



SNM COLLEGE, MALIANKARA

(Affiliated to Mahatma Gandhi University, Kottayam)

1.Title of the Programme: Orientation Programme2021

2. Name of Coordinator: Ms Binsha B

3.Department: English

4.Date : 01/10/2021

5.Number of Participants: 50

6.Venue : Google Meet

7.Resource Person: Devi Dharmapal

8.Objective of the Programme: To help students attain mental and physical composure in the scenario of online teaching learning sessions.

9.Detailed description of the event:The Department of English organised an Orientation Programme for staff and English students on 1- 10 -2021, Friday at 11am. The platform was through Google Meet. The session was led by an eminent psychologist Devi Darmapal. She discussed on the topics like Stress Management, Time Management etc. It was really a productive session. Students actively participated in the interactive session. In this pandemic situation students are really stressed. They are destressed after the programme

10.Outcome of the Event:The session was effective for the students in the pandemic period as it could relieve them of the stress of online teaching learning session. Devi Dharmapal elaborated on the measures to be taken for attending online sessions which could provide calm and productive experience for teachers and students.

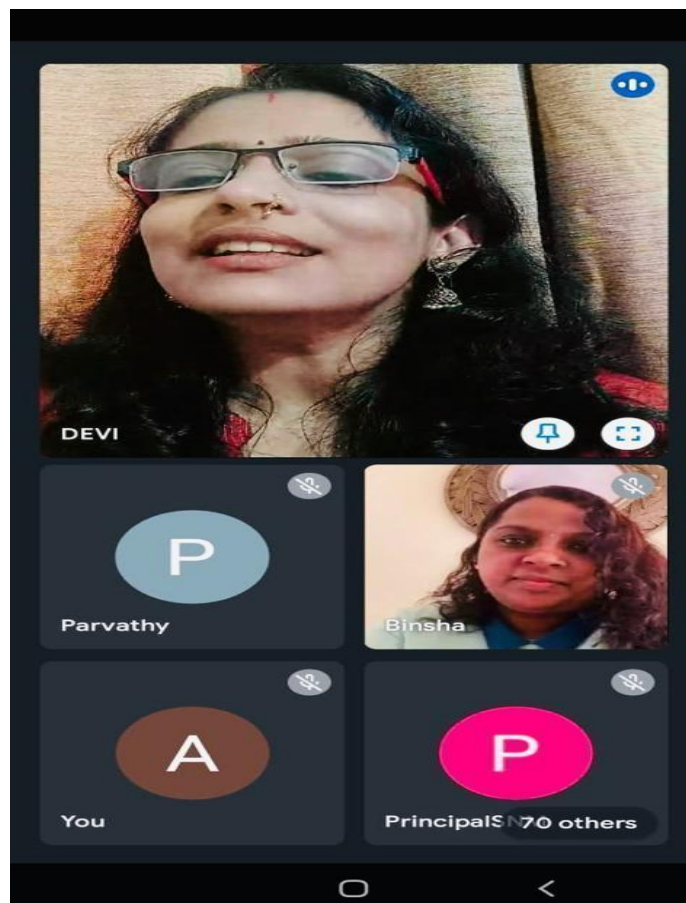
DEPARTMENT OF ENGLISH
SNM COLLEGE, MALIANKARA

ORIENTATION PROGRAMME 2021
LED BY



DEVI DHARMAPAL
PSYCHOLOGIST

AT 11 AM ON FRIDAY, 01-10-2021

 Google Meet

DEVI

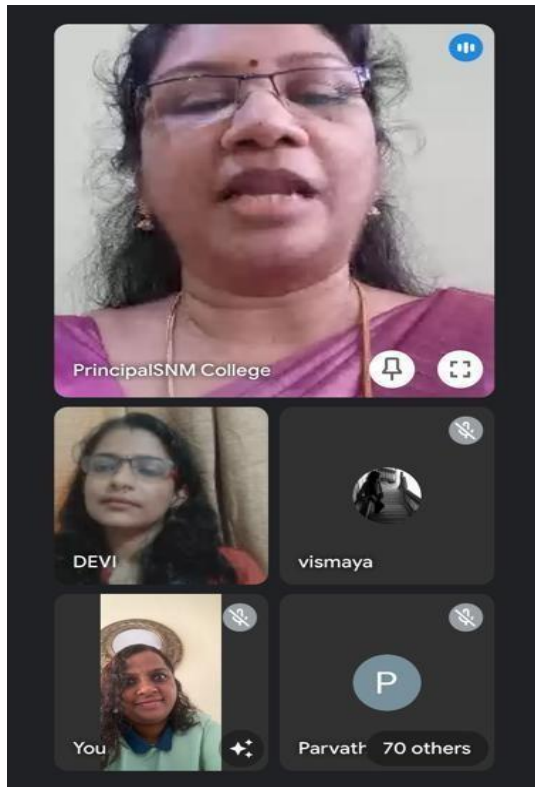
Parvathy

Binsha

You

PrincipalSN70 others

The screenshot shows a Google Meet interface with a grid of participants. At the top is a large video feed of Devi Dharmapal. Below it are four smaller video feeds: Parvathy (blue circle with 'P'), Binsha (video feed), You (brown circle with 'A'), and PrincipalSN70 others (pink circle with 'P'). Each feed has a mute icon in the top right corner. The interface includes a top bar with a microphone icon and a bottom bar with navigation icons.



LIST OF PARTICIPANTS

Sl No	Name	Gender	Class	Signature
1	ADARSH V R	Male	I BA English	Online
2	ANANDU M S	Male	I BA English	Online
3	ATHIRA SHAJI	Female	I BA English	Online
4	B S AMAL KRISHNA	Male	I BA English	Online
5	GOPIKA RAJ	Female	I BA English	Online
6	JANAKI K G	Female	I BA English	Online
7	MUKESH MADHU	Male	I BA English	Online
8	NANDHU KRISHNA	Male	I BA English	Online
9	NANDU KRISHNA K D	Male	I BA English	Online
10	NIKHITHA SANTHOSH	Female	I BA English	Online
11	PRAJEETHA C P	Female	I BA English	Online
12	RUMITHA	Female	I BA English	Online
13	SANDRA P S	Female	I BA English	Online
14	SHARON K P	Male	I BA English	Online
15	SWEETY ANN MARIA SOJAN	Female	I BA English	Online
16	VEDAPRIYAN M L	Male	I BA English	Online
17	VYSHNAVI K V	Female	I BA English	Online
18	AISHWARYA S	Female	I BA English	Online
19	ANGEL KUNJACHAN	Female	I BA English	Online
20	ARDHRA K B	Female	I BA English	Online
21	BATHOOL SHIRAJ	Female	I BA English	Online
22	DEVIKRISHNA K S	Female	I BA English	Online
23	DEVILAKSHMI K S	Female	I BA English	Online
24	DEVIPRIYA MANOJ	Female	I BA English	Online
25	HRIDHYA SANTHOSH	Female	I BA English	Online
26	JOYAL VIJU	Female	I BA English	Online
27	JUVEENA	Female	I BA English	Online
28	LIDHIYA KRISHNA M D	Female	I BA English	Online
29	LINTAMOL M H	Female	I BA English	Online

30	MEENAKSHY SAJAN	Female	I BA English	Online
31	NIDHINA T S	Female	I BA English	Online
32	NIKHITHA P J	Female	I BA English	Online
33	NIMITHA P A	Female	I BA English	Online
34	SHIKHA MANOJ	Female	I BA English	Online
35	SIYA SABU A	Female	I BA English	Online
36	VAISHNAVI P S	Female	I BA English	Online
37	Parvathy K K	Female	II BA English	Online
38	Ananthitha	Female	II BA English	Online
39	Abhina	Female	II BA English	Online
40	Mubeena K S	Female	II BA English	Online
41	Sidharth	Male	II BA English	Online
42	Chandrakanth V M	Male	II BA English	Online
43	Hari Krishnan	Male	II BA English	Online
44	Seedhal Francis	Female	II BA English	Online
45	Ticna Nelson	Female	II BA English	Online
46	Athul	Male	II BA English	Online
47	Jinny	Female	II BA English	Online
48	Aneena	Female	II BA English	Online
49	Neeraja P D	Female	II BA English	Online
50	Devi Krishna	Female	II BA English	Online