

1. Title of the program: SEVEN DAY CAMP

2. Name of the Coordinator/s: SUNIL KUMAR & Dr. V C RESMI

3. Organizing Department/Cell: NSS Unit No 47

4. Date: 20/10/2019-26/10/2019

5. Number of participants: 99

6. Venue: SNM PUBLIC SCHOOL

7. Resource Person/s: Nil

- **8. Objective of the Program :** The objective of NSS special camps is to engage students in various community service activities. NSS special camps offer opportunities for skill development and capacity-building among students.
- 9. Detailed description of the event:

#### DAY 1

## 21/12/2019 - Saturday

On the first day of camp, NSS volunters visited Prof. Rameshan's farm, where they gained first hand knowledge about agricultural activities and scientific methods of farming. Prof. Rameshan, an experienced farmer, introduced them to the concept of low-cost, labor-intensive farming, with a specific focus on organic farming. This practical experience laid the foundation for the students to later engage in farming activities within their college campus, with the aim of creating a sustainable vegetable farm.

# DAY 2

## 22/12 / 2019- Sunday

The second day of the NSS program brought together hundreds of enthusiastic volunteers who dedicated their time and efforts to various community service activities. The day started with a Proclamation Rally to the adopted village, during which volunteers carried placards and raised awareness about crucial social issues. Following the rally, they divided into groups and actively participated in agricultural work within the college premises.

# DAY 3

# 23/12 / 2019- Monday

The third day of the NSS camp brought together a group of volunteers who undertaken the challenge of overgrown vegetation posing a significant challenge for nighttime travellers on the Moothakunnam to Manibasar road. Under the guidance of Krishnakumar, the 1st ward member, students initiated a cleanup operation to improve night travel safety. Equipped with tools, gloves, and determination, they began the task of clearing the overgrown vegetation on both sides of the road. The collective effort of the volunteers resulted in a safer and more accessible road, benefiting the local community. In collaboration with Vadakkekara Krishibhavan, NSS volunteers undertook the task of distributing vegetable samples to households in the adopted villages. The distributed vegetable samples included ladies' fingers, brinjals, green chilies, and tomatoes. The day was further enriched by an engaging Personality Development class conducted by Shivasree, a renowned Motivational Trainer. The session focused on enhancing various aspects of personal development, including communication skills, confidence building, leadership qualities, and goal setting. Shivasree's interactive and inspiring teaching style left a lasting impact on the volunteers, equipping them with valuable life skills.

### DAY 4

24/12 / 2019- TuesdayOn the fourth day of the camp, a significant initiative was undertaken to establish a palliative care unit at SNM College, Maliankara. This endeavour, carried out in collaboration with the Moothakunnam Community Health Centre, aimed to cultivate a sense of hospitality and compassion in the minds of the students. The inauguration of the unit was a momentous occasion, with Dr. CM Sreejith, the Principal of SNM College, officiating the ceremony. Program Officer C.P. Sunil Kumar addressed the palliative care trainees, and the class was led by Smt. Lino and Smt. Liji.

### 10.Outcome of the event/evaluation by program coordinator:

The Special Camp proved to be a transformative experience for all participants. Over the course of the camp, volunters engaged in a wide range of activities and workshops designed to promote personal growth, skill development, and community connection.

### 11. Photos









# 12.Brochure

