

**WEBINARS AND MENTAL WELLNESS ACTIVITIES ORGANISED BY
VARIOUS DEPARTMENTS AND SUPPORTING UNITS FOR
TEACHING FACULTY UNDER THE GUIDANCE OF IQAC, SNM
COLLEGE, MALIANKARA**

DEPARTMENT OF ECONOMICS

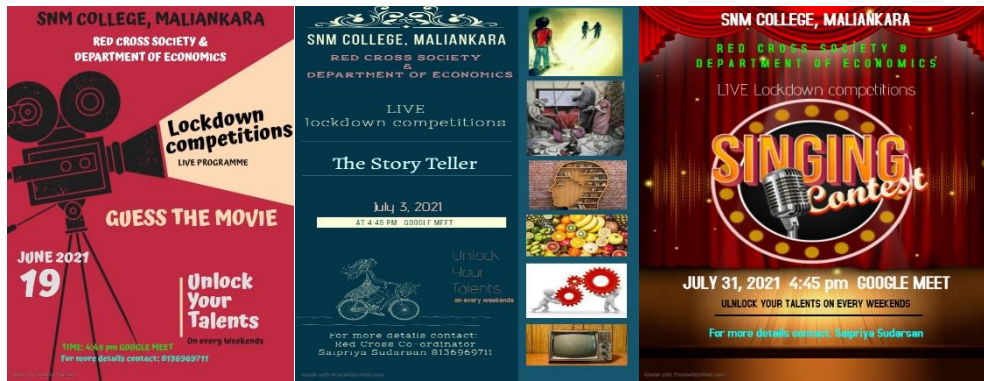
The Department of Economics under the guidance of IQAC organized a webinar on New opportunities of Post-office savings in association with the Moothakunnam post office on January 20th, 2022 at 10:30 am through the online platform google meet. The programme was organised to familiarize the products of postal department to the staff and students of our college. Five faculties and sixty five students participated in the webinar. Sri. Babu Mehabub and Sri.Renjith Ashok were the resource persons. The programme came to an end at 11.30 am.



RED CROSS SOCIETY

The Red Cross society and the Department of Economics under the initiation of IQAC organised various LIVE programmes during the Covid pandemic situation for the teachers and students. The competitions were conducted through Google meet. The programme was anchored and monitored by Ms. Saipriya Sudarsan, Red Cross Co-ordinator and Association Convenor, Department of Economics, SNM College, Maliankara. Covid-19 brings lots of stress, depression and anxiety among all the students. The programme is intended to give the message of Resilience during Covid-19 among students and teachers. Before beginning the programme we give few points to all the participants and viewers that how to develop

resilience. Through this programme we aim to inculcate more creativeness and mindfulness among students and teachers.



DEPARTMENT OF COMMERCE

The Department organised a webinar on the topic e- filing income tax return of salaried employees. The webinar was conducted around 10 am in the morning. The session was taken over by Dr. Princy Francis, MES Asmabi college, Kodugalloor. Around 80-90 students attendee the webinar virtually. The appendix provides an overview on the topic e filing on income tax return of filing employees. She explained about the topic and it was a charming session. It was an informative session which motivated everyone who attended the webinar. A total of 80 to 90 people participated in the interactive session with an intensive question/answer session at conclusion. Many attendees sent their questions in the chat box

