

S.N.M COLLEGE MALIANKARA

(Affiliated to Mahatma Gandhi University, Kottayam)

1. Title of the program : Covid resilience programme on ‘Funny Question’ Live Programme

2. Name of the Coordinator: Ms. Saipriya Sudarsan

3. Organizing Cell: Youth Red Cross Society

4. Date : July 10th, 2021

5. Number of participants: 14

6. Venue: Online (Google meet)

7. Resource Person : Nil

8. Objective of the Program : Addressing the importance of resilience among the staff and students during the pandemic time by offering mental health programmes, and stress management techniques.

9. Detailed description of the event:

The Red Cross Society organised various Lockdown competitions in June, 2021. We are the Red Cross Volunteers of SNM College, Maliankara took initiative to organize a LIVE programme called ‘Funny Question’ competition to make the staff and students more engaged, creative and artistic during this Covid-19 lockdown period. As all are currently under the lockdown and during this pandemic doesn't mean that all have to stop engaging ourselves in creative activities. The aim of these programmes is to make the staff and students more productive and resilient to any situation. The Coordinator Ms. Saipriya Sudarsan interacted with the winners and other students. All the viewers and participants get to know each other and they are able to know how productively each one is spending their Covid lockdown period.

10. Evaluation by Program Coordinator:

The programme 'The Funny Question' was organized by the Red Cross Society and the Department of Economics on July 10th, 2021. All the 14 participants actively participated in the programme. The programme was conducted by Ms. Saipriya Sudarsan, Red Cross Coordinator and monitored by the Red Cross volunteers. The weekend lockdown competitions are conducted in order to interact freely and to know each other. The students and teachers are able to know how productively each one is going through their lockdown during the Covid pandemic situation. Resilience is the ability to 'bounce back'. It is adapting to hardships and setbacks in life. All are currently under lockdown during this pandemic doesn't mean that we all have to stop engaging ourselves in creative activities. During this period, be more productive and resilient to any situation.

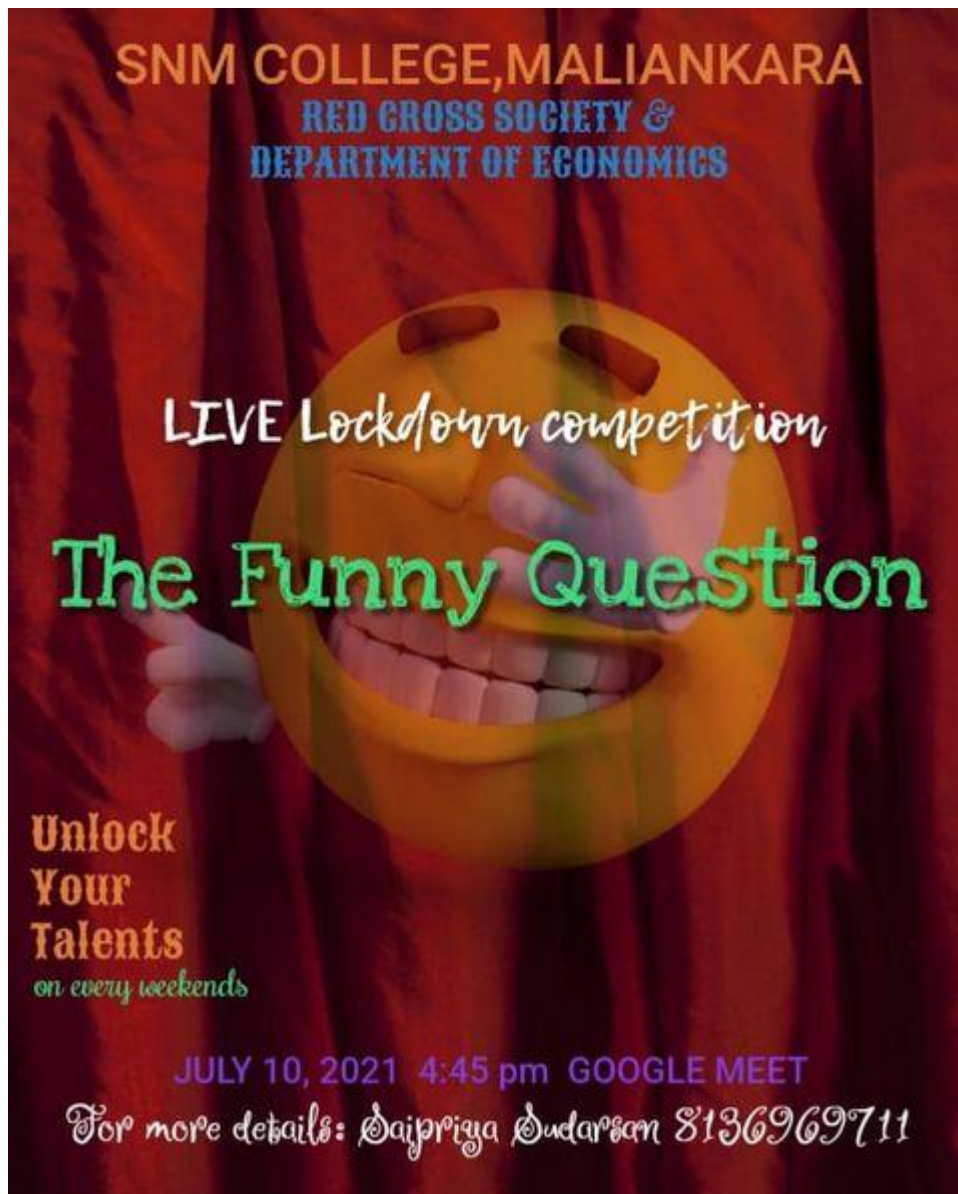
Winners of weekend LIVE competition- The Funny Question.

First prize: Thanuja Anil & Anagha Jayan- III B.Com Tax (Regular)

Second prize: Megha K U- III B.com Tax Regular & Saranya N S- I BA Malayalam

Third prize: Anagha A S- I BSc Botany & Anjali III B.com Tax Regular.

11. Brochure







SHAHIR



Ameen ...


Abhirami


Resmi


ARDRA


Thanuja


You


Anja 7 others



12. List of participants

SI No	Name	Department	Mode
1	Abhirami Revi	II Bsc mathematics	Online
2	Shahi Mohammed	B Com OM SP	Online
3	Ameen	BCom CA	Online
4	Ardhra S	1 yr BA Malayalam	Online
5	Aiswarya k r	1 b com om&sp	Online
6	Megha K U	B.com Finance and Taxation (Regular)	Online
7	Thanuja P	3 Bcom	Online
8	APARNA K P	II Bsc Physics	Online
9	ARYAPS	2BA Economics	Online
10	Saipriya Sudarsan	Teacher Coordinator	Online
11	Namitha GS	II Bsc Mathematics.	Online
12	Sneha Sajilkumar	Bsc Mathematics	Online
13	Drishya ks	2nd BA ECONOMICS	Online
14	Anjali S	Commerce Department	Online