



S.N.M COLLEGE MALIANKARA

(Affiliated to Mahatma Gandhi University, Kottayam)

1. Title of the program : Covid resilience programme on ‘Guess the Music, Fusion Music, Fusion Dance competition’ Live Programme

2. Name of the Coordinator: Ms. Saipriya Sudarsan

3. Organizing Cell: Youth Red Cross Society

4. Date : June 14th, 2021

5. Number of participants: 126

6. Venue: Online (Google meet)

7. Resource Person : Nil

8. Objective of the Program : Addressing the importance of resilience among the staff and students during the pandemic time by offering mental health programmes, and stress management techniques.

9. Detailed description of the event:

The Red Cross Society organised various Lockdown competitions in June, 2021. We are the Red Cross Volunteers of SNM College, Maliankara took initiative to organize a LIVE programme called Guess the Music and fusion Music and Dance LIVE competition to make the staff and students more engaged, creative and artistic during this Covid-19 lockdown period. As all are currently under the lockdown and during this pandemic doesn't mean that all have to stop engaging ourselves in creative activities. The aim of these programmes is to make the staff and students more productive and resilient to any situation. The Coordinator Ms. Saipriya Sudarsan interacted with the winners and other students. All the viewers and participants get to know each other and they are able to know how productively each one is spending their Covid lockdown period.

10. Evaluation by Program Coordinator:

Resilience is the ability to 'bounce back'. It is adapting to hardships and setbacks in life. By conducting these live programmes both staff and students can relieve their stress level. It gave them a platform to exhibit their talents and can enjoy during this pandemic time. The programme was well structured and conducted by the Red Cross volunteers with 126 participants. The Red Cross Society organised various Lockdown competitions in June, 2021. We are the Red Cross Volunteers of SNM College, Maliankara taking initiative to organize various competitions like Fusion music and Fusion Dance competitions and a LIVE programme called Guess the Music competition to make each one of you more engaged, creative and artistic during this Covid-19 lockdown period. Just because we are all

currently under lockdown during this pandemic doesn't mean that we all have to stop engaging ourselves in creative activities. During this period, be more productive and resilient to any situation.

Winners of lockdown competitions.

Fusion music: First prize- Abhirami Revi- I Bsc Mathematics

Fusion Dance: First prize- Saranya - I BA Malayalam

Second prize: Arya P S- II BA Economics.

Fusion Instrumental: Balagokul- I BA Malayalam

Guess the Music Live competition winners

First prize: Nandana Anil, I Bcom Tax

Second prize: Sereeta Meenu, I Bsc Physics

Third prize shared by 5 students:

Krishnapriya P K- I Bsc Maths

Selin Sneha- I Bsc Maths,

Megha K U- II B.com Finance and Taxation,

Merine Jolly- I Bcom Finance and Taxation,

Aarcha Prasannan- I BA Malayalam.

The registration link to various competitions of the Red Cross Society.

<https://forms.gle/6h8TYtJDKnssxZqs7>

11. Brochure



SNM COLLEGE, MALIANKARA
RED CROSS SOCIETY

lockdown competitions

Fusion Music Singing competition
Fusion Instrumental Music Competition
Fusion Dance Competition
Guess the Song - Live Competition

LAST DATE: JUNE 14, 2021 -7PM @ SNMC VIRTAL CAMPUS



MORE DETAILS
CONTACT : SAIPRIYA SUDARSAN (8136969711)
RED CROSS COORDINATOR

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12. List of participants

SI No	Name	Department	Mode
1	Abhirami Revi	II Bsc mathematics	Online
2	Shahi Mohammed	B Com OM SP	Online
3	Anagha pj	BBA 1 st year	Online
4	Saranya n s	1 yr BA Malayalam	Online
5	Aiswarya k r	1 b com om&sp	Online
6	Megha K U	B.com Finance and Taxation (Regular)	Online
7	Anjali k unnikrishnan	3 Bcom	Online
8	APARNA K P	II Bsc Physics	Online
9	ARYAPS	2BA Economics	Online
10	Saipriya Sudarsan	Teacher Coordinator	Online
11	Namitha GS	II Bsc Mathematics.	Online
12	Sneha Sajilkumar	I Bsc Mathematics	Online
13	Drishya ks	2nd BA ECONOMICS	Online
14	Divya Mani	Commerce Department	Online
15	Aarcha Prasannan	BA malayalam	Online
16	AJESHKRISHNA MS	II Bcom. CA2	Online
17	Ayana Binu	I B.com CA	Online
18	Amrutha CA	1st year BSC maths	Online
19	Anagha AS	Bsc botany 1year	Online
20	Aiswarya Unnikrishnan	1st yr Bsc botany	Online
21	Sameena.C.A	I Bsc Botany	Online
22	Namitha G S	II Bsc Mathematics	Online
23	Rohini V Salim	Commerce Department	Online
24	Rasika Raj C.R	Bsc.Botany .first year.	Online

25	SNEHA SHIBU	1 BSC MATHS	Online
26	Devika M S	Bsc maths	Online
27	KRISHNAPRIYA PK	Ist year Bsc Mathematics	Online
28	Sandra Raju	Bsc Maths First Year	Online
29	Aryadas c s	I BSC Mathematics	Online
30	ADITHYA.K.P	BA Economics 1st year	Online
31	Fazil Nazar	1 b. Com ca	Online
32	Fazil Nazar	1 b. Com ca	Online
33	Veena Saji	II MSc Zoology	Online
34	Keerthana C G	BSC PHYSICS 2nd year	Online
35	Sethuparvathy	3rd BA Economics	Online
36	ARYA M S	1 MSc PHYSICS	Online
37	Abhirami M R	1 st Msc Mathematics	Online
38	Anjali k unnikrishnan	Bcom tax regular	Online
39	Sereeta Meenu	Bsc physics	Online
40	Divya C R	1 MSc physics	Online
41	Merine jolly	2nd b.com finance and tax	Online
42	Radhika Anilkumar	Msc Botany	Online
43	Jianna K Johnson	Msc physics	Online
44	Amrutha koova	I msc botany	Online
45	Nandana Anil	Bcom tax regular	Online
46	Sandra murukan	B com tax regular 1 st year	Online
47	Nandana Anil	Bcom tax regular 2 nd year	Online
48	Chinnu A H	III B.Sc Maths	Online
49	Anamika e a	Ist yr zoology	Online
50	Mariya Tonat	Bcom finance and tax	Online

51	Sreedevi ch	Bcom finance	Online
52	Arya Raju K.R	Bsc.Botany2nd year	Online
53	Anjusha PJ	II B.COM Finance &Taxation Regular	Online
54	Anitta	Bcom. Tax regular	Online
55	Nandanamol p. p	Bsc Botany. 1st	Online
56	Anamika e a	Ist yr zoology	Online
57	Aiswarya k r	1 bcom om& sp	Online
58	Rakhi	B.com tax regular	Online
59	ARYAPS	Economics	Online
60	Drishya ks	Economics	Online
61	P S Devika	1st bcom Tax regular	Online
62	Sruthy Krishna PS	1Bsc Mathematics	Online
63	Priyanga M R	1st year Bsc zoology	Online
64	Abhirami Revi	II Bsc mthematics	Online
65	Balagokul O B	B A Malayalam 1 year	Fusion Music
66	Anagha pj	BBA 1 st year	Online
67	Saranya n s	1 yr BA malayalam	Online
68	Aiswarya k r	1 b com om&sp	Online
69	Megha K U	B.com Finance and Taxation (Regular)	Online
70	Anjali k unnikrishnan	3 bcom	Online
71	APARNA K P	II Bsc Physics	Online
72	ARYAPS	2BA Economics	Online
73	Balagokul O B	B A Malayalam 1 year	Guess the Music
74	Namitha GS	II Bsc Mathematics.	Online
75	Sneha Sajilkumar	Bsc Mathematics	Online
76	Drishya ks	2nd BA ECONOMICS	Online

77	Balagokul O B	B A Malayalam 1 year	Fusion Instrumental
78	Aarcha Prasannan	BA malayalam	Online
79	AJESHKRISHNA MS	II Bcom. CA2	Online
80	Ayana Binu	I B.com CA	Online
81	Amrutha CA	1st year BSC maths	Online
82	Anagha AS	Bsc botany 1year	Online
83	Aiswarya Unnikrishnan	1st yr Bsc botany	Online
84	Sameena.C.A	I Bsc Botany	Online
85	Namitha G S	II Bsc Mathematics	Online
86	Namitha G S	II Bsc Mathematics	Online
87	Rasika Raj C.R	Bsc.Botany .first year.	Online
88	SNEHA SHIBU	1 BSC MATHS	Online
89	Devika M S	Bsc maths	Online
90	KRISHNAPRIYA PK	Ist year Bsc Mathematics	Online
91	Sandra Raju	Bsc Maths First Year	Online
92	Aryadas c s	I BSC Mathematics	Online
93	ADITHYA.K.P	BA Economics 1st year	Online
94	Fazil Nazar	1 b. Com ca	Online
95	Fazil Nazar	1 b. Com ca	Online
96	Veena Saji	II MSc Zoology	Online
97	Keerthana C G	BSC PHYSICS 2nd year	Online
98	Sethuparvathy	3rd BA Economics	Online
99	ARYA M S	1 MSc PHYSICS	Online
100	Abhirami M R	1 st Msc Mathematics	Online
101	Anjali k unnikrishnan	Bcom tax regular	Online
102	Sereeta Meenu	Bsc physics	Online

103	Divya C R	1 MSc physics	Online
104	Merine jolly	2nd b.com finance and tax	Online
105	Radhika Anilkumar	Msc Botany	Online
106	Jianna K Johnson	Msc physics	Online
107	Amrutha koova	I msc botany	Online
108	Nandana Anil	Bcom tax regular	Online
109	Sandra murukan	B com tax regular 1 st year	Online
110	Nandana Anil	Bcom tax regular 2 nd year	Online
111	Chinnu A H	B.Sc Maths	Online
112	Anamika e a	Ist yr zoology	Online
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119	Anamika e a	Ist yr zoology	Online
120	Aiswarya k r	1 bcom om& sp	Online
121	Rakhi	B.com tax regular	Online
122	ARYAPS	Economics	Online
123	Drishya ks	Economics	Online
124	P S Devika	1st bcom Tax regular	Online
125	Sruthy Krishna PS	1Bsc Mathematics	Online
126	Priyanga M R	1st year Bsc zoology	Online