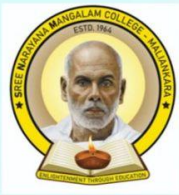


S.N.M COLLEGE MALIANKARA

(Affiliated to Mahatma Gandhi University, Kottayam)

1. **Title of the program:** Induction Programme -Awareness on counselling and Issues faced by students
2. **Name of the Coordinator/s:** Asha A
3. **Organizing Cell:** Counselling and Guidance cell
4. **Date:** 03-11-2022
5. **Number of participants:** 115+107
6. **Venue:** Auditorium
7. **Resource Person/s :** Ms. Sreekutty Syam Seethal, Psychologist
8. **Objective of the Program:** To remove the stigma associated with seeking help and make them aware of issues faced by students
9. **Detailed description of the event:** The Counselling cell activities for the year after the admission process of first year students were completed. An awareness and guidance class was conducted for all first year graduate programme students. The classes were conducted on two days 02/11/22 and 03/11/22. Counselor Ms. Sreekutty Syam Seethal, Psychologist handled the sessions..
On the second day (03/11/2022) two sessions were conducted in the college Auditorium. First session was conducted from 10.15 am to 11.15 am for first year students of English, Malayalam, Economics, Integrated Statistics and Commerce departments. The second session was held from 11.30 am to 12.30 pm for students of BBA, OM & SP, CA, TAX classes. Student's activity participated in the discussion Session held after the awareness class.
10. **Outcome of the event/Evaluation by Program Coordinator:** This seminar envisaged the challenges faced by students. The resource person explained the importance of seeking help when faced with challenges which they face difficulty in overcoming.

11. Brochure



**SNM COLLEGE, MALIANKARA
COUNSELING AND GUIDANCE CELL**

**INDUCTION PROGRAMME
AS PART OF
DEEKSHARAMBH**

To remove the stigma associated with seeking help and make them aware of issues faced by students an awareness and guidance class will be conducted for all first year graduate programme students.

Date: 02-11-2022 & 03-11-2022.

Venue: Seminar Hall & College Auditorium.

Resource person: Mrs. Sreekutty Syam
Seethal, Psychologist



13. List of participants

03/11/22

Awareness class on Counseling and problems faced by students.

Venue: Auditorium Time: 10:30am to 11:30am

Classes participating: 1st year English, Malayalam, Economics, Commerce, Integrated Statistics.

Resource person

① Sreelakshmi M.S

See..

List of Participants

S.No.	Name	Class	Signature
1	Fousiya M.A	BA Economics	
2	Sagi Lakshmi K.S.	"	
3	Akhila K.R	"	
4	Anujitha C.S	"	
5	Amritha T.A	"	
6	Adithya V.P	"	
7	Aleena Sajam	"	
8.	Athulya K.C	"	
9	Poojithy P.J	"	
10	ATHULYA PRAJAD	"	
11.	Ashitha K.S	"	
12.	Anu krishna P.S	"	
13.	Meenakshi C.S	"	
14.	Alitha A.S.	"	
15.	Pavithra P.S	"	
16.	Aryananda K.V	"	
17.	Asna P.S	"	
18)	Ashvi K. valsean	"	

19)	Nandhana p.s	"	Nandhana
20)	Anjana. C.S.	"	Anjana
22)	ADHULYA P.B	"	Adhulya
23)	Sameera M.S	"	Sameera
24)	Nirya Madhu	"	Nirya
25)	Aswini v.p	"	Aswini
26)	Ramsy P.C	"	Ramsy
27)	Deepak vijayan &	"	Deepak
28)	Akhil.K.S	"	Akhil
29)	Rijoy Jesudas	"	Rijoy
30)	Sreenandhana K.Raju	"	Sreenandhana
31)	Anjana Rajao	"	Anjana
32)	Aparna.V.U	"	UVA Aparna
33)	Alaumadha.s	"	Alaumadha
34)	Alithuna.K.S	"	Alithuna
35)	Amal/Krishna .P.U	"	Amal
36)	Amaljith.k.G.	"	Amal
37)	Adhith.P.R	"	Adhith
38)	Abhinandu k.p	"	Abhinandu
39)	Nithinraj.P.R	"	Nithin
40)	ASRAY P.L.	Integrated Statistic	Asray
41)	Vineesh Francis	"	Vineesh
42)	Sakthivel	B.A Economics	Sakthivel
43)	Amith Curceson	"	Amith
44)	Nehal N.M	"	Nehal
45)	Sibin T.S	"	Sibin
46)	Aswan k.B	"	Aswan
47)	Joyel.K.Bimnu	"	Joyel
48)	Aswin P.A	"	Aswin
49)	KIRAN KRISHNA K.S	"	Kiran
50)	Yedumanas.k.G	"	Yedumanas
51)	Pranav P.N	"	Pranav

52.	Abhinav Krishna K.S	B.A. Malayalam	Abhinav
53.	Akshay Arayagbosh	B.A. Malayalam	Akshay
54.	Ramdas Sukumar	B.A. Malayalam	Ramdas
55.	Krishnakanth.V	B.A. Malayalam	Krishna
56.	SALIH YASEEN V.S	BA Malayalam	Salih
57.	Aswin O.A	B.A. Malayalam	Aswin
58.	Vijesh M.R	B.A. Malayalam	Vijesh
59.	Adithyan T.G	BA. Malayalam	Adithyan
60.	Odysseus T.S	B.A. Malayalam	Odysseus
61.	Joti S.T	B.A. Malayalam	Joti
62.	Pinky M.U	B.A. Malayalam	Pinky
63.	Lakshmi A.V	B.A. Malayalam	Lakshmi
64.	Harsha.V	B.A. Malayalam	Harsha
65.	Keerthana Rajeev	B.A. Malayalam	Keerthana
66.	Darsana K.M	B.A. Malayalam	Darsana
67.	Anjane CA	BA Malayalam	Anjane
68.	Siva nanda. E.U	BA Malayalam.	Siva nanda
69.	Adarsha Sunil	BA Malayalam	Adarsha
70.	Nirajan vizeesh	BA ENGLISH	Nirajan
71.	Akshay Joshi	BA ENGLISH	Akshay
72.	Ayush T.U	B.A. English	Ayush
73.	Antony Jis.A	B.A. English	Antony
74.	Safal Samson	B.A. English	Safal
75.	Shivadathan	B.A. English	Shivadathan
76.	Aswin A.S	B.A. English	Aswin
77.	ARAVIND.P.B	B.A. English	Aravind
78.	Ajith P.B	B.A. English	Ajith
79.	Pranav I.H	B.A. English	Pranav
80.	JOTHIKA AJILESH	B.A. ENGLISH	Jothika
81.	Geethu Nardana.V.S	B.A. ENGLISH	Geethu
82.	Alaka Nanda.K.B	B.A. ENGLISH	Alaka
83.	Aiswariya.M.R	B.A. ENGLISH	Aiswariya

84)	Theressa K.S	- BA English	Theraja
85)	Pavana.P.Y	BA English	Pavana
86)	Megha.P.P	BA English	Megha
87)	Nithalakeshmi K.K	BA English	Nithalakeshmi
88)	Thrishna Subeesh	BA Malayalam	Thrishna
89)	Anjana Hari P.h	BA Malayalam	Anjana
90)	Feneebha Bhibu	BA English	Feneebha
91)	Esha.k.Harry	B.A English	Esha
92)	Aadhithya T.S	BA English	Aadhithya T.S
93)	Krishmendhu K. Das	IP Statistics	Krish Mendhu
94)	Pooja Manai	IP STATISTICS	Pooja
95)	Nandana K.J	IP Statistics	Nandana
96)	Padmeprincy.V.S	B.COM TAX.(R)	Padmeprincy
97)	Aleena.T.S	B.com Tax (R)	Aleena
98)	Abhrami K.S	B-com Tax (R)	Abhrami
99)	Aadhithya.T.P	B.com Tax (R)	Aadhithya
100)	AKhina.A.R	B.com Tax (R)	Akhina
101)	Swathy.S.Nair	B.com Tax (R)	Swathy
102)	Nimna P.S	B.com Tax (R)	Nimna
103)	Amitha.M.A	B-com Tax (R)	Amitha
104)	Akhita Bhuvaneshwari	"	Akhita
105)	APASNA C.R	"	APASNA
106)	Meenakshy M.G	"	Meenakshy
107)	Sreelekshmi.V.P	"	Sreelekshmi
108)	VAISHNAVI.P.S	"	VAISHNAVI
109)	pareshy N.V	"	pareshy
110)	Sreelakshy P.S	"	Sreelakshy
111)	Varsha.D.R	"	Varsha
112)	Swathi.D.S	"	Swathi
113)	Ananya.P.Y	"	Ananya
114)	Vandhana	"	Vandhana
115)	Riswarya.K.S	"	Riswarya

116) 03/11/22

Awareness class on Counselling and
problems faced by students

Venue. Auditorium

Resource person

① Sreekutty M S

See.

List of Participants

S.No.	Name	Class	Signature
1.	Anamika T.S	Bcom OM & SP	Anamika
2.	Ardra P.U	Bcom OM & SP	Ardra
3.	Jismi James	Bcom OM & SP	J.
4.	SIVANI .MS	Bcom OM & SP	Sivani
5.	Arya .c.m	Bcom OM & SP	Arya
6.	Thirisha .Boby	Bcom OM & SP	Thirisha
7.	Gayathri Musali	Bcom OM & SP	Gayathri
8.	Reshma CR.	Bcom OM & SP	Reshma
9.	Nayana .k.s	BBA	Nayana
10.	Nandana .c.s	BBA	Nandana
11.	Devika .S	B.com F&T(S)	Devika
12.	Malavika .k.s	B.com .F&T (S)	Malavika
13.	Devika K.s	BBA	Devika
14.	Remya k RAJESH	BBA	Remya
15.	Anandalakshmy .T.U	BBA	Anandalakshmy
16.	Rashmi M.R	BBA (S)	Rashmi
17.	Aeneamol P.A	BBA	Aeneamol
18.	Nandana p.G	BBA	Nandana

19.	DEVIKA .M.S	BBA	Jeeva.
20.	Anandakanya .M.M	Bcom tax (S)	dp
21.	Ananya pradeep	Bcom tax (S)	at.w
22.	Alma Elizabeth Albert	Bcom tax [S]	Abhishek
23.	Sandra M.S	Bcom tax (S)	Sandya
24.	Josphena Tina Antony	BBA	Ch
25.	Ashna Inshad	BBA	Cush
26.	Naya Lenin	BBA	Hum
27.	Santhi Krishna C.S	BBA	Santhi
28.	Amma Catherine	B.COM (CA)	Rethevar
29.	Sneha .K.S	BBA	Jeeva
30.	Meenakshi Rajash	BBA	Meenakshi
31.	Nandhana .M.P	BBA	Netha
32.	Apasna Shanilkumar	BBA	Prasanna
33.	Nandana .K.B	BBA	Nandana
34.	Sreelakshmi .AB	BBA	Sreelakshmi
35.	Nidhi Lenin	BBA	Nidhi
36.	CHANDANA PRADEEP	B.COM CA I	Chandana
37.	Snaya Shaji	B.com CA I	Sudha
38.	Krishnaveni -A	B.COM CA,	Abhishek
39.	Kasthika .V.J.	B.COM CA2	Police
40.	Anasya Joshy	B.COM CA2	Trasya
41.	Noumin Noushad	B.COM CA 2	Noumin
42.	Labeeba .E.M	B.COM CA 1	Labeeba
43.	SANADIA SEBASTIAN.	"	Sanadiah
44.	SARIMA .P.S	B.COM CA 1	Sarima
45.	Anagha .K.B	B.COM CA 2	Anagha
46.	Sadhika .V.S	B.COM CA 2	Sadhika
47.	Gopika Gopalan	B.com CA 1	Gopika
48.	Varsha .K.M	B.com CA 1	Varsha
49.	Delma Davis	B.com CA 1	Delma

50.	Sreelakshmy K.S	B.com CA 1	Sreelakshmy
51.	SAVISHMAN S	B.COM CA 1	Savishma
52.	Ananya C.A	B.com tax (SF)	Anijail
53.	Parasanthosh A.S	B.com Tax (SF)	Parasanthosh
54.	Nanditha T.A	B.com OM & SP	Nanditha
55.	Anagha Sunil	B.com OM & SP	Anagha
56.	Devikrishna N.S	B.com OM & SP	Devika
57.	Ashlin K.S	B.com TAX	Ashlin
58.	ADITHYAN P.S	B.com TAX	Adithyan
59.	ATHUL ANTONY	B.com TAX	Athul
60.	Sreerag	B.com OM & SP	Sreerag
61.	Fayis	B.com OM & SP	Fayis
62.	Navin	B.com OM & SP	Navin
63.	Sarath	B.com OM & SP	Sarath
64.	Neeraj	B.com OM & SP	Neeraj
65.	Jubeir	B.com OM & SP	Jubeir
66.	Saurav Krishna	B.com OM & SP	Saurav
67.	Vyeshnav P.S	B.com CA-11	Vyeshnav
68.	Salvin T.S	B.com CA-2	Salvin
69.	Steeve Joseph	B.com CA-2	Steeve
70.	ALAN P.A.	B.com CA-2	Alan
71.	Abhiram Kik	B.com CA-2	Abhiram
72.	AMAL KRISHNA	B.com CA-2	Amal
73.	SAEVAN K.S	B.com CA 2	Saevan
74.	Sreejith P.	B.com CA 2	Sreejith
75.	Abhinav C.S	B.com Tax (SF)	Abhinav
76.	Hrithuraj R.	B.com Tax (S.F)	Hrithuraj
77.	Shamil K.M	B.com Tax (SF)	Shamil
78.	ASWTHIN Praveen	B.com Tax (S.F)	Aswthin
79.	Alan Anto	B.com Tax (SF)	Alan
80.	Greenadhu	B.com Tax (SF)	Greenadhu
81.	Vijaya krishnan	B.com Tax (S.F)	Vijaya

82	Araavind Dileep	B.com Tax II (SF)	Aravind
83	Alwin-K. Wilson	B.com tax II (SF)	Alwin
84	SAID RAMADAN T.M	B.COMI Tax (ii) (SF)	Said Ramadan
85	Abhishek P.G	B.com Tax II (SF)	Abhishek
86	Amal N. Saji	B.com tax II (SF)	Amal
87	Rahul Raj m.	B.com tax II (SF)	Rahul
88	Abhishek UR	B.com tax II (SF)	Abhishek
89	Aswin Krishna	B.com tax II (SF)	Aswin
90	Krishnaraj S Prabhu	B.com tax II (SF)	Krishna
91	Abhijith M.M	B.com tax II (SF)	Abhijith
92	Salanraj P.S	B.com tax II (SF)	Salanraj
93	Abhiram P.V	B.com tax II (SF)	Abhiram
94	Vinayak Praveesh Lal	B.com tax II (SF)	Vinayak
95	Manikandan P.J.	B.com tax II (SF)	Manikandan
96	A.M. ARUN	B.com tax II (SF)	Arif
97	Devapriya J.S		Devapriya
98	Adithya V.P		Adithya
99	Anjora K.I		Anjora
100	Aiswarya		Aiswarya
101	Krishnaendu		Krishna
102	Abhijith	B.com OMC SP	Abhijith
103	Avanthika.S	B.com Tax	Avan
104	S. Gopika Menon	B.com Tax	Gopika
105	Abhinav N.S		Abhinav
106	Abhiram Shafi	B.com (Om)	Abhiram
107	Ashly vijll	B.com Tax	Ashly

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