

S.N.M COLLEGE MALIANKARA

(Affiliated to Mahatma Gandhi University, Kottayam)

1. **Title of the program** : Webinar on *“Music and Emotional Wellness”*
2. **Name of the Coordinator** : Ms.Saipriya Sudarsan
3. **Organizing Department** : Economics Department
4. **Date** : February 10, 2022
5. **Number of participants**: 82
6. **Venue**: Online
7. **Resource Person** : Smt. Sajna Sudheer, Assistant Professor of Government College For Women, Trivandrum.
8. **Objective of the Program**: To understand the importance of music in our daily life. And to know different examples and vocal training regarding music to understand how music is very important and related to emotional wellness among students.

9. Detailed description of the event:

The Department of Economics organized the inaugural ceremony of the Economics Association and the Golden Jubilee celebrations on 10-02-2022. Dr. Jitha T H, Principal of the College inaugurated the function. Chief Guest of the program was Assistant Professor of Government College For Women, Trivandrum, Smt. Sajna Sudheer. Nikhil M B, Head of the department welcomed the gathering. And Ms.Saipriya Sudarsan, Association Convenor proposed the Vote of Thanks.

In connection with the inaugural ceremony, we organized a webinar on *“Music and Emotional Wellness”*. Smt.Sajna Sudheer, who has done much research in this field made a keynote address on this topic. She explained how much importance music has in our daily life. Sajna Ma’am described different examples and vocal training to make students understand how music is very important and related to emotional wellness.

10. Outcome of the event/Evaluation by Program Coordinator: The webinar was well organized and the staff and students of the Economics department participated in this program. By doing so many different examples and vocal training the students and staff understood the importance of music related to emotional wellness.

11. Brochure

SNM COLLEGE, MALIANKARA
POST GRADUATE DEPARTMENT OF ECONOMICS
GOLDEN JUBILEE CELEBRATIONS

ASSOCIATION INAUGURATION
 &
 WEBINAR ON

MUSIC AND EMOTIONAL WELLNESS

FEB 10, 2022
TIME: 3:00 PM

Smt. Sajna Sudheer
 Assistant Professor,
 Govt. College for Women, TVM

SNMECO

Made with PosterMyWall.com

Department of Economics, SNMC

The Department of Economics started its functions from 1972 onwards. It is one of the premier departments of SNM College. It became a Centre of Post Graduate since 1985 and the department conducts several curricular and non curricular activities under the umbrella of Economics Association for the cooperation between the faculties and students in the department.

On the eve of the Golden jubilee celebrations of the Department of Economics, we the staff and students of Department of Economics are extremely happy to invite you all to our Association inauguration and webinar on February 10th, 2022 at 3 pm.

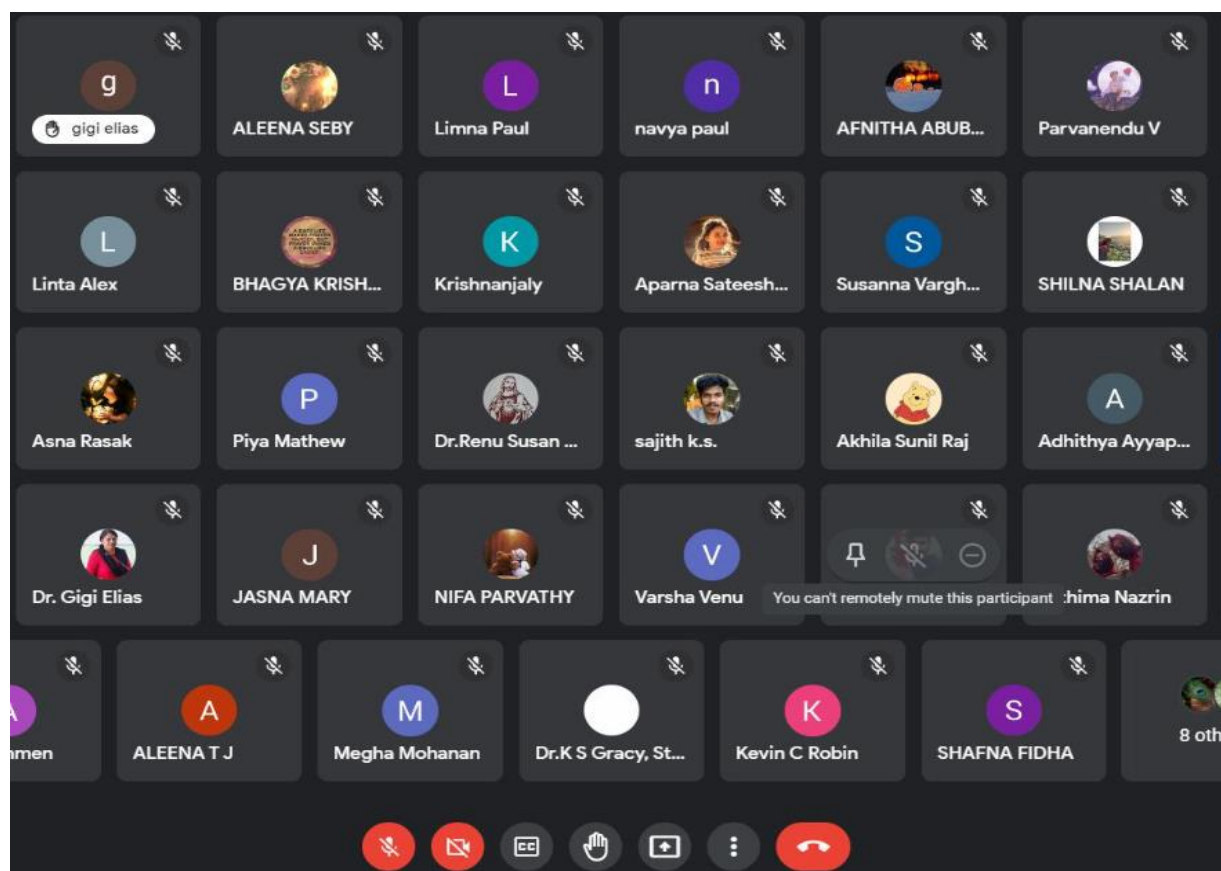
Programme Chart

Prayer	Meenu P D
Welcome	Nikhil M B (HoD, Department of Economics)
Presidential Address	Dr.Jitha T H (Principal, SNMC)
Inauguration & Talk	Smt.Sajna Sudheer Assistant Professor, Govt.College for Women, TVM
Vote of Thanks	Saipriya Sudarsan (Association Convener)

Thank you
 “

Made with PosterMyWall.com

Photo



12. List of participants

Sl.No	Name	Gender	Class	Signature
1	Aleena Seby	Female	B.com tax(SF)	Online
2	Gouripriya V T	Female	Botany	Online
3	Ashna TR	Female	Economics	Online
4	Limna Paul	Female	Om	Online
5	SREELAKSHMI T R	Female	PHYSICS	Online
6	ANJANA SATHEESAN	Female	BOTANY	Online
7	Kavya P S	Female	B. Com OM&SP	Online
8	Nandana Sreekumar	Female	Botany	Online
9	Amritha. T. S	Female	B. Com tax (sf)	Online
10	Navya Paul	Female	Ba Economics	Online
11	Athira PA	Female	Economics	Online
12	Aleena m. a	Female	Bcom finance & tax	Online
13	Afnitha Abub	Female	Bsc MATHS	Online
14	Sandra K.S	Female	BA Economics	Online
15	Parvanendu V	Female	BA Economics	Online
16	Amritha K.R	Female	Economics	Online
17	Anagha Retheesh	Female	Economics	Online
18	Amisha cs	Female	Economics	Online
19	Aiswarya k r	Female	B com om & sp	Online
20	Gouripriya V T	Female	Botany	Online
21	Ashna TR	Female	Economics	Online
22	Aparna n. S	Female	Om	Online
23	SREELAKSHMI T R	Female	PHYSICS	Online
24	ANJANA SATHEESAN	Female	BOTANY	Online
25	Kavya P S	Female	B. Com OM&SP	Online
26	Nandana Sreekumar	Female	Botany	Online

27	Amritha. T. S	Female	B. Com tax (sf)	Online
28	LakshmiT. D	Female	Ba Economics	Online
29	Athira PA	Female	Economics	Online
30	Aleena m. a	Female	Bcom finance & tax	Online
31	NAMITHA G S	Female	Bsc MATHS	Online
32	Sandra K.S	Female	BA Economics	Online
33	Gouripriya V T	Female	Botany	Online
34	Ashna TR	Female	Economics	Online
35	Aparna n. S	Female	Om	Online
36	SREELAKSHMI T R	Female	PHYSICS	Online
37	ANJANA SATHEESAN	Female	BOTANY	Online
38	Kavya P S	Female	B. Com OM&SP	Online
39	Nandana Sreekumar	Female	Botany	Online
40	Amritha. T. S	Female	B. Com tax (sf)	Online
42	LakshmiT. D	Female	Ba Economics	Online
43	Athira PA	Female	Economics	Online
44	Aleena m. a	Female	Bcom finance & tax	Online
45	NAMITHA G S	Female	Bsc MATHS	Online
46	Sandra K.S	Female	BA Economics	Online
47	Gouripriya V T	Female	Botany	Online
48	Ashna TR	Female	Economics	Online
49	Aparna n. S	Female	Om	Online
50	SREELAKSHMI T R	Female	PHYSICS	Online
51	ANJANA SATHEESAN	Female	BOTANY	Online
52	Kavya P S	Female	B. Com OM&SP	Online
53	Nandana Sreekumar	Female	Botany	Online
54	Amritha. T. S	Female	B. Com tax (sf)	Online
55	LakshmiT. D	Female	Ba Economics	Online
56	Athira PA	Female	Economics	Online
57	Aleena m. a	Female	Bcom finance & tax	Online
58	NAMITHA G S	Female	Bsc MATHS	Online
59	Sandra K.S	Female	BA Economics	Online
60	Gouripriya V T	Female	Botany	Online
61	Ashna TR	Female	Economics	Online
62	Aparna n. S	Female	Om	Online
63	SREELAKSHMI T R	Female	PHYSICS	Online
64	ANJANA SATHEESAN	Female	BOTANY	Online
65	Kavya P S	Female	B. Com OM&SP	Online
66	Nandana Sreekumar	Female	Botany	Online
67	Amritha. T. S	Female	B. Com tax (sf)	Online
68	LakshmiT. D	Female	Ba Economics	Online
69	Athira PA	Female	Economics	Online
70	Aleena m. a	Female	Bcom finance & tax	Online
71	NAMITHA G S	Female	Bsc MATHS	Online
72	Sandra K.S	Female	BA Economics	Online
73	ARYA P S	Female	BA Economics	Online
74	Ashna TR	Female	Economics	Online
75	Aparna n. S	Female	Om	Online
76	SREELAKSHMI T R	Female	PHYSICS	Online
77	ANJANA SATHEESAN	Female	BOTANY	Online
78	Kavya P S	Female	B. Com OM&SP	Online
79	Nandana Sreekumar	Female	Botany	Online
80	Amritha. T. S	Female	B. Com tax (sf)	Online
81	LakshmiT. D	Female	Ba Economics	Online
82	Athira PA	Female	Economics	Online