance of environmental protection, the campaign aimed to instill a sense of responsibility and encourage the community to take action in safeguarding their surroundings.

The door-to-door campaign served as an effective means of disseminating information and fostering community engagement. The residents received valuable insights into social welfare schemes, RTI, and environmental protection through the distributed notices. This initiative also proved beneficial for the participating students as they gained practical knowledge about these concepts, fostering their understanding of social welfare and accountability. The door-to-door campaign conducted by the Department of Mathematics as part of the Village adoption programme successfully raised awareness about social welfare schemes, the Right to Information (RTI), and environmental protection. The campaign served as an educational platform for both residents and students, empowering them with knowledge and fostering a sense of responsibility. Such initiatives contribute to the overall development and well-being of the community, promoting a socially conscious and informed society.





Programme No: 9

Title: Thettillatha Malayalam Then Malayalam

Organized by: Department of Malayalam

Date: 21/12/2019

No. of Participants: 11

Summary of the Programme

Malayalam Department of SNM college Maliankara conducted 'Thettillatha Malayalam Then Malayalam' as a part of Village adoption programme. The students of Vadakkekara Panchayat Ward 1. Students introduced to the Malayalam alphabet up to the 10th standard, correcting mistakes in the pronunciation of letters and training them to use them correctly. The programme tried to impart the students the knowledge about the distinctive nature of the alphabet, starting with small letters, compound letters, vowel symbols. This class on the alphabet was taught by Ashwani Radhakrishnan, Athira Rajeev, second year Malayalam literature postgraduate students. The 1st and 2nd year Malayalam literature postgraduate students have done the necessary preparations for the class.



Programme No: 10

Title: Distribution of vegetable saplings in adopted village

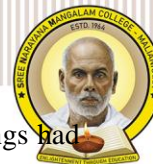
Organized by: Department of Economics

Date: 21/12/2019 to 23/12/2019

No. of Participants: 18

Summary of the Programme

One of the prestigious programs taken up by the department of economics is the village adoption program. The staff and students of the Department of Economics took a survey on the socioeconomic conditions of the women of adopted ward 1 of Vadakkekara Panchayat. The survey was conducted on 21st December 2019. Three Ayalkoottams were selected namely Anugraha, Aiswarya and Bhagyalakshmi which consists of 47 houses. Around 13 students and 5 teachers participated in this survey. On 23rd December the staff and students distributed vegetable saplings to these houses. 25 saplings distributed to each house. The staff and students distributed 5 different vegetable saplings to



these houses. The main saplings were tomato, chilli, brinjal, ladies finger and peas. 25 saplings had been distributed to each house. The visit to village as part of Village adoption programme by students and teachers helped to create environmental awareness among students. It also develops interests in farming and a love for nature and towards villages among students.



Programme No: 11

Title: English in life as part of Village adoption program

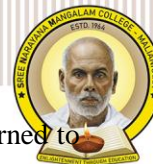
Organized by: Department of English

Date: 23/12/2019

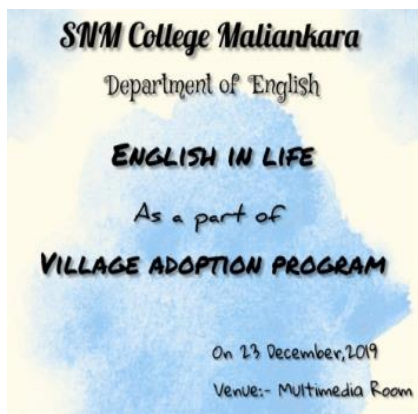
No. of Participants: 8

Summary of the Programme

As part of village adoption programme, English Department of S N M College, Maliankara, organized a programme named English in Daily life. The programme aimed to develop language skills among Kudumbasree workers from various units of the adopted village. It also provided practical knowledge regarding mobile usage. The programme was launched on 23rd December 2019, at Multimedia Room at 10am. Ten students of BA English Course were selected based on their language proficiency and mobile knowledge. With the help of Technology, the students engaged the classes. The participants informed that the programme was really helpful for them. They learned how to use basic English and



mobile in their daily life. Kudumbasree workers were able to learn basic English and also learned to use mobile phones.



Programme No: 12

Title: Plastic waste removal from ward 1 and 2 of Maliankara

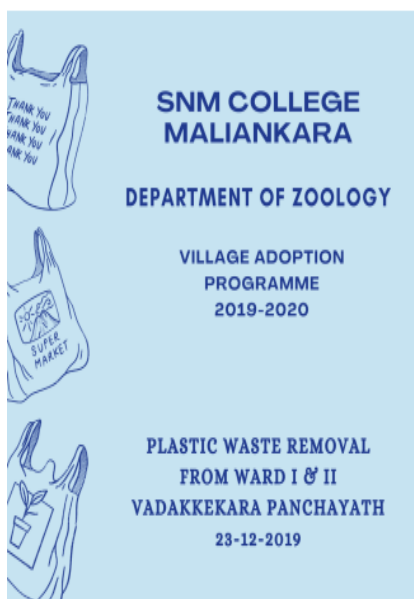
Organized by: Department of Zoology

Date: 23/12/2019

No. of Participants: 20

Summary of the Programme

Once plastic is discarded after its utility is over, it is known as plastic waste. It is a fact that plastic waste never degrades, and remain on landscape for several years. Mostly, plastic waste is recyclable but recycled products are more harmful to the environment as this contains additives and colours. Plastic pollution is worse in the selected wards and students given awareness to the local people regarding the ill-effects of plastic. Our B Sc students collected plastic wastes from the adopted wards and given it to the recycling unit at Chendamangalam, North Paravur. This programme helped to remove plastic wastes in an ecofriendly manner.





Programme No: 13

Title: Awareness Programme on Mangroves

Organized by: Department of Botany

Date: 26/12/2019

No. of Participants: 30

Summary of the Programme

The activities of Botany Department in connection with Village adoption was done on 26th December 2019. The main objectives and plan of action was to identify areas with mangroves and spread awareness on the importance of mangrove vegetation. On second stage, planting of mangrove saplings was done as a perspective of conservation. A group of thirty students along with Head of department Dr. M. G. Sanilkumar, and Ms. Lakshmi P, Assistant Professor (Guest faculty) and lab assistant Mr. Syam Kumar conducted the programme at Sathar Island and nearby areas in ward 1 and 2. The planting of mangrove saplings were also done. Continuous monitoring on planted areas will also be done. Students were actively engaged in conservation effort and which will bring about a positive change in them so that they will concentrate more on following lifestyle which are in par with nature.



Programme No: 14

Title: Workshop on Paper bag making

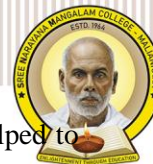
Organized by: Department of Chemistry

Date: 20/02/2020

No. of Participants: 26

Summary of the Programme

Department of chemistry organized a workshop for Paper bag making and their distribution in adopted village. Students started paper bag making in the classroom. First year BSc student Anuvind and MSc student Athira trained them for making paper and cloth bags. Paper bags were all handmade. They



were followed very simple steps and therefore we could create a bulk of them. The event helped to raise awareness among the students about the harmful effects of plastics and values of eco-friendly paper bags and were distributed in the adopted village.



Programme No: 15

Title: Thettillatha Malayalam Then Malayalam

Organized by: Department of Malayalam

Date: 27/02/2020

No. of Participants: 23

Summary of the Programme

Malayalam Department of SNM college Maliankara conducted 'Thettillatha Malayalam: Then Malayalam' as a part of Village adoption programme. The students of Vadakkekara Panchayat Ward -2. Postgraduate Malayalam introduced to the Malayalam alphabet up to the 10th standard, correcting mistakes in the pronunciation of letters and training them to use them correctly. The programme tried to impart to the students the knowledge about the distinctive nature of the alphabet, starting with small letters, compound letters, vowel symbols. This class on the alphabet was taught by Ashwani Radhakrishnan, Athira Rajeev, second year Malayalam literature postgraduate students. The 1st and



2nd year Malayalam literature postgraduate students have done the necessary preparations for the class.

മലയാള വിഭാഗം
എസ് എൻ എം കോളേജ് മാലയങ്കര
ദത്തുഗ്രാമപദ്ധതി
തെറ്റില്ലാത്ത മലയാളം
തേൻ മലയാളം
27/02/2020 രാവിലെ 10 മണി
@ എസ് എൻ എം എൽ പി
സ്കൂൾ, മാലയങ്കര
വിദ്യാർത്ഥികൾക്കായി വിവിധ
മത്സരങ്ങൾ, ഭാഷാവബോധന ക്ലാസ്സ്
ഏവർക്കും സ്വാഗതം



Programme No: 16

Title: Awareness class on vegetable cultivation

Organized by: Department of Economics

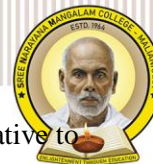
Date: 04/02/2020

No. of Participants: 60

Summary of the Programme

DEPARTMENT OF ECONOMICS
SNM COLLEGE MALIANKARA
Village Adoption Programme
Awareness class on vegetable cultivation
DATE: 04-02-2020
TIME: 10 AM to 3PM
VENUE: COLLEGE SEMINAR HALL
Resource Person : Smt. Neethu,
Agricultural Officer





On behalf of the Village Adoption programme of the Department of Economics, we took initiative to conduct an Awareness class regarding Vegetable cultivation to the Kudumbasree Ayalkoottams and for the students of SNM College on 4th February 2020 and the classes will be handled by Krishi Officer, Ms. Neethu of Vadakkekara Panchayat. The teachers and students of the department took initiative to distribute the notices of awareness class. Smt. Neethu, Krishi Officer of Vadakkekara Panchayath took part in the session. The programme was inaugurated by the Principal in Charge of the college, Dr. C M Sreejit. After the class the students, teachers and Ayalkoottams actively participated in the interactive session. The programme created awareness about different methods which can be adopted while doing vegetable cultivation. It gives knowledge about different farming methods and created interests in farming among students.

Programme No: 17

Title: Plastic free village campagin

Organized by: National Service Scheme

Date: February 2020

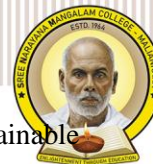
No. of Participants: 150

Summary of the Programme

The National Service Scheme (NSS) organized a Green Protocol Campus event at the Moothakunnam Temple Festival in collaboration with the Vadakkekara Gramma Panchayath.



The event saw the participation of several key individuals, including the Panchayath President and President and Secretary of HMDP Sabha Dr. Resmi V.C., as the NSS Program Officer, played a crucial role in coordinating and organizing the event. Around 500 paper bags were distributed to the temple stores as an eco-friendly alternative to plastic bags. Shopkeepers were educated about the benefits of using paper bags and their positive impact on the environment. NSS volunteers engaged in conversations with shopkeepers and temple visitors, highlighting the harmful effects of plastic pollution on the environment, wildlife, and human health. They shared information about the need to reduce plastic usage and encouraged the adoption of sustainable practices. The Cleaning Program at Sree Narayana Mangalam Moothakunnam Temple in February 2020 was a significant step forward in promoting sustainable practices, reducing plastic waste, and a collective commitment to community welfare. The outcome of a plastic-free village would be a community that has successfully eliminated



or significantly reduced the use of single-use plastic products and has implemented sustainable alternatives.

Programme No: 18

Title: Exhibition cum Sale

Organized by: Department of Chemistry

Date: 06/03/2020

No. of Participants: 26

Summary of the Programme

Department of Chemistry conducted an exhibition and sale of useful products in daily life. The programme was inaugurated by, Seena K.P, Supt SNM college Maliankara. The session started with a prayer by students, followed by cutting the ribbon. The beautiful event began with the felicitation by Dr.Rekha Parthasarathy, Assistant Professor, Dept of zoology. Students prepared chemical products like soaps, detergents, hand washes, dishwasher, floor cleaners, toilet cleaners, paper bags, cloth bags etc . Each and every product was made so carefully in the lab under 100% hygienic conditions which stands high in its quality. All teachers and non-teaching staffs bought the products made by students. They were all well accepted by everyone and were sold at reasonable prices. Students prepared chemical products like soaps, detergents, hand washes, dishwasher, floor cleaners, toilet cleaners, paper bags, cloth bags etc .



TH
JITHA Digitally signed
by T H JITHA
Date: 2023.10.03
15:48:33 +05'30'