



# S.N.M COLLEGE MALIANKARA

(Affiliated to Mahatma Gandhi University, Kottayam)

- 1. Title of the program :** Covid resilience programme on 'Guess the Movie' Live Programme
- 2. Name of the Coordinator:** Ms. Saipriya Sudarsan
- 3. Organizing Cell:** Youth Red Cross Society
- 4. Date :** June 19th, 2019
- 5. Number of participants:** 108
- 6. Venue:** Online (Google meet)
- 7. Resource Person :** Nil
- 8. Objective of the Program :** Addressing the psychological effects of the pandemic by offering mental health programmes, and stress management techniques.

**9. Detailed description of the event:**

The Red Cross society and the Department of Economics organised a LIVE programme called GUESS THE MOVIE on June 19th, 2021. The competition was conducted through Google meet. The programme was anchored and monitored by Ms. Saipriya Sudarsan, Red Cross Co-ordinator, Assistant Professor, Department of Economics, SNM College, Maliankara. Covid-19 brings lots of stress, depression and anxiety among all the students and teachers. The programme is intended to give the message of Resilience during Covid-19 among students and teachers. Before beginning the programme we give a few points to all the participants and viewers on how to develop resilience. Through this programme we aim to inculcate more creativeness and mindfulness among students and teachers.

**10. Evaluation by Program Coordinator:** The programme was well structured and conducted by the Red Cross volunteers.

First prize: Ragendh KK - III B Com CA.

Second prize: Saranya N.S - I BA Malayalam

Third prize shared by 6 students.

Sreegovind - I BA Economics.

Sandra Murukan - B.com Tax (regular).

Megha KU - B Com Finance and taxation (regular).

Aparna Manoj - III Bsc Botany.

Sangeetha - III Bsc Botany.

Rahul N - I Bsc Physics.

#### 11. Brochure & Photos

**SNM COLLEGE, MALIANKARA**  
**RED CROSS SOCIETY &  
DEPARTMENT OF ECONOMICS**

**Lockdown  
competitions**  
LIVE PROGRAMME

**GUESS THE MOVIE**

**JUNE 2021  
19**

**Unlock  
Your  
Talents**  
On every Weekends

TIME: 4:45 pm GOOGLE MEET  
For more details contact: Saipriya Sudarsan 8136969711

## 12. List of participants

Sl No	Name	Department	Mode
1	Anagha pj	Bba 1year	Online
2	SARATH CS	1st year BSc maths	Online
3	Parvathy C V	Ist year Bsc.Physics	Online
4	SARANYA NS	1 BA Malayalam	Online
5	Keerthana C G	1st year BSC PHYSICS	Online
6	Anupama k u	111 Bcom CA 2	Online
7	Prabin Biju /	1yr BBA	Online
8	Asapriya V B	II Bsc Maths	Online
9	Aswin cp	1st year Bcom finance and tax (self)	Online
10	ROHINI V SALIM	COMMERCE SF	Online
11	KRISHNAPRIYA PK	Ist year Bsc Mathematics	Online
12	Sethna Sanil	B A Economics , first year	Online
13	ANUPAMA RAJEEV	I BA Economics	Online
14	Drishya Mohan	2nd year Bcom f &T self	Online
15	Disha K.S	2nd year Bcom. F&T ,(self)	Online
16	Sreejitha K S	B. Com finance&Taxation II	Online
17	Resmi Dileep (Teacher)	Commerce (SF)	Online

18	Afthab ali e a	Bba	Online
19	Fazil Nazar	1 b. Com ca	Online
20	Drishya Mohan	1st year Bcom F&T self	Online
21	ADITHYA.K.P	1st year BA W	Online
22	Greeshma V.G	2 M A ECONOMICS	Online
23	Disha K. S	Bcom F&T ( self)	Online
24	Thanuja Anil	3rd B.com finance and taxation (regular)	Online
25	Aryadas c s	1yr Bsc Maths	Online
26	Amritha K.R	1BA Economics	Online
27	Ragendh kk	B.com ca2 3rd year	Online
28	Megha K U	II B.Com Finance and Taxation (Regular)	Online
29	Sneha Shibu	1rst yr bsc maths	Online
30	Krishnaveni A S	1st year B.com tax self	Online
31	Akshay k s	1 BBA	Online
32	Sidharth biju	I Bsc physics	Online
33	Sandra Raju	Bsc Maths First Year	Online
34	Sreelakshmi hari	3 rd ba malayalam	Online
35	Benita vj	I BSc chemistry	Online
36	Arya P.R	II BSC Physics	Online

37	Harikrishnan K	I Msc Maths	Online
38	SREEGOVIND V. S	1 BA ECCONOMICS	Online
39	Rasika Raj C.R	Bsc botany,1 st year	Online
40	Ardhana vj	I BSC Zoology	Online
41	Anagha AS	Bsc botany first year	Online
42	Arya T P	I BBA	Online
43	Rahul n m	1 Bsc physics	Online
44	Anjana Sanilkumar	1B.com finance and taxation (sf)	Online
45	Anjana Sanilkumar	1B.com finance and taxation (sf)	Online
46	Rakhi N R	B.com tax regular	Online
47	ABHAY. M.P	First year bsc physics	Online
48	Sandra murukan	1st b.com tax regular	Online
49	Anjali k unnikrishnan	Bcom regular 3	Online
50	AKHIL P A	First year BSC physics	Online
51	Arya Ajithan	1 st MSc physics	Online
52	Revathi Murali	III Bcom Tax( Model 1)	Online
53	Minimol Tomy	II MSC ZOOLOGY	Online
54	Anjaly M S	1Bcom om &sp	Online
55	ARJUNA K B	1BSc PHYSICS	Online

56	Keerthy raj tr	1bcom om and sp	Online
57	STENI D SILVA	3rd B.Sc Botany	Online
58	Geethu.Gopi	1 st MA Malayalam	Online
59	Anjali TA	1st msc Physics	Online
60	Aswani T A	I MA MALAYALAM	Online
61	Teacher- Dr.Simi M S	Department of Botany	Online
62	SREELAKSHMI PS	Bsc Botany	Online
63	SAMEENA C A	1 Bsc Botany	Online
64	Aparna CL	I BA ECONOMICS	Online
65	Sandra A S	III BSC Botany	Online
66	Nirmal Jayaram	BA Economics	Online
67	Sereeta Meenu	1st year Bsc physics	Online
68	Sangeetha o s	Botany	Online
69	Abhirami VA	III B.COM TAX(Regular)	Online
70	Hareeshma jayan	Botany	Online
71	Athira Kunjappan	Bsc botany	Online
72	ANJITHA A D	I MSc PHYSICS	Online
73	Apna mol	Bsc. Botany	Online
74	Jianna K Johnson	Msc physics	Online
75	AISWARYA M.J	3rd year Botany	Online

76	Hareeshma jayan	II Bsc botany	Online
77	Devika P G	I MSc Physics	Online
78	Aparna P.A	2nd B.com finance and taxation (SF)	Online
79	Nasrin Noushad	Bcom finance and taxation	Online
80	Manju .o. m	3rd year Bsc Botany	Online
81	Asif rasal kn	I Bsc physics	Online
82	Niranjana c .p	II B.sc Botany	Online
83	Aparna.M.M	2nd Bsc. Botany	Online
84	Krishnendu.C.H	2nd BSC Botany	Online
85	Sivadha P Rajeev	2nd Bsc. Botany	Online
86	Gokul krishna mg	Bcom Finance & Taxation (sf)	Online
87	Dheeraj C N	2 Bsc physics	Online
88	Lavannya Laxmi	1st year Bsc mathematics	Online
89	YADHUKRISHNA M B	I BBA	Online
90	Sreelakshmi ps	III Bsc Botany	Online
91	AJESHKRISHNA MS	II Bcom. CA2	Online
92	AJESHKRISHNA MS	II Bcom. CA2	Online
93	Anoushka T S	1 M A Malayalam	Online
94	INDRAJITH VP	II Bsc chemistry	Online

95	Sandra A S	II BSC Botany	Online
96	Niranjana c.p	III B.sc Botany	Online
97	AISWARYA M.J	2year botany	Online
98	Ancy Aniyan	2 nd MA malayalam	Online
99	Anakha K V	1 Bcom OM & SP	Online
100	athira Kunjappan	III Bsc botany	Online
101	Hareeshma jayan	III bsc botany	Online
102	Vighnesh Rao H	1st year BSc Physics	Online
103	Sruthy Krishna PS	Sruthy Krishna PS	Online
104	Sandra Mariya	III BSC BOTANY	Online
105	Sarath K M	Bcom CA	Online
106	Krishnapriya Ajith	I Bsc Botany	Online
107	ARYAPS	2nd BA economics	Online
108	Asheera.K.A	3rd DC Botany	Online