



# **S.N.M COLLEGE MALIANKARA**

**(Affiliated to Mahatma Gandhi University, Kottayam)**

**1. Title of the program : Swastha Balak-Balika Spardha**

**2. Name of the Coordinator/s :** Dr. RESMI V C and VIPIN KD (NSS Programme Officers)

**3. Organizing Department/Cell :** NSS

**4. Date :** January 8 to 10, 2022.

**5. Number of participants:** 25

**6. Venue:** SNM COLLEGE MALIANKARA

**7. Resource Person/s :** NIL

**8. Objective of the Program :** Create awareness among students and public about the need of providing balanced food to the children for ensuring long a healthy life

**9. Detailed description of the event:**

SNM College Maliankara NSS Unit No. 47 organized different programmes related to "SwasthaBalak-Balika Spardha" from January 8 to 10, 2022. Programs included poster making competition, essay writing competition and collage making competition. All the creative works done by the volunteers were exhibited at the road side in front of the college for spreading awareness among the public on January 10 . Volunteers were given necessary coordination by the volunteer secretaries Shahir Mohamed T M and Lidhiya Krishna M D.

**10. Outcome of the event/Evaluation by Program Coordinator:**

Students who participated in the programme got good knowledge about the importance of a balanced food for a healthy life. Intellectual and physical growth of any one in the country depend on the provision of such good food to the people at their childhood itself. This information could be passed to the public and students through the exhibition of these works in front of the college.

11. Photos





