



S.N.M COLLEGE MALIANKARA

(Affiliated to Mahatma Gandhi University, Kottayam)

- 1. Title of the program : Public speaking**
- 2. Name of the Coordinator/s : Sreejamol P.R.**
- 3. Organizing Department/Cell : SCHOLAR SUPPORT PROGRAMME**
(Kerala Govt.)
- 4. Date : 12/11/2018**
- 5. Number of participants: 11**
- 6. Venue: Seminar Hall, SNM College, Maliankara**
- 7. Resource Person/s : Mr.Sivasree M.S.**
- 8. Objective of the Program :**

The objective of the External Mentoring on Life Skills program was to empower students with essential life skills through dialogic and interactive sessions. The program aimed to actively engage students, enabling them to comfortably interact with the Resource Person and participate in discussions without hesitation. Through sessions focused on topics like Defining Strength, Language Practice, Public Speaking, and Appropriate Contextual Language Use, the program sought to equip students with practical skills that promote effective communication, self-confidence, and appropriate language use in various contexts, contributing to their personal and professional growth.

9. Detailed description of the event:

Mr. Sivasree M.S. delivered a wonderful session on Public speaking skills on November 12, 2018, from 9:30 AM to 4:30 PM. The sessions were characterized by their dialogic nature, fostering open discussions and active participation from the students. Mr. Sivasree's engaging approach enabled students to interact with him confidently and without hesitation, creating a dynamic learning environment.

The mentoring sessions covered a range of valuable topics, with each day focusing on specific aspects of personal and professional development. The overarching aim was to equip the students with essential life skills that would contribute to their holistic growth. On the day, the emphasis was on "Defining Strength." Through interactive discussions and activities, students were encouraged to introspect and identify their individual strengths and unique qualities. This exercise not only helped them recognize their potential but also laid the foundation for self-awareness and self-confidence.

The subsequent topic of "Public Speaking" aimed to enhance students' public speaking abilities. Through hands-on activities, students learned strategies to overcome stage fright and present their thoughts articulately. Mr. Sivasree's guidance and practical tips allowed them to develop confidence and poise when addressing an audience.

Lastly, the focus turned to "Appropriate and Contextual Use of Language." This segment aimed to instill a nuanced understanding of language usage in different situations. Students learned to tailor their language to various contexts, ensuring effective communication and fostering better connections in both personal and professional interactions. Throughout the mentoring sessions, Mr. Sivasree's facilitation skills played a pivotal role in creating an engaging and enriching experience. By encouraging open discussions and active participation, he created a platform for students to share their thoughts, ideas, and concerns, fostering a collaborative learning environment.

As a result of these sessions, students not only acquired practical life skills but also developed a sense of empowerment and confidence in their abilities. The dialogic approach allowed them to voice their opinions and engage in meaningful conversations, thereby enhancing their critical thinking and communication capabilities. In conclusion, the external mentoring program led by Mr. Sivasree M.S. on November 12, 2018, marked a significant step toward equipping students with essential life skills. The dialogic sessions, focused on topics such as defining strengths, language practice, public speaking, and appropriate contextual language use, enabled students to actively participate, interact confidently, and gain practical insights that would contribute to their personal and professional growth.

10. **Outcome of the event/Evaluation by Program Coordinator:**

The outcomes of these sessions were multi-fold. Students left the program with increased self-confidence, refined communication skills, and the ability to effectively express themselves in various situations. The dialogic nature of the sessions not only allowed them to engage in meaningful conversations but also facilitated the exchange of diverse ideas and perspectives among peers

