



**S.N.M COLLEGE MALIANKARA**  
**(Affiliated to Mahatma Gandhi University,**  
**Kottayam)**

- 1. Title of the program : Learning Skill Development**
- 2. Name of the Coordinator/s : Sreejamol P.R.**
- 3. Organizing Department/Cell : SCHOLAR SUPPORT PROGRAMME(Kerala Govt.)**
- 4. Date : 02-02-2019**
- 5. Number of participants: 23**
- 6. Venue: Seminar Hall, SNM College, Maliankara**
- 7. Resource Person/s : Dr. Seeja K.R. , Assistant Professor, SNM Training College, Moothakunnam**
- 8. Objective of the Program :**

The objective of the program on Learning Skills was to provide external mentoring to the SSP students, enhancing their understanding and proficiency in learning techniques. The program aimed to equip students with strategies to effectively overcome learning challenges through an interactive and activity-oriented approach, fostering their engagement and comprehension in the subject.

**9. Detailed description of the event:**

The Learning Skill program conducted on February 2, 2019, from 9:30 AM to 1:30 PM, was an external mentoring session organized for the SSP (Student Support Program) students. The session aimed to equip these students with valuable insights and techniques to enhance their learning skills.

The class was led by Dr. Seeja K.R., an accomplished Assistant Professor from SNM Training College, Moothakunnam, renowned for her expertise in the field of Education and Educational Psychology. With a Ph.D. in Education, Dr. Seeja brought a wealth of knowledge and experience to the session.

The program was designed to address the challenges that students often encounter in their learning journeys. Through her comprehensive understanding of Educational Psychology, Dr. Seeja guided the students on how to overcome these difficulties effectively. Her in-depth knowledge allowed her to tailor the session to the specific needs of the SSP students, ensuring that the content was relevant and impactful.

What set this program apart was its interactive and activity-oriented approach. Rather than a traditional lecture format, the session engaged students through various activities, discussions, and hands-on exercises. This approach not only kept the students attentive and involved but also provided them with practical experience in applying the learning techniques being taught.

Throughout the session, there was a palpable sense of interest and enthusiasm among the students. Dr. Seeja's engaging teaching style and her ability to connect with the students fostered a positive learning environment. The interactive discussions facilitated meaningful exchanges of ideas and insights between Dr. Seeja and the students, allowing for a deeper understanding of the concepts being covered.

By the end of the program, the students had gained valuable information and strategies to overcome the challenges they face in their learning endeavors. They left the session not only with a newfound awareness of their learning strengths and weaknesses but also armed with effective tools to tackle any obstacles they might encounter in their academic journeys. In conclusion, the Learning Skill program conducted by Dr. Seeja K.R. was a highly successful external mentoring event that provided SSP students with practical guidance on enhancing their learning skills. Through an activity-oriented and interactive approach, Dr. Seeja imparted her expertise and knowledge in Educational Psychology, equipping the students with the tools they need to excel in their studies and overcome learning challenges.

#### 10. **Outcome of the event/Evaluation by Program Coordinator:**

The outcomes of this event are expected to manifest in improved academic performance and enhanced self-directed learning among the SSP students. The knowledge and strategies gained from Dr. Seeja's session are likely to positively impact their future educational endeavors by enabling them to approach learning with greater efficiency, resilience, and a growth mindset.

