



S.N.M COLLEGE MALIANKARA

(Affiliated to Mahatma Gandhi University, Kottayam)

1. **Title of the program:** Induction Programme - Awareness on counselling and Issues faced by students
2. **Name of the Coordinator/s:** Sreeja P R
3. **Organizing Cell:** Counselling and Guidance cell
4. **Date:** 27-02-2019
5. **Number of participants:** 64
6. **Venue:** Seminar hall
7. **Resource Person/s :** Mrs. Unnimaya Biju, Psychologist
8. **Objective of the Program:** To remove the stigma associated with seeking help and make them aware of issues faced by students
9. **Detailed description of the event:** The Counselling cell activities for the year after the admission process of first year students were completed. An awareness and guidance class was conducted for all first year graduate programme students. The classes was conducted on two days 07/02/2019 and 05/03/2019 Counsellor Ms. **Unnimaya Biju**, Psychologist handled the sessions. On 07/02/2019 the session was held from 10 am to 12.30 am in the Seminar Hall .All first year students attended the first Session. Student's actively participated in the discussion. Session held after the awareness class.
10. **Outcome of the event/Evaluation by Program Coordinator:** This seminar envisaged the challenges faced by students. The resource person explained the importance of seeking help when faced with challenges which they face difficulty in overcoming.



SNM COLLEGE, MALIANKARA COUNCELING AND GUIDANCE CELL

INDUCTION PROGRAMME

To remove the Sigma associated with seeking help and make them aware of issues faced by Students an awareness and guidance class will be Conducted for first year graduate programme Students.

Date : 27-02-2019

Venue: Seminar Hall

Resource Person: Unnimaya Biju, Psychologist

12. Photos



13. List of participants

Girl	Boys	Boys
Abhijith Anoop	B.com Tax Model I	Abhijith
Sanny V.S	B.com Tax Model I	Sanny
Ajith Kumar C.S	B.com Tax Model I	Ajith
Preetith P.R	B.com Tax model I	Preetith
Angul V.B	B.com Tax Model I	Angul
Anakha K.M	B.Sc physics	Anakha
Jesna V.G	Bsc Physics	Jesna
Nisrjana P.V	Bsc physics	Nisrjana
Devika C.S	Bsc. physics	Devika
Itasitha Srebu	B.sc. physics	Itasitha
Sneha N.P	B.com Tax model I	Sneha
Athira E.A	B.com Tax model I	Athira
Dinesha xavier T	Bsc physics	Dinesha
ANDRIYA ROCHA	BSC PHYSICS	Andriya
Parrathy K.B	Bsc. Physics	Parrathy
Aymalakshmi T.S	Bsc. Physics	Aymalakshmi
Sreelakshmi K.P	Bsc. physics	Sreelakshmi
Nandhana C.P	Bsc. physics	Nandhana
Pjith P.S.	Bsc chemistry	Pjith
Vedhu Krishnan K.S	B.com Tax (Reg)	Vedhu
Vishnu N.D	B.com Tax (Reg)	Vishnu
Gautam Krishna D	BA ECONOMICS	Gautam
Amal dev mes	BA ENGLISH	Amal
Crodwin Davis	BA ENGLISH	Crodwin
ABHILASH K.S	BA ENGLISH	Abhilash
Gokul kumar	BA ENGLISH	Gokul
Alwin Davis	BA English	Alwin
Navaneeth	BA English	Navaneeth
Nixmal NR	BA English	Nixmal
Renil Revi	BA English	Renil
Bibin Rande	Bsc chemistry	Bibin
Vysach Sasikumari	Bsc chemistry	Vysach

Co. ID	Q. No	Q. No
Aaya Ramesh	B.A Malayalam	B.A
Neelhu P.D	"	English
Athira N.S	B.Sc Chemistry	Adh
Amurtha Shaji	B.Sc Chemistry	Adh
Aardra N.B	"	Adh
Arcathy O.C	"	English
Mekha T.S	B.A Malayalam	Chithara
Aapana A	"	Adh
Mahadev	B.Sc Chemistry	Mal Shanthi
Vanisree O.G. Acharya	B.A English	Adh
Prajesha M.A	B.A English	Adh
Sethalekshmi	B.A English	Adh
Sandra P.C	B.A Economics	Adh
Akhil S	B.Com CA	Adh
Sarath O.S	B.Com CA	Adh
Rosembi K.A	B.A Economics	Adh
Meenu P.A	B.A Economics	Adh
Nanditha O.R	B.A Economics	Adh
Akshaya V.S	B.A Malayalam	Adh
Jeevha T.J	"	Adh
Rahm M	B.Sc Chemistry	Adh
Aneesha P.J	B.A English	Adh
Greeshma Gireesan	B.A Malayalam	Adh
Aswathi V.S	"	Adh
Tincy K.V	B.A Economics	Adh
Dilsha Dileep	B.A Economics	Adh
Vijayalakshmi K.S	B.A Malayalam	Adh
Sindhuji C.S	B.Com CA	Adh
Aiswarya K.A	B.Com CA	Adh
Denika Lakshmy	B.A Economics	Adh
Anupama C.S	B.A Economics	Adh
Sreeh Lakshmi M.S.	B.A English	Adh