

S.N.M COLLEGE MALIANKARA

(Affiliated to Mahatma Gandhi University, Kottayam)

- 1. Title of the program:** Induction Programme - Awareness on counselling and Personality Development
- 2. Name of the Coordinator/s:** Sreeja P R
- 3. Organizing Cell:** Counselling and Guidance cell
- 4. Date:** 24-02-2021
- 5. Number of participants:** 94
- 6. Venue:** Seminar hall
- 7. Resource Person/s :** Mrs. Lilly C P, Psychologist & Mrs. Sreekutty Syam Seethal, Psychologist
- 8. Objective of the Program:** To remove the stigma associated with seeking help and make them aware of issues faced by students
- 9. Detailed description of the event:** The Counselling cell activities for the year after the admission process of first year students were completed. An awareness and guidance class was conducted for all first year graduate programme students. The classes was conducted on three days 24-02-2021. Counsellor Mrs. Lilly C P, Psychologist handled the session. On 23/03/2021 and 31/03/2021 Smt. Sreekutty Syam, Psychologist handled the sessions. On 24-02-2021 the session was held from 10.30 am to 11.30 am in the Seminar Hall .29 Students from various departments attended the first Session. Second session was held on 25/03/2021. 28 students participated. Third session was on 29/03/2023 .15 students participated in that session .On 29/03/2021 and 31/03/2021 was also personal counselling has given to students. Student's actively participated in the counselling sessions.
- 10. Outcome of the event/Evaluation by Program Coordinator:** This seminar envisaged the challenges faced by students. The resource person explained the importance of seeking help when faced with challenges which they face difficulty in overcoming.

11. Brochure



**SNM COLLEGE MALIANKARA
COUNSELING AND GUIDANCE CELL**

INDUCTION PROGRAMME

*To remove the Sigma associated with seeking help
And make them aware of issues faced by Students
an awareness and guidance class will be
Conducted for first year graduate programme
students.*

Date : 24-02-2021

Venue: Seminar Hall

**Resource Person: Smt.Lilly C P, Mrs.Sreekkutty Syam
Psychologist**

12. Photos



13. List of participants

2020 - 2021

24/2/2021.

Lilly.C.P.

1	അരുൺ . പി . അരുൺ	Bcom tax
2	അരുൺ . അ . അരുൺ	"
3	സാഹു അരുൺ	Bcom tax
4	അരുൺ അരുൺ	ബി.എ ഡെവലപ്മെന്റ്
5	ആലക്ഷി	ബി.എ ഡെവലപ്മെന്റ്
6	അരുൺ	Bsc physics
7	അരുൺ വിരുൺ	"
8	അരുൺ B,സ്	"
9	അരുൺ വിരുൺ	"
10	അരുൺ . എ . എ .	ഡെവലപ്മെന്റ്
11	ആലക്ഷി	"
12	അരുൺ	"
13	അരുൺ . പി . പി	"
14	അരുൺ	"
15	അരുൺ	"
16	അരുൺ	"
17	അരുൺ	Bsc
18	അരുൺ	Physics
19	അരുൺ	"
20	അരുൺ	Zoology
21	അരുൺ	"
22	അരുൺ	Botany
23	അരുൺ	"
24	അരുൺ	"
25	അരുൺ	Chemistry
26	അരുൺ	"
27	അരുൺ	"
28	അരുൺ	"
29	അരുൺ	"

25/03/2021

Seebully M.S

Psychologist

Sec:-

Counselling introduction class രജിസ്ട്രേഷൻ
ഉൾപ്പെടെ പരീക്ഷകൾ നൽകുന്നതിനായി എല്ലാവർക്കും
നമ്മുടെ വിദ്യാലയത്തിൽ പങ്കെടുക്കേണ്ടതാണ്.

1. Abhishek M.A ~~Abhishek~~
2. Unnikuttan Rajeev ~~Unnikuttan~~
3. Abhinav R ~~Abhinav~~
4. Abhinand V.G. ~~Abhinand~~
5. Ashil V.S ~~Ashil~~
6. ARHUL VINCENT ~~Arhul~~
7. Balu gokul ~~Balu~~
8. Aarsha Prasanna ~~Aarsha~~
9. Aksha K.J ~~Aksha~~
10. DHARMITHA V.D. ~~Dharmitha~~
11. AMEENA KRISHNAKUMAR ~~Ameena~~
12. Dharshana V.J ~~Dharshana~~
13. Saulekshmi P.R. ~~Saulekshmi~~
14. Aiswarya O.S ~~Aiswarya~~
15. Namitha T Famesh ~~Namitha~~
16. Aswani M.B ~~Aswani~~
17. Greeshma T.S ~~Greeshma~~
18. Alena K.J ~~Alena~~
19. Divya P.D ~~Divya~~
20. Saranya NS ~~Saranya~~
21. Surya Krishna T.U ~~Surya~~
22. Aryanandha m.l ~~Aryanandha~~
23. Drishya Krishna ~~Drishya~~
24. Vijayalakshmi VS ~~Vijayalakshmi~~
25. Ranjitha A.R ~~Ranjitha~~
26. Jyothilakshmi N.S ~~Jyothilakshmi~~
27. Geetha Radhakrishnan ~~Geetha~~
28. Anagha Suresh ~~Anagha~~




























29/03/2021

1. Lidhiya Krishna M.D lidhiya
2. Nikhitha P.T ~~Nikhitha~~
3. Lintamol M.H ~~Lintamol~~
4. Vyshnavi K.V ~~Vyshnavi~~
5. Bathool Shiraj Bathool
6. Joyal Viju Joyal
7. Nimitha P.A ~~Nimitha~~
8. Aparasaya S ~~Aparasaya~~
9. Swena A.R ~~Swena~~
10. Vaishnavi ~~Vaishnavi~~
11. Sija Sabu A ~~Sija~~
12. Bandra P.S ~~Bandra~~
13. Ananda M.S ~~Ananda~~
14. Nandhu Krishna ~~Nandhu~~
15. Rakesh Raddhu ~~Rakesh~~

Sas.
Sreelakshmi M.S
Psychologist.

29/03/2021 - ന് കോളേജിലെ ഓഫീസിൽ
 വി.കെ. ~~മുഖർജി~~ വിദ്യാർത്ഥികൾക്ക് വേണ്ടി ഒരു കൗൺസിലിംഗ്
 ക്ലിനിക്കിന് നാമനിർദ്ദേശം നൽകിയതിനെ തുടർന്ന്
 കോളേജിന്റെ കൗൺസിലർമാർ ക്ലിനിക്കിന് നാമനിർദ്ദേശം
 നൽകിയിട്ടുണ്ട്. കോളേജിന്റെ കൗൺസിലർമാർ
 ക്ലിനിക്കിന് നാമനിർദ്ദേശം നൽകിയിട്ടുണ്ട്. കോളേജിന്റെ
 കൗൺസിലർമാർ ക്ലിനിക്കിന് നാമനിർദ്ദേശം നൽകിയിട്ടുണ്ട്.
 കോളേജിന്റെ കൗൺസിലർമാർ ക്ലിനിക്കിന് നാമനിർദ്ദേശം
 നൽകിയിട്ടുണ്ട്. കോളേജിന്റെ കൗൺസിലർമാർ ക്ലിനിക്കിന്
 നാമനിർദ്ദേശം നൽകിയിട്ടുണ്ട്.

31/03/2021

1. Anaya P.R. 
2. Aparna M.R. 
3. Sneekakshmi V.S. 
4. Azjuna K.B. 
5. Aswathy Rajeev 
6. Keerthana C.G. 
7. Krishna Praya P.J. 
8. Parvathy C.V. 
9. Seereta Meenu 
10. Vainda K.M. 
11. Anamika 
12. Anjali K.R. 
13. Sandeep Babu 
14. Akhil P.A. 
15. Ashil Antony 
16. Abhay M.P. 
17. Arjun T.S. 
18. Sidhath Beju 
19. RAHUL NM 
20. Nighnesh Rao H. 
21. Abish V. Rajesh 
22. Djin Dinesh 
23. Dhruv C.N. 
24. Neeraj P.S. 
25. Asif Rasal K.N. 
26. Rejineesh D.R. 
27. Aswanya K.S. 

Free
Sneeketty M.S