

S.N.M COLLEGE MALIANKARA

(Affiliated to Mahatma Gandhi University, Kottayam)

- 1. Title of the program :** Anemia control and Prevention
- 2. Name of the Coordinator/s :**Dr.V.C.RESMI AND VIPIN.K.D
- 3. Organizing Department/Cell :** NSS UNIT 47
- 4. Date :**12/06/2021, 13/06/2021
- 5. Number of participants:** 68
- 6. Venue:** SNM COLLEGE MALIANKARA
- 7. Resource Person/s :** Mrs. Rosmy Vargese, Nutritionist, Department of Women and Child Development, ICDS , Mini Pretham, ICDS Officer , North Paravur
- 8. Objective of the Program :** The program aimed to educate participants on the significance of maintaining healthy hemoglobin (Hb) levels and to promote healthy eating habits and .to raise awareness about anemia and its prevention among students and volunteers.
- 9. Detailed description of the event:** SNM College NSS Unit, in partnership with the Department of Women and Child Development, successfully conducted a two-day webinar on Anemia control and prevention on June 12, 2021, and June 13, 2021. The highlight of the webinar was the online lecture delivered by Mrs. Rosmy Vargese, a distinguished nutritionist from ICDS North Paravur. Mrs. Vargese's presentation focused on the maintenance of a healthy body and a fresh mind, with a particular emphasis on the importance of maintaining hemoglobin (Hb) levels above 12. She also provided valuable insights into healthy eating habits that can help prevent anemia. The program was coordinated by Dr. Resmi V.C, the NSS Programme officer, who ensured the smooth execution of the event. ICDS Officer Mini Pretham and NSS Programme Officer Sri Vipin K.D. participated. A total of 68 NSS volunteers actively participated in the webinar, demonstrating their commitment to promoting health awareness and social well-being
- .10. Outcome of the event/Evaluation by Program Coordinator:** The webinar served as an effective platform for educating students and volunteers about anemia control and prevention.

11.Photos

You're presenting to everyone

12:08 PM | Anemia 12 - Campaign

People

Add people

IN CALL

- North Paravur (You)
- North Paravur Your presentation
- Ashjith K POLKA
- Adarsh PL
- Ashika A.L
- Ashika Premid
- Ashay A's Bsc chemistry
- Alan Aj

Roomy Varghese

Vipin Kollampara...

Dr Reemi V C

Adarsh PL

Mini Praetham

North Paravur

69 others

You

You're presenting to everyone

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സ്പ്രിംഗ്	15-49	< 12	36.5
ഗർഭിണികൾ	15-49	< 11	31.4

12:25 PM | Anemia 12 - Campaign

People

Add people

IN CALL

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Roomy Varghese

Adarsh PL

Dr Reemi V C

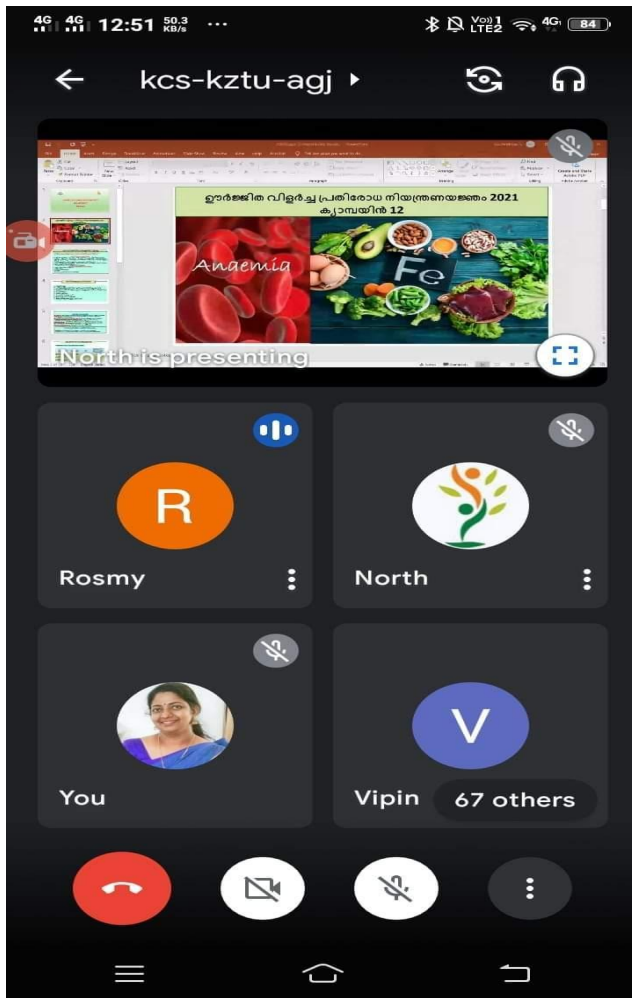
Vipin Kollampara...

Mini Praetham

North Paravur

69 others

You



List of participants

SL NO.	NAME	GENDER
1	DEVA NANDHA	FEMALE
2	KRISHNA VENI	FEMALE
3	GOKUL KRISHNA	MALE
4	AMRITA T A	FEMALE
5	DEV RAJ	MALE
6	SANDRA SUNIL	FEMALE
7	SWATHI M J	FEMALE
8	SWATHY K.L	FEMALE
9	ABHINAV SUNIL	MALE
10	PAVITHRA T C	FEMALE
11	AISWARYA UNNIKRISHNAN	FEMALE

12	LIDHIYA	FEMALE
13	NANDANA MOL	FEMALE
14	MOHAMMAD BINSHAD	MALE
15	LINDA MOL	FEMALE
16	KAVYA P V	FEMALE
17	JOYAL VIJU	MALE
18	NIKISHA SANTHOSH	FEMALE
19	LIDHIYA	FEMALE
20	DEVA PRIYA MANU	FEMALE
21	GOPIKA RAJ	FEMALE
22	ATHUL VINCENT	MALE
23	ALEENA K J	FEMALE
24	ABHISHEK SABU	MALE
25	APARNA P B	FEMALE
26	ANOOPAMA RAJEEV	FEMALE
27	ARUN K A	MALE
28	ANEETA M S	FEMALE
29	ARYAN	MALE
30	APARNA K P	FEMALE
31	ARJUNA K D	MALE
32	AMRITA S	FEMALE
33	ASWANI SIDHARTHAN	FEMALE
34	AMEEN ABDUL SALAM	MALE
35	AMRITA C J	FEMALE
36	ANJANA T S	FEMALE
37	GAYATHRI P J	FEMALE
38	ABHIRAM	MALE
39	AMRITA C A	FEMALE
40	AKSHAY A S	MALE
41	AMRITA P S	FEMALE
42	BALA GOKUL	MALE

43	GREESHMA	FEMALE
44	ASWIN P R	MALE
45	GOUTHAM P S	MALE
46	ASWANI	FEMALE
47	ATHUL A S	MALE
48	ANANYA A S	FEMALE
49	JAYALAKSHMI	FEMALE
50	JISHNU	MALE
51	Aleena KJ	Female
52	Balagokul	male
53	Greeshma	Female
54	Namitha	female
55	Suryakrishna	"
56	Abhishek Shabu	Male
57	Aparna PP	Female
58	Aswin PR	Male
59	Goutham PS	Male
60	Emmanuel	Male
61	Maneesha	Female
62	Vinayak	Male
63	Anupama Rajeev	Female
64	Arjun KA	Male
65	Aswani	Female
66	Athul AS	Male
67	Devina	Female
68	Aleena KJ	Female

15. Brochure

DEPARTMENT OF WOMEN AND CHILD DEVELOPMENT
Inviting you
WEBINAR
ON
ANEMIA CONTROL AND PREVENTION

DATE : 12/06/2021 & 13/06/2021
TIME : 12 PM TO 1 PM

KEYNOTE SPEAKER

MRS. ROSMY VARGHESE
NUTRITIONIST
ICDS, NORTH PARAVUR

IN ASSOCIATION WITH

NATIONAL SERVICE SCHEME
SREE NARAYANA MANGALAM
COLLEGE, MALIANKARA

Kindly join on Google Meet

ORGANISED BY : ICDS NORTH PARAVOOR
DEPARTMENT OF WOMEN AND CHILD DEVELOPMENT