

S.N.M. COLLEGE, MALIANKARA

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3. RESEARCH, INNOVATIONS AND EXTENSIONS

3.4. EXTENSION ACTIVITIES

3.4.3: Extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community in the academic year 2018-2019





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3.4.3: Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community in the academic year – 2018-2019

Programme No: 1

Title: Nurturing Nature Through Plant Sapling Distribution

Organized by: National Service Scheme

Date: 05/06/2018

No. of Participants: 29

Summary of the Programme

NSS unit organized a special event to distribute plant saplings to households in the villages we have adopted. This initiative was made more significant as our esteemed principal inaugurated the program by planting a sapling on our college campus. With the valuable support of the forest department, we selected a variety of plant saplings that would thrive in the local environment. These saplings were distributed to families in the adopted villages, with the intention of bringing greenery closer to their homes and promoting a sense of environmental responsibility. The simple act of planting small saplings can have a big impact on our world. We learned that taking care of plants is like taking care of our home. This event reminded us that each small effort counts, and when we work together, we can create a better environment for ourselves and future generations.





Programme No: 2

Title: Anganwadi Visit

Organized by: National Service Scheme

Date: 21/07/2018

No. of Participants: 10

Summary of the Programme

The Department of Physics organised a Angawadi visit to promote kids for extracurricular activities. The students of the Physics department make them more interactive and engage them with activities like sports, games, music etc. About 10 students interacted with them in two sessions and made the day fruitful. Creation of being a good human by adopting the behaviour of kids is the best way to maintain a quality life. The students get a chance to interact with small kids by sharing their childhood days and experience they have attained.



Programme No: 3

Title: Post-Flood Waste Collection

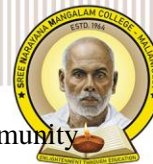
Organized by: National Service Scheme

Date: 22/08/2018

No. of Participants: 100

Summary of the Programme

The floods in Kerala during August 2018 were a tragic and unforgettable event. After the calamity, one major challenge was dealing with the waste left behind. To address this issue, the Vadakkekara Panchayat and the Health Department sought assistance from the NSS Unit. Under the guidance of the NSS Programme officers, a meeting was organized to create a plan for waste collection and disposal. All the unit members participated with great enthusiasm and committed to actively take part in the program. Despite the tough job, nearly a hundred volunteers, under the guidance of the Programme officers, collected clothes, beds, and sofa sets submerged in water and mud from the affected houses. The collected waste was brought to a central location for processing.



As a result of their dedicated efforts, the volunteer students' spirit of service within the community was elevated, and they became better equipped to handle difficult situations. Through their involvement, the volunteers gained a firsthand understanding of the various difficulties people faced during the severe flood. They realized the importance of working together as a collective and maintaining environmental cleanliness. The impact of their work was significant, as wastes were collected from approximately 400 houses in just two days. This outstanding achievement showcased the effectiveness and commitment of the NSS unit in assisting the community during times of crisis. The NSS volunteers exemplified true selflessness, leaving a positive and lasting impact on the community they served.



Programme No: 4

Title: Rebuild Kerala Assess Flood Damage

Organized by: National Service Scheme

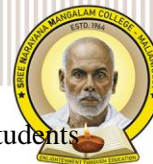
Date: 5/9/2018 & 6/9/2018

No. of Participants: 120

Summary of the Programme

The floods had caused extensive damage, making the path to recovery challenging. The NSS volunteers stepped forward to support the rebuilding process. They formed groups, each comprising three dedicated students, to gather detailed information about the damages experienced by the residents. To ensure effective organization, each group had a capable leader. These leaders stayed in regular contact with the program officer, providing updates about their group's activities and progress. In each ward, two volunteers were assigned to provide food and water to the students involved in data collection. Teamwork and coordination were essential for the initiative's success. The program officer oversaw the entire operation through a WhatsApp group. This platform served as a central hub for communication, sharing information, and offering guidance.

Students from SNM College Maliankara worked together with the Rebuild Kerala group, showing how strong teamwork is in tough times. These students gave their time and effort to help the "Re-build Kerala" plan. They really cared about people hurt by the floods, which shows how we care for our community. The teamwork was amazing. The students got information from about 3000 houses in



only two days. The help from local panchayath members was very important for the project. Students started at 9:30 AM and worked until 5 PM without stopping, to get important information. This teamwork is inspiring. It shows how strong we are when we work together. Good things happen when we care about the same goal. This project shows our community can handle tough times and make things better when we come together.



Programme No: 5

Title: Reviving Wells, Renewing Hope: NSS Volunteers' Water Purity Initiative After the Floods

Organized by: National Service Scheme

Date: 08/09/2018 & 09/09/2018

No. of Participants: 80

Summary of the Programme

The devastating floods that struck the Paravur region in August 2018 left a trail of destruction, including rendering many wells unusable due to contamination. Despite chlorination attempts, people remained apprehensive about using well water. To address this critical issue, the NSS volunteers took the initiative to collect water samples from the flood-affected houses, with the valuable support of the Kerala Pollution Control Board and Paravur Municipality. Under the able guidance of the program officers, a dedicated team of about 80 volunteers actively participated in the survey. Divided into five teams, each comprising three members, they diligently collected water from the wells in the locality over two days from 8 am to 5 pm. As there were no water testing facilities available in Paravur, the volunteers took the collected samples to the Pollution Control Board for scientific analysis. The conclusive findings reassured the community that the water had regained its purity and was safe for drinking. This reassuring information was conveyed to the people of the locality, especially to those who solely relied on well water for their drinking needs. Through this project, the NSS volunteers not only addressed the immediate concern of water purity but also gained invaluable experiences. They interacted with different people in the locality, understanding the hardships they endured during the floods. Additionally, the volunteers grasped the significance of adhering to time-oriented work schedules and the importance of drinking water for a healthy life. Moreover, the NSS Unit's involvement in the Discovery Channel's documentary titled "Kerala Flood: The Human Story" added



to their sense of pride. They showcased their humble yet impactful efforts as part of "Rebuilding Kerala" after the catastrophic floods.

The NSS water Purity Project proved to be a successful and significant step in rebuilding the lives of the flood-affected community in Paravur. A noteworthy achievement of this endeavor was the collection of water samples from over 600 houses, providing much-needed assistance to those heavily dependent on well water. The selfless dedication of the volunteers and their commitment to social service exemplify the spirit of NSS and their contribution to the welfare of society. The initiative demonstrated the importance of collective action in times of crisis, leaving a lasting impact on both the volunteers and the community they served.





Programme No: 6

Title: Communicative English class for school students as part of Extension activity

Organized by: Department of English

Date: 10/09/2018

No. of Participants: 22

Summary of the Programme

The Extension activity for the academic year 2018-19 was initiated with the objective of boosting the communication skills and creating awareness of grammar. Our target was the development of the students of rural areas (Ward 1) through improved output. To generate awareness on grammar, our students prepared and shared video lessons. Parts of speech were introduced to the students. They were able to improve their speaking skills too. Our intention is to provide them with fourfold language skills. The students actively participated in the session. They participated in the quiz activity given to them. In addition to this, an interactive session was conducted to clarify the doubts of school students. Class was very effective in building language skills among students.



Programme No: 7

Title: Muddy to Neat: NSS After-Flood Cleaning Drive

Organized by: National Service Scheme

Date: 19/09/2018

No. of Participants: 62

Summary of the Programme

When the floods came to Kerala, our NSS Unit 47 from SNM College Maliankara quickly decided to help. We knew that after floods, things can be messy and sad. So, we started cleaning houses and schools. In the houses, we removed mud and broken things. Similarly, in flood-affected schools, the volunteers cleaned table, chair, floor and sanitized the classrooms, desks, and educational materials. This allowed the educational institutions to reopen as soon as possible. Our NSS volunteers worked hard to make things clean and nice again. Our volunteers also brought smiles and hope to the people



who were feeling bad. The cleaning initiative was a big success. Our NSS volunteers did a great job in cleaning and making things better. We helped stop sickness and made home safe again. People were happy and thankful for our help. This showed that when we work together, we can make a big difference. The cleaning initiative during Kerala Floods taught us to care for others and be there when they need us.



Programme No: 8

Title: Blood Donation Camp: Sharing Life Through Giving

Organized by: National Service Scheme

Date: 17/10/2018

No. of Participants: 72

Summary of the Programme

We wanted to help people who need medical treatment by organizing a Blood Donation Camp. The NSS Team arranged this event with the motto "BLOOD DONATION IS THE BEST DONATION." We worked together with IMA (Indian Medical Association) and HDFC Bank. During the camp, Dr. Sulekha and her team made sure everyone was safe and felt okay. They helped the students who wanted to give their blood. Our Blood Donation Camp, with help from IMA and HDFC Bank, was a big success. Giving blood is a really nice way to help others. Our camp showed that when we give our blood, we give something really special to people who need it. An incredible achievement was the participation of around 72 students, who generously donated their blood during the camp.





Programme No: 9

Title: Seeds of Renewal: NSS Volunteers' Endeavors in Restoring Agricultural Lands

Organized by: National Service Scheme

Date: 17/10/2018

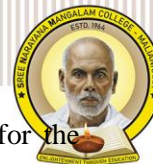
No. of Participants: 72

Summary of the Programme

After conducting a survey following the devastating floods in our locality, we discovered that numerous farmers had tragically lost their entire agricultural lands. The fields in Paravur Taluk bore the brunt of the floods, leaving destruction in their wake. In response to this dire situation, Vadakkekara Panchayat, Chittattukara Panchayath, and Vadakkekara Service Cooperative Banks reached out to us seeking help in renovating the agricultural fields. Joining hands with these organizations, we embarked on an ambitious project to revitalize the farmlands. In collaboration, we undertook tapioca farming on approximately one acre of land in Chittattukkara Gramapanchayath. Additionally, in the Vadakkekara Panchayath area, we successfully cultivated cabbage and cauliflower. Over a hundred enthusiastic NSS volunteers enthusiastically participated in this venture to reconstruct the fields. Although many of them were new to agricultural tools, their determination and perseverance were unwavering. Due to the floodwaters' withdrawal, the soil had hardened, requiring considerable effort to loosen it for cultivation.

The local community also played a crucial role, sharing their spirit, providing food, including delicious fruits like Babblus lemon, rose apple, and mangoes from their own fields, and offering valuable instructions. Divided into four groups, the entire unit worked harmoniously to restore the fields. In moments of respite, folk songs were sung collectively, rejuvenating the tired volunteers. This experience proved to be unique and invaluable, providing each participant with a profound connection to the land and agriculture. During the project, Vadakkekara Agriculture Officer, Mrs. Divya, visited the farm and imparted practical tips to the volunteers. In total, around a thousand plants were planted, and every participant gained a wealth of knowledge about farming.

The Agricultural Revival Project by NSS volunteers yielded positive outcomes that significantly impacted the lives of the flood-affected communities. By transforming the damaged land into



productive agricultural areas, the volunteers provided a source of livelihood and income for the affected families. The project's success was a testament to the commitment and dedication of the NSS volunteers and their belief in the potential for transformation through collective efforts. It will be remembered as a significant milestone in helping the flood-affected communities rebuild their lives and move towards a brighter and more sustainable future. The sense of happiness and pride was palpable amongst the volunteers, as they witnessed the fruits of their labor through the successful cultivation of vegetables. This initiative not only revitalized the farmlands but also fostered a deeper appreciation for the significance of agriculture and the hard work that goes into it. It exemplified the spirit of community service and camaraderie within the NSS unit, leaving a lasting impact on all who took part in this rewarding endeavor.



Programme No: 10

Title: Hands-On Relief: NSS Volunteers' Contribution to Rebuild Kerala

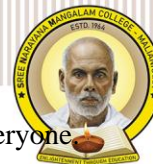
Organized by: National Service Scheme

Date: 22/12/2018 to 27/12/2018

No. of Participants: 105

Summary of the Programme

In 2018, Kerala faced a devastating flood that caused severe damage to homes in the Paravur taluk area. NSS volunteers from S.N.M. College, Maliankara, took a proactive approach and played a crucial role in the reconstruction efforts, with the main focus being the construction of nine houses for the flood-affected families. For seven days, these dedicated volunteers worked tirelessly at a camp near the affected houses, actively participating in the construction activities. Divided into ten groups, each



group contributed to building one of the nine houses, while another group prepared food for everyone showcasing exceptional teamwork and commitment. Alongside skilled laborers, the NSS volunteers actively brought stone and sand to the construction site, providing valuable assistance in the rebuilding process.

In addition to their physical contributions, the volunteers offered heartfelt emotional support to those who had suffered significant losses due to the flood. Their compassionate presence brought reassurance and hope to the affected families, leaving a lasting impact on their lives. The local community wholeheartedly supported the NSS volunteers' activities, and the sense of unity among all participants was remarkable. Throughout the camp, the atmosphere was joyful, with the volunteers singing traditional songs and performing dance steps, motivating everyone involved in the rehabilitation process. Male and female volunteers equally participated in all activities, breaking traditional norms and showcasing the strength of unity and cooperation.

As the Program Coordinator for the NSS unit at S.N.M.M. College, Maliankara, I am proud of our NSS volunteers' efforts during the 2018 flood relief. They actively participated in constructing nine houses, providing emotional support, and working alongside skilled laborers. This hands-on approach was a new experience for many volunteers, who were accustomed to spending most of their time on social media and computer games. Their dedication and teamwork brought reassurance and hope to the affected families. The community's support and recognition from local authorities further strengthened the impact of our relief work. This experience reinforced the essence of NSS in instilling social responsibility and unity among our college students, inspiring us to continue making a positive difference in the lives of others through future endeavors. The tireless efforts and dedication of the NSS volunteers received well-deserved recognition from the local authorities, including the Collector, who praised their selfless service. This acknowledgment not only validated their work but also uplifted the spirits of those involved.





Programme No: 11

Title: Celebration with Flood-Affected Families

Organized by: National Service Scheme

Date: 25/12/2018

No. of Participants: 44

Summary of the Programme

After a big flood in 2018, we wanted to bring some happiness to the families who were affected. The students from S.N.M.M. College, Maliankara, decided to organize a fun Christmas party. We made the place look pretty with decorations to make it feel like a party. We sang songs, danced, and played games to make everyone feel happy. One of the best parts was when we gave gifts to the families. We paid special attention to the elderly people and kids who needed extra help. We also shared a delicious Christmas cake and sang Christmas carols. During the celebration, it felt like we were all one big family. We laughed, talked, and had a great time together. This event helped the families forget about their problems for a little while and enjoy the happiness of Christmas.





Programme No: 12

Title: Nurturing Nature's Protectors: NSS Volunteers Planting Mangroves in Flood-Prone Regions

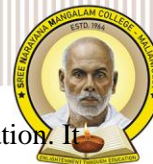
Organized by: National Service Scheme

Date: 02/02/2019

No. of Participants: 30

Summary of the Programme

Recognizing the ecological significance of mangroves in flood-prone regions, the NSS Unit 47 of SNM College Maliankara embarked on an ambitious mission to establish mangrove seedlings in the flooded area of Vadakekara Panchayath. To ensure the success of this initiative, the NSS volunteers collaborated with local environmental experts to identify suitable locations for mangrove plantation. These experts provided valuable insights into the preferred species of mangroves, appropriate planting techniques, and the ecological benefits of such initiatives. The NSS volunteers actively participated in the entire process, from collecting mangrove seedlings from nurseries to preparing the planting sites. The flooded areas were meticulously surveyed to identify the best spots for establishing the seedlings. With great care and attention, the NSS volunteers planted the mangrove seedlings in the identified areas. The plantation process was carried out in adherence to best practices to maximize the survival rate and growth potential of the seedlings. Beyond the planting activities, the NSS volunteers also engaged in awareness campaigns within the local community. They organized workshops and interactive sessions to educate the residents about the vital role of mangroves in mitigating floods, preserving biodiversity, and safeguarding coastal areas from erosion. 10. Outcome of the event/Evaluation by Program Coordinator. The Mangrove Seedling Establishment Initiative by NSS volunteers near Vadakkekara Panchayath yielded remarkable results in terms of environmental conservation and community engagement. The successful establishment of mangrove seedlings in the flooded area showcased the dedication and commitment of the NSS volunteers in protecting the environment. The mangrove plantation not only contributed to the ecological balance but also acted as a natural buffer against floods, offering protection to the surrounding areas during extreme weather events. Overall, the Mangrove Seedling Establishment Initiative by NSS volunteers in Vadakkekara



Panchayath stands as a shining example of the potential for grassroots environmental conservation. It will be remembered as a significant milestone in reviving and preserving nature in the flooded areas, nurturing a brighter and greener future for the community and its ecosystem.



Programme No: 13

Title: Supply of food materials to Govt. Hospital

Organized by: Department of Commerce

Date: 12/02/2019

No. of Participants: 11

Summary of the Programme

On 12th February 2019, Commerce department students and faculties visited Moothakunnam Govt. hospital as a part of social commitment. The group of 4 students, Head of department T S Reena, the doctor Govt. hospital Moothakunnam, nursing superintendent, Govt. hospital Moothakunnam, together conducted this visit at 10 AM. The food materials were handed-over by Theertha Joy, Assistant professor, commerce department to representatives of the hospital, the doctor, nurse etc. after that conduct an interactive session with them. 10. Outcome of the event/ Evaluation by program coordinator: Develop social commitment among the students. The students of the department could visit the hospital and interact with the physician, the nurse superintendent.



Programme No: 14

Title: A Day of Love and Laughter: NSS Visit to Orphanage

Organized by: National Service Scheme

Date: 24/02/2019

No. of Participants: 32

Summary of the Programme

On a pleasant Sunday morning, the NSS volunteers embarked on a meaningful journey to Pallippuram Little Flower Convent orphanage. The orphanage provided a loving home to fourteen girls ranging from 1st to seventh grade, who greeted us with a unique and warm welcome song, "We welcome you all." Their joy was evident as they adorned themselves in new clothes for the special occasion. Under the caring guidance of the program officers, the NSS volunteers and the children engaged in various entertaining activities. The volunteers showcased dance performances, adding an elegant touch to the cheerful atmosphere. Exciting games were organized, and candies were distributed to the delighted winners. The volunteers took the opportunity to capture cherished moments, clicking photographs of the children and the orphanage sisters, creating lasting memories of the day's events. As the clock struck one o'clock, everyone sat down together for a heartwarming meal, sharing not only food but also laughter and camaraderie. The spirit of togetherness and compassion filled the air, making the experience truly special. At three o'clock in the afternoon, it was time to bid farewell to the little ones at the orphanage. As the volunteers prepared to leave, they bid adieu with a song, expressing their gratitude for the warm reception and the memorable time spent with the children. The visit to Pallippuram Little Flower Convent orphanage left a profound impact on both the NSS volunteers and the children. It served as a reminder of the power of kindness, love, and social responsibility. The NSS initiative reinforced the value of empathy and the importance of reaching out to those in need. The visit not only brought joy to the young hearts but also instilled a sense of fulfillment and purpose in the volunteers, inspiring them to continue their journey of making a positive difference in the lives of others.



Programme No: 15

Title: Donated needful materials to autism affected children in Block Resource Development Centre

Organized by: Department of Economics

Date: 15/03/2019

No. of Participants: 10

Summary of the Programme

As a part of commemoration of Dr. Smitha T.H, former faculty of Department of Economics, on 15th March 2019, the students and teachers of the department visited Block Resource Development Centre, N Paravur. It is a centre for giving training to the autism affected children. The Association donated books, crayons, color papers, shapes, toys, flash cards etc to the BRD Centre.



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