



S.N.M COLLEGE MALIANKARA

(Affiliated to Mahatma Gandhi University, Kottayam)

- 1. Title of the program:** Few Hours with the Needy Ones on the Palliative Care Day
- 2. Name of the Coordinator/s:** Dr. Resmi V C (NSS Programme Officer)
- 3. Organizing Department/Cell:** NSS Unit 47 and Palliative Care Unit of Vadakekkara Panchayath
- 4. Date:** 10/10/2020
- 5. Number of participants:** 30 NSS Volunteers
- 6. Venue:** At the houses of bedridden patients
- 7. Resource Person/s:** Staff from Palliative Care Unit of Vadakekkara Panchayath
- 8. Objective of the Program:** To provide care and support to paralyzed patients and elderly individuals in the community who are facing physical and mental challenges. The program also aimed to raise awareness about the importance of palliative care and to demonstrate the role of NSS volunteers in improving the quality of life for those in need.
- 9. Detailed description of the event:**

On Palliative Care Day, 30 dedicated NSS volunteers from SNM College Maliankara embarked on a mission to visit paralyzed patients and elderly individuals in their neighborhood who required assistance and companionship. The event took place with strict adherence to COVID-19 precautions to ensure the safety of both volunteers and beneficiaries. During the visit, the volunteers engaged with the patients in meaningful conversations, offering companionship and emotional support. They also sang songs and provided entertainment, which brought smiles to the faces of the patients who were grappling with physical and mental challenges. The volunteers explained the purpose of celebrating Palliative Care Day, emphasizing the significance of caring for those in need and creating a compassionate community. The visit brought much-needed relief and joy to the patients, many of whom felt isolated and lonely due to their conditions. The volunteers' presence and interactions not only brightened their day but also conveyed a sense of belonging and care. Patients expressed their gratitude and pleasure at spending time with the volunteers.
- 10. Outcome of the event/Evaluation by Program Coordinator:**

The NSS volunteers demonstrated exceptional dedication and empathy throughout the event, showcasing the spirit of community service.

Patients benefited not only from the physical assistance provided but also from the emotional support and companionship offered by the volunteers. The event effectively conveyed the importance of palliative care and the role of NSS volunteers in fostering a compassionate society. Volunteers reported a sense of fulfillment and learning from the experience, emphasizing the personal growth and understanding they gained by participating in the program.

11. Photos



12. List of participants

Sl.No	Name	Gender
1	Ameen Abdul Salam	male
2	Amritha CJ	Female
3	Arfa Abdul Jabir	male
4	Aswin KR	male
5	Deepa CD	Female
6	Hemchand	male
7	Muhammed Adil	male
8	Megha	female
9	Rohini	female
10	Sarath	male
11	Vismaya	Female
12	Shifna TB	Female
13	Sreehari	Male
14	Anjana TS	Female
15	Gayathri PJ	Female
16	Shahir Muhammed T M	Male
17	Shifa Mol	Female
18	Sona AS	Female
19	Abhiram	Male
20	Amritha CA	Female
21	Aryananda TS	Female
22	Ayush	Male
23	Nikhisha	Female
24	Akshay AS	Male
25	Amrutha PS	Female
26	Gopika TD	Female
27	Samjad	Male
28	Indrajith	Male
29	Saranya	Female
30	Sarath Ramesh	Male

14. Brochure



S N M COLLEGE
MALIANKARA

N S S UNIT NO : 47
2020

10-10-2020

Join Us for a Day of Compassion

Are you ready to make a difference in the lives of those in need? Join us for "Few Hours with the Needy Ones" on Palliative Care Day. This heartwarming program, organized by NSS Unit 47 and the Palliative Care Unit of Vadakkekkara Panchayath, offers you the opportunity to spend quality time with bedridden patients and elderly individuals facing physical and emotional challenges.

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