Youth Red Cross[SNMC) Activity Report (2021-2022)

The Youth Red Cross of SNM College Maliankara has organized various programmes in the academic year 2021-2022. A brief description is given below

1. BOOK REVIEW VLOG COMPETITION AND A DAY IN MY LIFE COMPETITION

These competitions were conducted by the Red Cross Society in order to keep the students active and more productive during the Covid lockdown period. Resilience is the ability to bounce back. It is adapting to hardships and setbacks in life. The book review vlog competition was conducted on June 8th, 2021.

2. Disaster Management awareness

The Red Cross society gave different awareness videos among students and teachers regarding disaster management.

3. Lockdown Competition- Fusion music and Fusion Dance

Red Cross Society organised various Lockdown competitions in June, 2021. We are the Red Cross Volunteers of SNM College, Maliankara taking initiative to organize various competitions like Fusion music and Fusion Dance competitions and a LIVE programme called Guess the Music competition to make each one of you more engaged, creative and artistic during this Covid-19 lockdown period. Just because we are all currently under lockdown during this pandemic doesn't mean that we all have to stop engaging ourselves in creative activities. During this period, be more productive and resilient to any situation.

4. Lockdown competition- Guess the Movie

The Red Cross society and the Department of Economics organised a LIVE programme called GUESS THE MOVIE on June 19th, 2021. The competitions were conducted through Google meet. The programme was anchored and monitored by Ms. Saipriya Sudarsan, Red Cross Co- ordinator, Assistant Professor, Department of Economics, SNM College, Maliankara.

Covid-19 brings lots of stress, depression and anxiety among all. The programme is intended to give the message of Resilience during Covid-19 among students and teachers. Before beginning the programme we give few points to all the participants and viewers that how to develop resilience. Through this programme we aim to inculcate more creativeness and mindfulness among students and teachers.

Out of 104 registered participants, around 75 students and 3 teachers actively participated in the LIVE competition- Guess The Movie.

5. Guess the AD LIVE Weekend Lockdown competition

Red Cross Society organised various Lockdown competitions in June, 2021. We are the Red Cross Volunteers of SNM College, Maliankara took initiative to organize a LIVE programme called Guess the AD LIVE competition to make each one of you more engaged, creative and artistic during this Covid-19 lockdown period. Just because we are all currently under lockdown during this pandemic doesn't mean that we all have to stop engaging ourselves in creative activities. During this period, be more productive and resilient to any situation. The Coordinator Ms. Saipriya Sudarsan interacted with the winners and other students. All the viewers and participants get to know each other and they are able to know how productively each one is spending their Covid lockdown period.

Guess the AD Live competition winners

Around 45 students and 3 teachers actively participated in the LIVE competition- Guess The Ad.

6. The Funny Question- LIVE competition

The programme 'The Funny Question' was organized by the Red Cross Society and the Department of Economics on July 10th, 2021. All the 13 participants actively participated in the programme. The programme was conducted by Ms. Saipriya Sudarsan, Red Cross Coordinator and monitored by the Red Cross volunteers.

The weekend lockdown competitions are conducted in order to interact freely and to know each other. The students and teachers are able to know how productively each one is going through their lockdown during the Covid pandemic situation.

Resilience is the ability to 'bounce back'. It is adapting to hardships and setbacks in life. Third prize: Anagha A S- I BSc Botany & Anjali III B.com Tax Regular.

7. The Public Speaking

The weekend lockdown competitions are conducted by the Red Cross Society and the department of Economics in order to interact freely and to get to know each other during the Covid-19 period. The programme was organised and anchored by Ms. Saipriya Sudarsan, Red Cross Co-ordinator and the volunteers of SNMC Red Cross. The students and teachers are able to know how productively each one is going through their lockdown during the Covid pandemic situation.

Resilience is the ability to 'bounce back'. It is adapting to hardships and setbacks in life. Winner: Megha K U- III B.com Taxation (Regular)

8. Guess the LOGO-LIVE Competition Covid-19 lockdown weekend competition.

Resilience is the ability to 'bounce back'. It is adapting to hardships and setbacks in life.

9. Singing Contest

The programme was organised by the Red Cross Society and the Department of Economics. There were 12 registered participants in this competition. The programme was conducted by Ms. Saipriya Sudarsan, Red Cross Teacher Coordinator and Ameen and Abhirami the student coordinators of Red Cross, SNMC.

Covid-19 lockdown weekend competition.

Resilience is the ability to 'bounce back'. It is adapting to hardships and setbacks in life.

10. Azaadi Ka Amrit Mahotsav- Fit India Freedom Run

The Red Cross society and NSS conducted a group running event form Moothakunnam temple to Labour junction on behalf of Nehru Yuva Kendra and Red Cross Society Paravur region. The event was flagged off by Sri. Anil B, National Volleyball Player. Around 25 volunteers participated in this event. The pevent was conducted on September 20th, 2021.

11. Doctors Day

Red Cross society organised the Doctor's Day on July 7th, 2021. The programmes were Digital popster competition, slogan writing and drawing competition.

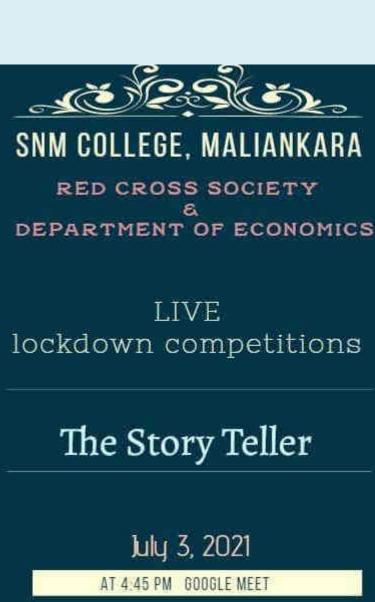
12. Resilient Rhythms

Red Cross organized Interdepartmental competition in association with NSS, NCC and College Union on December 2 & 3, 2021.





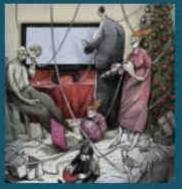






For more details contact: Red Cross Co-ordinator Saipriya Sudarsan 8136969711



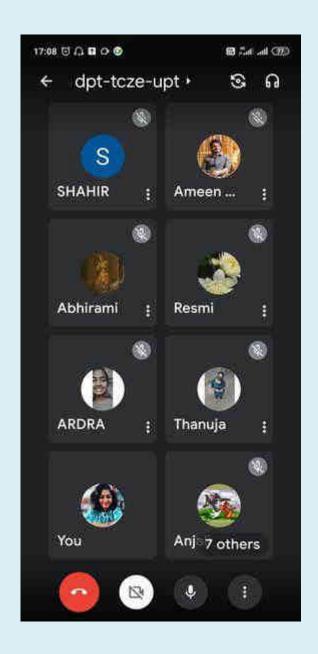


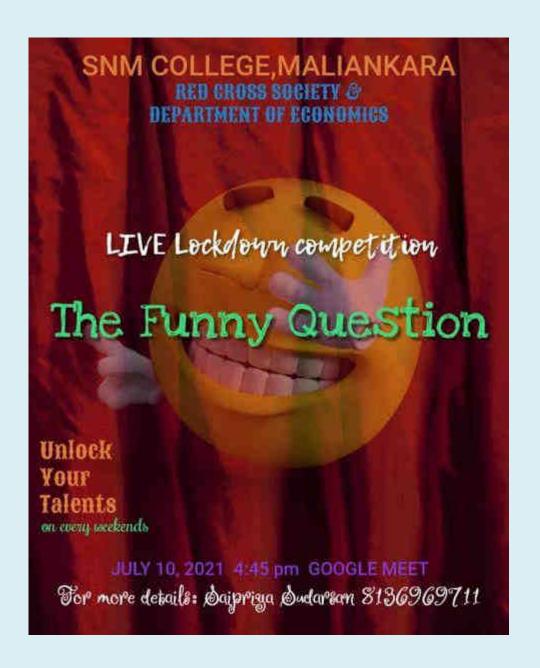


























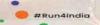
FIT INDIA Freedom Run 2.0

Congratulations

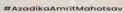
RED CROSS SOCIETY & NSS, SNM COLLEGE MALIANKARA

FOR SUCCESSFULLY ORGANIZING THE FIT INDIA FREEDOM RUN 2.0

13th Aug - 2nd Oct 2021



https://fitindia.gov.in

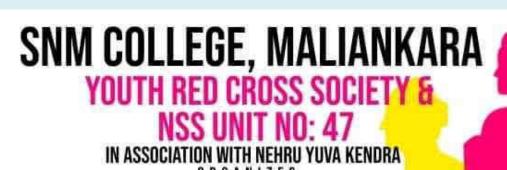














STARTING POINT: MOOTHAKUNNAM

DATE: SEPTEMBER 20,2021

TIME: 9:30 AM

For more information call Saipriya Sudarsan 8136969711/ Resmi V C 9446742127 FLAG OFF BY: SRI. B ANIL.

PRESIDENT: SRI. B RAJEEV SECRETARY: SRI. T S BIJILKUMAR MANAGER: SRI. M R BOSE PRINCIPAL: DR. T H JITHA



SEPTEMBER 20, 2021

PROGRAMME CHART

Welcome : Dr. T H Jitha, (Principal SNMC)

Presidential address: Sri B. Rajeev, (President, HMDP Sabha)

Message : Sri. Bijoy K. V (District Working Chairman, YRC)

Keynote address : Sri. T S Bijilkumar (Secretary, HMDP Sabha)

Felicitation : Sri. M R Bose (Manager, SNMC)

Felicitation : Manju Sudhishkumar (Nehru Yuva Kendra

Volunteer)

Flag off : Sri. Anil B (National Volleyball Player)

Vote of Thanks : Smt. Saipriya Sudarsan (Red Cross Coordinator)

& Dr. Resmi V C (NSS Coordinator)









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മൂത്തകുന്നത്ത് കൂട്ടയോട്ടം



 മൂത്തകുന്നത്ത് നടന്ന ഫിറ്റ് ഇന്ത്യ ഫ്രീഡം റൺ കുട്ടയോട്ടം ദേശീയ വോളി താരം ബി. അനിൽ ഫ്ലാഗ് ഓഫ് ചെയ്യുന്നു

പറവൂർ ► മാല്യങ്കര എസ്. എൻ.എം. കോളേജിലെ റെ ഡ്ക്രോസും എൻ.എസ്.എസും നെഹ്റു യുവകേന്ദ്രയും ചേർ ന്ന് മൂത്തകുന്നത്ത് ഫിറ്റ് ഇന്ത്യ ഫ്രിഡം റൺ 2.0 കൂട്ടയോട്ടം സം ഘടിപ്പിച്ചു. ആസാദി കാ അമൃത് മഹോത്സവ് എന്ന പരിപാടിയുടെ ഭാഗമായാണ് ഇതു സംഘ ടിപ്പിച്ചത്. ദേശീയ വോളി താരം ബി. അനിൽ ഫ്ലാഗ് ഓഫ് ചെയ്തു. എച്ച്.എം.ഡി.പി. സഭാ പ്രസിഡ ൻറ് ബി. രാജീവ് അധ്യക്ഷത വഹി ച്ചു. സെക്രട്ടറി ടി.എസ്. ബിജിൽ കുമാർ മുഖ്യ പ്രഭാഷണം നടത്തി. റെഡ്ക്രോസ് വർക്കിങ് ചെയർ മാൻ കെ.വി. ബിജോയ് സന്ദേശം നൽകി. കോളേജ് പ്രിൻസിപ്പൽ ഡോ. ടി.എച്ച്. ജിത, കോളേജ് മാനേജർ എം.ആർ. ബോസ്, സാ യിപ്രിയ സുദർശൻ, വി.സി. രശ്മി, കെ.ഡി. വിപിൻ, മഞ്ജു എന്നിവർ സംസാരിച്ചു. 25-ഓളം വിദ്യാർ ഥികഠം പങ്കെടുത്ത പരിപാടി മൂ ത്തകുന്നം കവല മുതൽ ലേബർ കവല വഴി തിരിച്ച് മൂത്തകുന്നം വരെയാണ് സംഘടിപ്പിച്ചത്.

ഓൺലൈനിലു ഹാർഡർ ചെയ

കവിത നിധി ലിമിറ്റഡ്

മജി : ഓഫീസ്, 5/822 G മുൻസിപ്പൽ ജംഗ്ഷൻ, എൻ. പറവൂർ, പിൻ-683513 ബ്രാഞ്ചുകൾ : ചെറായി, നായമമ്പലം, വളപ്പ്