

## S.N.M COLLEGE MALIANKARA

(Affiliated to Mahatma Gandhi University, Kottayam)

- 1. Title of the program : Seminar on "Life skills: The Art of Fulfilment"
- 2. Name of the Coordinator/s : Mrs. Saipriya Sudarsan
- 3. Organizing Department/Cell : Economics Department
- 4. Date : October 20, 2022
- 5. Number of participants: 149
- 6. Venue: College Auditorium
- 7. Resource Person/s : Adv. Vincent Joseph, HRD Trainer, Kochi.
- 8. Objective of the Program: To cultivate life skills among students.

## 9. Detailed description of the event:

The Department of Economics organized the inaugural ceremony of the Economics Association on 20-10-2022 at 10:00 am in the College Auditorium. Dr. Jitha T H, Principal of the College inaugurated the function. The Chief Guest of the program was HRD Trainer Adv. Vincent Joseph. Mr.Nikhil M B, Head of the department delivered the keynote address. Ms. Saipriya Sudarsan, Association Convenor welcomed the gathering. We organized a "Life Skills: The Art of Fulfilment" seminar in connection with the inaugural ceremony. Adv. Vincent Joseph has done much research in this field and made the inaugural seminar on this topic. He explained the importance of Life skills in our daily life. Vincent Sir described different examples and memorized training sessions to make students understand the importance of life skills.

**10. Outcome of the event/Evaluation by Program Coordinator**: The seminar was very effective in building life skills among students. The resource person explained the importance of communication skills, what are the qualities of a successful person, how to transform an idle mind into a motivated and productive mind, etc. Also, students asked their doubts at the end of the Seminar.

## 11. Photos





## 12. List of participants

		5- 22 - 22
he he	SOCIATION	INAUGURATION 2522-23.
ECONOMICS AS	acmaate	2014 2022.
		VINCENT JOSEFH.
RESOURCE PERS		
	The	Appartment of Ferniornics
and ded the	Induguration	of Europeirs has aching frongeration
(C) A) MARTIN	P	
1) Dr Jitha. TH	J.	
D Nikhil:MB	Massi	
3. Saipriver Sudarse	m Ag	artige-
1. Seccio. V.S	Clark	
5 Mitha A.U	-AFTH8	50
1 Kapil Chanda	com AC L	Fritz
7. Dr. Baijo. E.C.	Bays Es.	2-Br
1	20	
NAME	CLASS	SIGNATURE
1. Aparna K.B	ardyedi	taths
2. Aparna C.L	3rd year	John
3. Revathy M.S	3 rd y par	Particip
1. Rahuf Ganoeh	ard your	Silver
5 Revalley-M	0	0
5. Athul A.S	3rd year	Arby .
G. Athul A.V	319 year	de
7. Abhay	11	Also .
5. Nikesk	u	Neda
ij Muny P.D	17	FULLE
10) Adithya K.P	12	- Adular
11 m) Auswarya C.A	51	adjuoya.
1) Anashi venu gopal	1 9	trailide
13) Swalky Ajith	11	62
14 NONTWOND PS	))	Neinely.
15) Arusha ki	1)	Samilas
16) unnimayor Am	11	there and a state
0.7 jondestal (FI	ά	Batation-
18) Setting Sanil	<u>y</u>	Setter
19) Amrilha K.R 20) Swathy A.S	-1	And File 2- istalle
2.7 Lekshmil nice	11	: Salhe
2. J Lakshmipziga	ŀ	( the second sec
	/	

12		1 (m. 1)			
		.1	hard the same	in the	
2 AroenbaPA	and share		Andria	1	
23. Gropika. T.1	3rd year		Gaoilat		
14. KeenthangTK	3rd year		Kunghana		
5. Nithyadas. K.s	3rd year	- 1	Take.	X See.	
6. Aswani K.P	3rd Year		Barning		
27. Swanna K.L	3rd year	and the second	Q constant	Se	
28 Silpa Pradeep	3 rd 11		Silpy	A stor	-
29 Anakha Gosh M.A	3rd	5	Anthon	-	
30 Amarisha. K.R.	3rd n	3. Aler	A saint		• .
31 Anjana Jayadeesh	3nd year	-15	Adde	1,	
32 Ameesta Paulose	2 od year	2.21		and the state of the state	
	3.00 yeast	1.1.0 10	Amestace Ampane		
33 Anupama Rajcev 34 Sneha Unni	and year	1 ATTACK	equi	7110- H4	
35 Malavika Rajeer	"	a salat	VAGA	~ ~ ~ ~ ~ ~	
	and the second	CA. CAMP	27	<u>A</u>	And Annual A
36 Ashithaks	Ist year	stranger .	Astata		
37 Alitha. A.S.	1st year	A Part Bar	Otutha	41235	
38 Meenakshi c.s	1st years		Vanshi	1. 200	A Provide
39) Anukrishnaps	1st year	The state is a second second	Jun:	11	
40 Sethulakshmi R.V	1st year	- A GLICERTON	Arkelmi	811	
HI Amoutharos	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	Lo. B. Star	Aputha	-	-
42 Anjana c.s.	<u>n</u>	and and	J.P.		1.1.5
43 Adhulya AB	11	1	Attulize	1.1	1.1-
44 Nomdane Ps	h		raffar	and and	
45 Nivya Madhu	Proton 2	E C	Chynd .	, inter	6
46 Nimisha c.s	11	Alex Mark	Xtitorisha	and the	
47 Aswini V.p	)/		A sector	18	
48) ASHVI. K. VALSAI	<u>v                                    </u>	100	This	1. 1.1	
fg Ransy P.C	))		Romely	- Carton	
50) Rijog Yesudas	0. 1-1	2. 3.	kycy -		and the second
51 Deepek Vijayon-k			20	Contrast.	1. 17
S2 Abil.k.S	1.1.60	No. Astron	Hil	Martinesa.	
53 Naumadhas	-Allen	"EL	- and the	A subset	
54 Sternandhana-k-Bay		- otten	Red.	P.L.S.	
	Section.	2.144	a la	A CONSTRUCT	
55 Povithra P.s		- March	faithe		1 march

				13
F1 .	Asiana Paian	.)	1. Qui	
	Anjana Rajan Vandana Vyasan	and year	Notes	
50	Aswany op	11	Acupating	
59	Acasta kin	.,	Annaha	+
10	Anagba k.p Gouri p.s	(/ .	Govath.	
	pooja p.s	11		The second second second
60	Mubsida K.S	ardusas	Thaips - Notacept	1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 -
	Ashmi Tis	3rd year Time year 2rd year	Astato	1
	Haidya Uoni	2nd years	hairpund	
65.	Anyananda. Rajesh	2nd year	Antal	
	Korishna c Kannadi	2nd year	Partie.	
	Nandana K.L	2nd year	Taneton .	
	Devika p.D	and yead	Rutter	
	Speba O.M	2nd year 1	Solve_	
		2nd year	Awat 12	
71	Aquathy P.J. Pavithno .J	2nd year	Part	
72	Nondang Prodeep	2nd year	Part Wordone.	
73	Neeraja AB	2nd years	NUDE	
74	Jishitha oj	2nd year	Jishilly :	
ZS	Swathy V.S	2nd year	Sunthay	
76.	Anamika . M.s	and year.	formale	
77	Rebistba . C.R	. 1 .	Jordithe	
28	Adhitya V.7	. 11	Asther.	
79.	Speelekba N	R	Breiten	
80.	Manu Simesh		des	1
81	Abin Sebastian	25th year.	Alient	
82	Adithyan Ajith	2 st year	An	
83)	Akhil K.R	and year	tution	
64)	Deviko suril	2nd year	Contraction	1
85	Roshna k·s	2nd year	(P)	
66	Arjun k.A	2nd year	AND I	
87	AMAIDEN K.R	2nd year	(A)	
88	SANJAY K MADHU	3rd year		
~~	Rahal R.9	3rd year	Rehad	

90	Amal Krishna P.U	1st year	chonal
91	Nithinfat P.R	V Year	Aleen
92	Adhich P.R	ly Year	北西城市
93	Aswin P-A	1st year	ASA
94	Joyel . K. Binu	1st year	toest
95	Amith Gireeson	1ª Year	<u>a</u> r
QG	Salethivel	1St Xeoux	Q.
97	Nehal nom	1st yeard	prebel
98	Kiran levishna Kis	1st year	the .
99	Peanau P.R	1 Jear	J
100	ATHUL Raj	1st years	ton
101	Yedumanas.k.G	1st year	Manal
(12).	Devika M.S	and year	Builde
103	Nivitha V.S	and year	Ritting
104	Luxima p.j	and yews	Fearing?
105	Greethy mol	2 rd year	luttry.
106	Aswathy. E.P	and year	Asuathe
107	NOUEITHA - A.F	2nd year	Noufitta
108	POOJO.P.P	2nd yead	Post-
109	Anaswara. E-s	2nd yead	Anaswa94
10	Amaitha Sharanye	NU and year	Anglin
n	Magha-K.s ()	and year	tella
12	Athulya K.C	1 <sup>st</sup> year	Athulya ·
13	Porvathy P.T	1st real	- Postatho
4	ATHULY A PROSAD	it year	Attoply
15	Francy . K.F	ist year	Eronay
IG	AKAILA K.R	, st year	(teletio
17	Aleena Sajan	1st year	ALC:
18	Fousiya M.A	ist year	Juia.
9	Adithya V.P	, SC UDAD	Attur
30	Anujitha c.s	1 st year	Anitte
21	Sagi Lakshmi.ks	1st year	Col.
122	Ammitha TA	1Stypas	Contra .
23	Loujana Agooja	M.A 1st year	(Ismaland
24	Nieranjang. K.M	M. A Islycon	A

			15
125.	Anjana · C·J	M.A Istycar	aring
126.	Remya . p. G	M.A. TSt year	Renger-
127	sneedevi p	MA Ind yeagi	10
128	Sandra Radhakorishn	an MAIInd Year	Printkithensten
129	ASHIDHA BA	1.	ADUK AN BA
130	Vidyamol K-s	a theory of the second se	Vidy
131	Mether Mundi	where we have a second	eus
132	Shalu Johnson	11 The second se	That u
133	Treesa Nikitha	1/	Neve 1x
134	-Anjama Rajendram	· · · · · · · · · · · · · · · · · · ·	et/love-
135	Athulya Damsu	, U	Attractor
136	Sreelakshmi MS	ters y	And the
137	Harsha A-S	· · · · · · · · · · · · · · · · · · ·	fart
138	Sneha K.B.	n ·	o She
139	Anupama C.S	<i>y</i>	Actama
140	Athira	2 <b>1</b> 1	ALL
141	Abhirami	the the second	AL
142	Nimisha	7	TLA
.1	the second second		and the second sec
	all an	Contract Ref. 1	Vent
	the scher		