

S N M COLLEGE, MALIANKARA

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7.1.9 Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties and responsibilities of citizens

Colleges play a pivotal role in creating the future destiny of society as well as molding todays. Programmes conducted during the academic year 2021- 22 in SNM College Maliankara portrayed social commitments and relations. The students of our college observed different national and international days to highlight how much they are involved in enhancing their role among public and they always stand for the enrichment of our society. All these endeavors enlightened their physical intellectual and mindfulness activities.

Anti-Narcotic cell, Anti Ragging Cell, Anti Alcoholic Forum, NSS, NSS, Gender Equality Forum etc have organized a number of sensitization programmes in the campus. Seminars in association with Ozone day and Wildlife Conservation, Environment day celebrations etc epitomized the importance of environmental protection. It asserted that our students are capable of involving in the issues associated with environment. The village adoption programmes are aimed to inculcate the social responsibility among the students. The awareness classes like blood donation and Anemia control prevention, Observance of Doctors Day etc focused on how students have to be instrumental in health conditions and it affirmed their duties that they should shower to the society. This indicates the societal blendiness of SNM College. The activities of Sree Narayana Study and Research centre are focused to generate values of life among the students. Also various programmes and seminars were organised for the intellectual development.

Sensitization activities by commemorating National or International Days

• Department of Zoology conducted character presentation competition in connection with reading day celebrations on 03/06/2021. Aim of conducting this program is to make our students familiar with some classics in literature.



• In connection with the World Environment Day 2021, the Physics Department organized an interdepartmental Leaf Art Competition on 05/06/2021.



- As a part of environmental day on June 5, 2021 a tree plantation program was conducted. All NCC cadets and NSS Unit planted trees on the premises. All of them took pledge about saving environment and carried out a rally for increasing awareness about protecting our nature.
- Dept. of chemistry organized a plant sapling program by students and teachers in their home place. Most of the students participated in this program and planted various plant samples



- An awareness class conducted by Bhoomithrasena club on World Environment Day on 05/06/2021. An informative talk was given by Dr. S. Suresh Kumar on the topic 'Aquatic Ecosystem Restoration'. With this big and challenging picture, the World focus in the ecosystem restoration and its theme in "Reimagine Recreate. Restore."
- Malayalam department organized an 'Environmental poetry competition' for students of LP School on World Environmental Day 05/06/2021. This program was conducted with the aim of instilling green thoughts about the environment in the minds of children.
- Department of Zoology organized a Webinar on 'Environmental Issues and Ecological Restoration' based on the theme of this year. The platform used was google meet. The classes were handled by Dr. Gigi K Joseph Nirmala College Moovattupuzhaon 07/06/2021. He explained various factors involved in the degradation of ecosystem, and how can we restore our planet.



• Anaemia control and prevention awareness class managed by NSS Units on 12/06/2021&13/06/2021.

- Blood donation awareness class conducted by NSS Units on 14/06/2021. The Class was led by Dr. Sobha, Asst. Surgeon, Government Hospital Moothakunnam.
- As part of Reading Day Celebration, Department of English conducted an online book review competition on 19th June 2021. The competition titled 'Design a Book Cover' was organized.on 20th June 2022 at the college seminar hall. The Department also organized an interactive session with Dr Lakshmi S Bose, Assistant Professor in Physics, SNM College, Maliankara on reading where she shared her reading experiences with different books. The interactive session with Dr Lakshmi was a real inspiration for our students to experience the pleasures of reading books.



• Department of Zoology celebrated doctor's day on July 1. Poster designing competition for students of SNM College was conducted.



• The activities of Research Department of Botany during the academic year 2021-22 has commenced with a 'Reading Comprehension Contest' in connection with the National

- Reading Day celebrations, on 2nd July, 2021. The theme was *Dr. E.K. Janaki Ammal: The mother of modern Botany in India, a biographical journey.*
- Department of Zoology organized a webinar in connection with world zoonoses day on 6-7-2021 .Dr.T K Jayaprasad, Medical officer in charge.FHC, Pudupariyaram,Palakad was the resource person.
- On the occasion of National Reading Day on 19/06/2021, Malayalam Department conducted Reading Competition and Story Recitation Competition for the students of the college.
- On International Day Against Drug Abuse And Illicit Trafficking, NSS unit conducted an awareness class to aware students about the harmful effects of using drugs. The session was handled by Nimay, NSS Volunteer.
- On International Day Against Drug Abuse And Illicit Trafficking, Department of Chemistry conducted a poster presentation competition on "Share facts on Drugs, save lives" on 26 th June, 2021

SNM COLLEGE MALIANKARA DEPARTMENT OF CHEMISTRY

"Poster Presentation Competition" Theme

"Share facts on Drugs, Save Lives"



- Department of Mathematics and Statistics conducted a Slogan Writing & Collage Competition on the theme, "Campaign, against the drug abuse" for all UG & PG students on 26th June 2021 at snmc virtual online platform. The competitions started from 26th to 28th June 2021. The First prize was owned by Ammu Arjun of 1st MSc Mathematics.
- As part of National Anti-drug Addiction Day, Anti-Narcotic cell was conducted drawing competitions at the college level in collaboration with the Anti-Alcoholic forum on October 2nd, 2021. The theme was "Free from drug and Preserve the talents". Also, conducted a reel's competition on the topic "Don't do drugs" among students.
- On 21st june 2021 SNM College Maliankara NCC cadets and NSS Unit conducted Yoga day program. All of them actively participated on yoga.

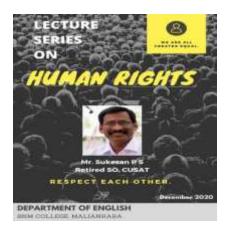




• As a part of World Population Day, the department of Zoology organized a poster making competition for school students on 11thJuly2021. Nandana Aneesh of class 7 SNHSS Pullamkulam secured first prize and Devanandha Shaju of class 8 SNMHSS won second prize.



- Dept. of Mathematics and Statistics conducted PI DAY celebration for all students of Maths department as a part of association activities on 22nd July.
- The International Day for the Conservation of Mangroves, on July 26, 2021 the Department of Botany conducted Painting competition on the theme 'Need of Conservation of Mangroves'.
- Online awareness program conducted by collectors @college for students on 26 /7/ 2021. The class was taken by Mr Shine PH District co-ordinator, Kerala Suchitwa Mission. They also conducted a video making competition on 30/07/2021 for students, teaching staff and non-teaching staff on 'How to utilize waste materials.
- A lecture series on Human Rights was organized by the Department of English as part of International Human Rights Mr.Sukesan P S (Rtd SO, CUSAT) led the lecture series. The series had 3 sessions based on the University syllabus. The first session was an introduction to Human Rights. The second was on the role of United Nations in the establishment of Human Rights. The concluding session was on Environmental Rights and other related rights. All the students actively attended the various sessions which was followed by interactive sessions.



- Global Tiger Day, often called International Tiger Day, is an annual celebration to raise awareness for tiger conservation, held annually on 29 July. The goal of the day is to promote a global system for protecting the natural habitats of tigers and to raise public awareness and support for tiger conservation issues.
- On behalf of Independence day 15/08/2021 several programs were conducted by NCC cadets and NSS Units of SNM College Maliankara. The programs were Poster making, Drawing and speech Competition. The Independence Day message was given by our principal Dr. T H Jitha mam. All the Programs were conducted under the covid protocol.



- Department of Mathematics and Statistics conducted a webinar on the topic "Introduction to Human Rights" by Dr. Josukutty C. A, Associate Professor, Department of Political Science, University of Kerala for third year students of Mathematics, Physics and Chemistry departments on6th September 2021, Monday on Google Meet.
- As a part of OZONE DAY (16thSeptember), Department of Chemistry organized an inter departmental Poster making competition through Moodle Platform. Theme for this competition is "Keeping Us, Our Food and Vaccines Cool".



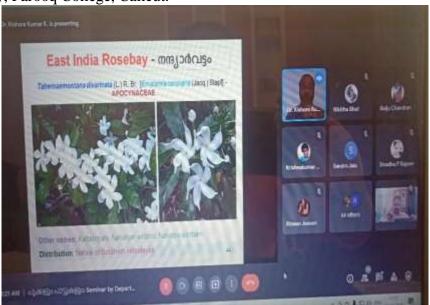
- Bhoomithrasena club and Dept. Of Zoology celebrated World Ozone Day. This year is "Montreal Protocol keeping us, our food and vaccines cool". The theme seeks to highlight the importance of the protocol in combating climate change and ensure awareness of its long-term gains. On behalf of the ozone Day 2021, a webinar was conducted on the topic Ozone –Earth's Life Line. The speaker was Dr. Manishankar Babu,, Assistant Professor Dept. of Botany, University College, Thiruvananthapuram on 16th September. He spoke about ozone depletion and the ozone hole and other negative effects and also on the consequences of ozone layer depletion, greenhouse effect global warming and climatic changes.
- Gender equality forum has organized a virtual awareness talk on the topic 'Women empowerment and law' on 29th September 2021. Advocate Bhuvanendran Nair V was the resource person. The program was conducted in the virtual platform google meet.



• As part of National anti-drug addiction day, Anti-narcotic cell conducted drawing competitions at the college level in collaboration with the Anti-Alcoholic forum on October 2nd, 2021. The theme was "Free from drug and Preserve the talents".

• The department of Botany conducted a seminar on *Flowers and Songs (Pookkalum pattukalum)* on 4th November 2021, through Google meet as part of the Kerala Piravi day commemoration. The resource person was Dr. K. Kishore Kumar, Head of the Department

of Botany, Farooq College, Calicut.



- As a part of Wildlife week celebrations, the Department of Zoology organized Photography (Theme: Birds in your backyard) and Painting contest (Theme: Wild and Water) on 7th and 8th October 2021.
- In observance of International day for the girl child, 11th October2021, the students of SNM College, presented a short video for SNM community under the leadership of the Gender Equality Forum. The theme was 'Digital generation, our generation'. The video was uploaded in the youtube channel of gender equality forum.
- As part of Women's day celebrations, Gender Equality Forum organized a Film show-'Freedom fight 'on 8th March 2022. And also organized a talk on the topic 'Gender equality today for a sustainable tomorrow' as part of Women's day celebrations on 8th March 2022. Lt. Nithin Thomas, Assistant Professor, (HOD) Bharathmatha College was the resource person.
- NSS Units conducted Wild life day on 04/10/2021, they cleaned Malippuram beach side.
 - Malayalam Department organized a three-day national webinar on October 6, 7 and 8, 2021 as part of the series of webinars conducted by Kerala Folk Lore Academy in

twenty-five colleges of Kerala for the study of local folklore. The webinar organized on the topic 'Evolution of Muziris Region and Nature' was inaugurated on 06.10.2021 by Kerala Folk Lore Academy Vice Chairman Mr. AV Ajayakumar. After the inauguration, MG University School of Letters Associate Professor Dr. Aju K. Narayanan presented a paper on 'Jewish Heritage History and Natural History'. On 07.10.2021, Kaladi Sree Shankaracharya Sanskrit University Professor Dr. Sunil P Ilayadam presented a paper on 'Kesari and Cultural Heritage'. Kunnamkulam Sri Vivekananda College Assistant Professor Dr. Adarsh C presented paper on 'Muziris Folk Lore of Contemporary'. On 08.10.2021 KCHR Research Officer Dr. Rachel. A. Varghese presented a paper on 'Methodology and Social Dimensions of Archaeology: Considerations for Urban Excavations'. The webinar helped the students to get to know their country and understand its historical significance.

• Malayalam Department distributed badges on the occasion of Kerala PiraviDay. The program was inaugurated on November 1 in the principal's room. After that, the language pledge was taken by the students of all classes. Then on 6/11/2021, a webinar was organized on the topic of 'Mother Language and Foreign Languages' the class was taken by Dr. Thomas Scaria, faculty at Pala St. Thomas College.



Value Education as part of Sree Narayana Study and Research Centre

With the aim of imparting the communal harmony among the children, a unit called Sree Narayana Study and Research Center has been functioning since 1996. A syllabus-based certificate course is also being conducted for the students. It enables students to understand the importance of secular human beings and to work with intellectual freedom. Classes based on religious harmony and values of life are beneficial to students and teachers alike.

• Sree Narayana Study and Research Centre, SNM Yoga Club and Malayalam Department jointly organized a meditation workshop for the students. This meditation workshop aimed at the mental and physical development of the students was conducted on 18th and 19th

November at the College Seminar Hall. This workshop conducted with the objectives of overcoming the mental and physical problems of students. The class was conducted by Mr. TR Sarath, teacher, Cheranallur Little Flower School, radio jockey, actor, mime artist and state level trainer of WWS, SSP etc.



- Gender Equality Forum, SNM College, Maliankara Observes UN International Day for the Elimination of Violence Against Women on 25th November 2021. To raise awareness about preventing human rights violations against women, this year's theme was 'Orange the World: End Violence against women now'. As part of this, Gender Equality Forum organizes an inter departmental collage competition. The topic was "End violence against women".
- ON 28TH and 29TH December 2021, the NCC cadets SNM College Maliankara conducted program of clean sea side. The program were called by "PUNEET SAGAR ABIYAN". The program were inaugurated by the panchayath president Smt Ramni. The program was coordinated by ANO of SNM College Maliankara Lt Akhil J.
- On 26 th of January 2022 the Republic day function was conducted by NCC cadets and NSS Unit, SNM College Maliankara. Flag hosting was done by principal Dr Jitha T H. Speech by the cadet about our Independent warriors. The program was winded up by chanting Vande Mataram.



- The department of Botany conducted a webinar on Wetlands Action for People and Nature on 5th February, 2022. The resource person was Dr. V.P. Sylas, Assistant Professor, School of Environmental Sciences, Mahatma Gandhi University, Kottayam. World Wetlands Day is celebrated each year on 2nd February to raise awareness about wetlands.
- Gender equality forum, SNM College initiated the 3 day Gender awareness program scheduled by KANAI, Women empowerment campaign under Women and Child Development Department, Government of Kerala. The program was scheduled on 2nd, 3rd and 5th of March 2022 respectively on the virtual platform google meet.



• Awareness Seminar for teaching and non-teaching faculties to curb drug abuse in college campus on 25-03-2022. The resource person was Hanish V S, Excise preventive officer, excise circle office, North Paravur. As a part of spreading awareness against the ill effects of drugs in co-ordination with state authorities and other stakeholders Narcotics Council Bureau has uploaded an e-pledge titled "Say yes to life, No to drugs" in the portal mygov.in.



Social Extension activities from NSS, NCC

• MALIPURAM BEACH CLEANING: In partnership with Kerala Forest Department, Social Forest Division Ernakulam, NSS unit SNM College cleaned Malipuram Beach by collecting the plastic wastes accumulated in the KATTADI plantation grown at Malipuram Beach. This program was inaugurated by college Principal Dr. T H Jitha. Assistant Conservator of Forest officer A Jayamadhavan, Ernakulam range officer M K Renjith, NSS Programme officers Dr. V C Resmi, Sri. K D Vipin, Deputy Rangers Srikanth, Forest officer Sreekumar took initiative on this program. Wastes segregated and disposed.



• In association with NEHRU YUVA KENDRA, RED CROSS, NSS UNIT conducted FIT INDIA FREEDOM RUN on 20th September at Moothakunnam. National volley ball player Sri. Anill B inaugurated the program by flag off. HMDP Sabha President Sri. B Rajeev, Secretary Sri. T S BijilKumar, Manager Sri. M R Bose, College Principal Dr. T H Jitha. NSS Programme officer Dr. V C Resmi, Sri. K D Vipin, , Nehru yuva Kendra volunteer Manju sudheeshkumar took initiative to the program and about 25 students

participated in this program. This programme is conducted on the bases of AAZADI KA AMRUTH MAHOLSAV.





• WASTE MANAGEMENT ASSESSMENT SURVEY: A waste management assessment survey was accomplished for North Paravur Municipal Corporation by NSS volunteers of SNM College Maliankara. That survey has been covered all houses of around 29 wards. On the first day, Saturday (6-11-2021), around one hundred and ten NSS volunteers participated. Shyamala Govindan, Chairperson of the Health Standing Committee of Paravur Municipality, inaugurated the survey proceedings. City Councilor Jahangir, Health Inspector Jinci Lazar, Junior Health Inspector Anoop Kumar AM etc. gave necessary instructions to the students for conducting the survey. The students collected information about existing waste management practices from every house in 29 wards. Around 8000 houses visited by NSS Volunteers and handed over the report to municipality.



• **KUZHUPPILLY BEACH CLEANING**: ON 28TH and 29TH December 2021, NCC cadets of SNM College Maliankara cleaned Kuzhuppilly Beach as part of "PUNEET SAGAR ABIYAN". The programm were inaugurated by the panchayath president Smt Ramni. The programm were coordinated by ANO of SNM College Maliankara Lt Akhil J. 55 cadets were participated on the program.



• NAVAKERALA PURASKARAM: In connection with NAVAKERALA PURASKARAM program NSS unit, SNM College Maliankara was invited for the inauguration of 'PLASTIC KATHIKKARUTH KATHICH ROGIKALAKARUTH' campaign of Ernakulam district. Honourable industrial Minister P Rajeev handed over the mission to NSS Program officer Dr. V C Resmi and Sri K D Vipin, NSS secretaries Shahir Mohamed T M and other volunteers. The mission was to give awareness to the people in nearby villages such as Vadakkekara, Chendamangalam, Paravoor, Eloor about the side effects of burning plastic.



- COVID VACCINATION DUTY AT CHC MOOTHAKUNNAM: In times of covid pandemic situation SNM college NSS Program officer Dr. V.C. Resmi and NSS volunteer secretary Shahir Mohamed T.M. took up the mission of vaccinating the people to prevent the covid spreading with the help of other volunteers at CHC Moothakunnam. It lasted upto an YEAR. NSS Volunteers faced many challenges such as Unavailability of Transportation, Food etc due to LOCK DOWN in Kerala. But without considering this difficult situation SNM college NSS Volunteers Worked every day from 9am to 4pm some days it extended to 7pm.NSS Volunteers also worked even on Sundays and other holidays for Data Entry works. Our NSS Volunteers worked a lot to reduce this pandemic situation without considering their health and Life.
- Our NSS Volunteers also took part in daily data entry of covid test and also connected with covid patients through phone for knowing their current situation and details.





• ROAD SAFETY AWARENESS: SNM College NSS unit No:47 conducted Road Safety awareness programme. College Principal Dr. T H Jitha inaugurated the function, Dr. U R

Krishnakumar head of commerce department Sri.Ajeesh P A self-department teacher, NSS programme officers Dr. V C Resmi and Sri. K D Vipin attended the ceremony by following the covid guidelines completely notices containing road rules were made and distributed in the supervision of NSS volunteer secretaries Shahir Mohamed T M and Lidhiya Krishna M D and volunteers made aware of many passengers and drivers who violated the law.



As part of village adoption programme, to equip and familiarize the students and faculties with the socio-economic dimensions of the rural community and to make the students more socially responsible, a number of activities were conducted in the adopted village by the students and teachers of the college during the academic year 2021-22.

Distributed of medical diagnostic kits to the ward members of the adopted ward 1 and ward 2 by the department of mathematics and statistics which was the joint initiative of the teachers and students of the aforementioned department. Each diagnostic kit includes a blood pressure monitor, a glucometer, and a digital thermometer. It was a boon to the villagers as they were badly in need of medical assistance for the diagnosis and treatment of COVID 19.



On 10/08/2021 a **webinar** on "Covidinte moonam tharangavum prathirodhavum" by Dr.Amar.S.Fettle, Nodal officer, State Covid Cell was conducted **for the members of kudumbashree units** of the adopted wards which helped to create awareness among the villagers and to avoid panic situation.

On 18/08/2021 as part of the social responsibility and welfare initiative, the staff club members of the college provided **financial aid** to 50 covid patients of adopted wards which was a timely help as the covid pandemic had left them in financial crisis.

Energy conservation club- students chapter and Department of Physics jointly organized a **webinar on the topic "KSEB Soura Project**" on 1st September 2021.Mr. Shafeek A. (Assistant Engineer, KSEBL ,Palakkad) was the keynote speaker .Main objective of this webinar is to create energy conservation awareness in the villagers . Recent trends in solar energy conservation were discussed in the webinar . In this webinar around 70 people from the adopted village has been participated.



The department of Botany planted sapling of mangroves in December with the aim of **conservation of the mangroves** which turned out to be great environmental protection initiative **at** Sathar Island, as part of the village adoption programme. A field trip was conducted on 18th December, 2021. This programme was started in 2016 and since then, every year we have been visiting this area with our students to plant new saplings of mangroves. As the survival rate of new saplings are depending upon the prevailing conditions, we used to plant it every year. Many plants have attained a height of 4 ft.

Bio-fencing with mangrove plants is practiced by Sri. Francis, who is a fisherman of this locality. He has conserved many mangrove plants and apart from that, he has implemented the biofencing with mangroves, for the first time.



The department of English provided video lessons on "English in daily life" during December for the kudumbasree members and their children as they have difficulty to learn English. The programme aimed to develop language skills among Kudumbasree members and their children

from various units of the adopted village. The programme was organised during the month of December 2021. Ten students of BAEnglish Course were selected based on their language proficiency and mobile knowledge. With the help of Technology, the students prepared video lessons on different types of nouns really helpful for them.

The department of Chemistry conducted **soap making workshop for the kudumbashree** units in January 2022. The aim was to give training on how to make Soap using Natural coconut oil, water, caustic soda, colours and fragrances. The members who participated in the programme actively participated in the process of soap making. Soap making was a successful event and soaps were useful to cleanse hands during the time of pandemic.

As part of the Village Adoption Programme 2021-22 Department of Economics initiated vegetable seed distribution on 14 February 2022 among the Kudumbasree units of Vadakkekara Panchayat. Department started its village adoption programme in the academic year 2019-2020. Three Ayalkoottams in the Panchayat were selected namely Anugraha, Aiswarya and Bhagyalakshmi, which consists of 47 houses. On 23rd December 2019 the staff and students distributed vegetable saplings to these houses. In this academic year 2021-22, the staff and students of the Department of Economics visited the Ayalkoottams to take a follow up on the vegetable cultivation of the women in the nearby houses of SNM College, Maliankara. With the guidance of teachers, students conducted a survey among the villagers. They made an enquiry about different types of farming and the methods they adopted. They also studied how far vegetable farming helped them to meet their food requirements during the covid period. They examined the current farming status of the ward I of the Vadakkekara Panchayat. As the first phase of the programme was found to be a success the Department of Economics, SNM College Maliankara in association with Krishi Bhavan in Vadakkekara Panchayat conducted a seed distribution programme to promote farming in households and to make them self sufficient.

On 02/03/2022, the commerce department conducted a seminar on "Investment awareness about post office savings' for the kudumbashree members to encourage them to make small investments for their future.

The department of Zoology **distributed N95 masks** to the members of wards 1 and 2 respectively to ensure the safety and good health of the villagers which was the need of the hour.



The department of Malayalam gave a class on "Thettillatha malayalam then malayalam" during the month of April. This class has great importance because Malayalam has attained the status of mandatory official language in Kerala. Moreover it is important to use mother tongue without mistakes.



