

S.N.M COLLEGE MALIANKARA

(Affiliated to Mahatma Gandhi University, Kottayam)

1. Title of the program : Book Review Vlog Competition and ‘A Day in my Life’ competition

2. Name of the Coordinator: Ms. Saipriya Sudarsan

3. Organizing Cell: Youth Red Cross Society

4. Date : June 8th, 2021

5. Number of participants: 4

6. Venue: Online (YouTube)

7. Resource Person : Nil

8. Objective of the Program : By conducting these programmes and competitions we try to address the psychological effects of the pandemic by offering mental health improvement, and to give stress relief.

9. Detailed description of the event:

The Red Cross society organised a Book review competition and A Day in my Life competition on June 8th, 2021. The participants upload their videos through YouTube. The programme was monitored by Ms. Saipriya Sudarsan, Red Cross Coordinator, Assistant Professor, Department of Economics, SNM College, Maliankara. Covid-19 brings lots of stress, depression and anxiety among all the students and teachers. The programme is intended to give the message of Resilience during Covid-19 among students. Through this programme we aim to inculcate more creativeness and mindfulness among students during Covid 19.

10. Evaluation by Program Coordinator:

These competitions were conducted by the Red Cross Society in order to keep the students active and more productive during the Covid lockdown period. Resilience is the ability to bounce back. It is adapting to hardships and setbacks in life.

A Day in my Life during Lockdown period VLOG

First prize: Sethuparvathy K S- III BA Economics

<https://youtu.be/HCGXOz2RZxQ>

Book review competition

First prize: Juveena Reji- I BA English

<https://youtu.be/2AKgXRntxhI>


Second prize: Sethuparvathy K S- III BA Economics

<https://youtu.be/KUogCw68dnA>

Third prize: Lidhiya Krishna M D- I BA English

<https://www.youtube.com/watch?v=8MnPWJiSMsA>

11. Brochure



SNM COLLEGE, MALIANKARA
RED CROSS SOCIETY

Lockdown competitions

Book Review VLOG

PLATFORM: SNMC VIRTUAL CAMPUS
LAST DATE: JUNE 8th, 2021, 10:00 pm
FOR MORE DETAILS: SAIPRIYA SUDARSAN (8136969711)

SNM COLLEGE, MALIANKARA

RED CROSS SOCIETY

Bookdown competitions

BOOK REVIEW VLOG

LAST DATE: JUNE 8, 2021, 10:00 pm

PLATFORM: SNMC VIRTUAL CAMPUS

FOR MORE DETAILS: 8136969711

