

- 1. Title of the Program: Talk on mindfulness and entrepreneurship lessons from life.
- 2. Name of the Coordinator/s : Dr.Reena T.S
- 3. Organising Department/cell : Commerce
- **4. Date:** 09-11-2022
- 5. No. of participants: 112
- 6. Venue : Seminar hall
- 7. Resource person/s : Dr. K. S Krishnakumar

8. Objective of the Program: To provide lessons from life regarding entrepreneurship.

9. Detailed description of the event: Commerce Association Day of SNM College, Maliankara was held in seminar hall in a befitting manner on 9th November 2022. Preparations for association day were made a few days in advance. Celebration commenced with ceremonious lighting of lamp by chief guest Dr. K S Krishnakumar, Associate Professor SNM Training College, Moothakunnam and other dignitaries T S Reena (HOD), UR Krishnakumar, Theertha Joy, Divya. The prayer was sung by college coir. U R Krishnakumar delivered welcome speech to the chief guest. The events of the day included valuable speech delivered by chief guest Dr. K S Krishnakumar about the "Mindfulness and entrepreneurship lesson from life". In his speech he gave importance to the qualities required for a successful entrepreneur. The function ended with a vote of thanks by Divya K G. This leaves a great impact on every one. The college after grand success of association day hopes for another event to come which will be another exciting day for them. The journey of the event never ends, because the college almost gets every month something to celebrate for the student's entertainment and development.

10. Outcome of the event: The programme was intended to refresh the minds of students. The resource person usedseveral psychological tips to evoke the mindset of students. It was really fruitful for all.

11. Brochure:



12. Photos:



13. List of Participants:

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