



# S.N.M COLLEGE MALIANKARA

(Affiliated to Mahatma Gandhi University, Kottayam)

**1. Title of the program :** Resilient Rhythms Inter-departmental Cultural Covid Resilience programme

**2. Name of the Coordinator:** Ms. Saipriya Sudarsan

**3. Organizing Cell:** Youth Red Cross Society

**4. Date :** December 1st & 3rd, 2021

**5. Number of participants:** The participants include all the students of the college

**6. Venue:** College Auditorium

**7. Resource Person :** Nil

**8. Objective of the Program :** Addressing the importance of resilience among the staff and students during the pandemic time by offering various cultural programmes, and thereby ensuring mental wellbeing.

**9. Detailed description of the event:**

The Red Cross society and the NSS unit and NCC unit coordinated the programme 'Resilient Rhythms' on December 1st and 3rd, 2021. The programme was inaugurated by Dr.Jitha T H, Principal of SNM College, Maliankara. The programme was conducted in the College Auditorium at 9:30 am. It was an inter-departmental cultural programme conducted during the covid period.

**10. Evaluation by Program Coordinator:**

The volunteers of Red Cross Society NCC and NSS of SNM College, Maliankara actively organized 'Resilient Rhythms' on December 1st and 3rd, 2021. The programme was inaugurated by Dr.Jitha T H, Principal of SNM College, Maliankara. The programme was conducted in the College Auditorium at 9:30 am. It was an inter-departmental cultural programme conducted during the covid period.

The Department of Economics and Malayalam bagged First prize for this inter-departmental programme. The department of Chemistry and B.com OM & SP bagged the second prize.

The link of the various programmes is given below:

<https://www.facebook.com/100054318520838/videos/pcb.407456271074987/886949288859015>

<https://www.facebook.com/100054318520838/videos/pcb.407456271074987/613927249857484>

<https://www.facebook.com/100054318520838/videos/pcb.407456271074987/437337127992294>

<https://www.facebook.com/100054318520838/videos/pcb.407456271074987/613658799949238>

<https://www.facebook.com/100054318520838/videos/pcb.407456271074987/483320226494814>

<https://www.facebook.com/100054318520838/videos/pcb.407456271074987/418520883285969>

<https://www.facebook.com/100054318520838/videos/pcb.407456271074987/2687291231566576>

<https://www.facebook.com/100054318520838/videos/pcb.407456271074987/312739947373245>

<https://www.facebook.com/100054318520838/videos/pcb.407456271074987/472664870864266>

<https://www.facebook.com/100054318520838/videos/pcb.407456271074987/629303858205622>

<https://www.facebook.com/100054318520838/videos/pcb.407456271074987/656019092419693>

<https://www.facebook.com/photo/?fbid=408661400954474&set=pcb.407456271074987>

#### 11. Photos and Brochure













