

S.N.M COLLEGE MALIANKARA

(Affiliated to Mahatma Gandhi University, Kottayam)

1. Title of the program : Covid résilience programme on ‘The StoryTeller’ Live Programme

2. Name of the Coordinator: Ms. Saipriya Sudarsan

3. Organizing Cell: Youth Red Cross Society

4. Date : July 3rd, 2021

5. Number of participants: 10

6. Venue: Online (Google meet)

7. Resource Person : Nil

8. Objective of the Program : Addressing the importance of resilience among the staff and students during the pandemic time by offering mental health programmes, and stress management techniques.

9. Detailed description of the event:

The Red Cross Society organised various Lockdown competitions in June, 2021. We are the Red Cross Volunteers of SNM College, Maliankara took initiative to organize a LIVE programme called ‘The StoryTeller’ competition to make the staff and students more engaged, creative and artistic during this Covid-19 lockdown period. As all are currently under the lockdown and during this pandemic doesn't mean that all have to stop engaging ourselves in creative activities. The aim of these programmes is to make the staff and students more productive and resilient to any situation. The Coordinator Ms. Saipriya Sudarsan interacted with the winners and other students. All the viewers and participants get to know each other and they are able to know how productively each one is spending their Covid lockdown period.

10. Evaluation by Program Coordinator:

The programme “The StoryTeller” was organized by the Red Cross Society and the Department of Economics on July 3rd, 2021. All the 8 participants actively participated in the programme. The programme was anchored and coordinated by Ms. Saipriya Sudarsan, Red

Cross Coordinator and judged by Ms. Rohini Salim, SNM Faculty and monitored by the Red Cross volunteers.

The weekend lockdown competitions are conducted in order to interact freely and to know each other. The students and teachers are able to know how productively each one is going through their lockdown during the Covid pandemic situation. Resilience is the ability to 'bounce back'. It is adapting to hardships and setbacks in life.


Winners of weekend LIVE competition- The Storyteller

First prize: Megha K U- II [B.Com](#) Tax (Regular)

Second prize: Aparna Thejus- I Mcom

Third prize: Saranya N S- I BA Malayalam


11. Brochure


SNM COLLEGE, MALIANKARA
 RED CROSS SOCIETY
 &
 DEPARTMENT OF ECONOMICS

LIVE
 lockdown competitions

The Story Teller







July 3, 2021
 AT 4:45 PM GOOGLE MEET



Unlock
Your
Talents

on every weekends

For more details contact:
 Red Cross Co-ordinator
 Saipriya Sudarsan 8136969711

12. List of participants

Sl No	Name	Department	Mode
1	Abhirami Revi	II Bsc mathematics	Online
2	Shahi Mohammed	B Com OM SP	Online
3	Aparna Thejus	I MCom	Online
4	Saranya N S	1 yr BA Malayalam	Online
5	Aiswarya k r	1 b com om&sp	Online
6	Megha K U	B.com Finance and Taxation (Regular)	Online

7	Namitha GS	II Bsc Mathematics.	Online
8	APARNA K P	II Bsc Physics	Online
9	Rohini V Salim	Teacher	Online
10	Saipriya Sudarsan	Teacher Coordinator	Online